

Men's Constable Handicap All-Time List - 6.37 miles
(Men and Women In Combined Race after 2011)

GEORGE	BAKER	32.42	1986	GST
STUART	SPOONER	33.54	1987	
SHAUN	PICKERING	34.22	2003	
PHIL	TAYLOR	35.20	2007	
JOHN	JACKSON	35.26	1988	
EDDIE	KNAPP	35.45	1986	
DARREN	WILLIAMS	36.04	2003	
JOHN	POTTER	36.12	1987	
KEN	GILSON	36.22	1993	
OWEN	FLAGE	36.23	1991	
STEVE	ARNOLD	36.26	1989	
SCOTT	HARGREAVES	36.31	2018	
STEVE	COOK	36.36	1994	
DARREN	JEMISON	36.40	1994	
GRAHAM	HARDY	36.54	1988	
DARREN	SHARPE	37.10	2007	
MELVIN	BLACKFORD	37.14	1985	
STEVEN	O'NEILL	37.16	1998	
DARREN	SHARPE	37.17	2006	GST
PETER	GULC	37.18	2011	
NICK	HELLEWELL	37.30	2012	
IAN	BURDEKIN	37.40	1987	
ADAM	FOZZARD	37.40	2001	
IAN	WALKER	37.43	1987	
PETE	WILLIAMS	37.43	1993	
ROBERT	PRATT	37.48	1994	
PETER	GARLAND	37.50	1989	
JOHN	NORTON	37.52	1984	
GEOFF	DOWSON	38.05	1996	
GEOFF	WILSON	38.05	1989	
BRUCE	ALLISON	38.11	1988	
PHILLIP	DEWBERRY	38.28	1996	GST
DENNIS	O'NEILL	38.30	1989	
CHRIS	HELPS	38.32	2005	
KEVIN	LEWIS	38.54	1997	
BRAM	HOOPER	39.04	1985	
JOHN	CRAMP	39.06	1991	
JOSH	TAYLOR	39.23	2018	
TONY	PHILLIPS	39.29	1991	
MARC	CORNER	39.33	2011	
PAUL	EDMUNDSON	39.42	1985	
CHRIS	TAYLOR	39.43	1989	
ANDY	POTTER	39.45	1985	
SYD	WARLEY	39.45	1991	
JOHN	BOBCZUK	39.54	1997	GST
STUART	ATKINSON (a)	40.00	1994	
JOHN	NOLAN	40.00	1989	
BOB	EYRE	40.06	1985	
COLIN	PARCELL	40.20	1985	
DAVE	ROBINS	40.26	1989	
NICK	JOHNSON	40.35	1991	
GRAHAM	HAWKINS	40.54	1986	
STEWART	EMMS	40.58	1985	
DOUG	BATTY	41.02	2002	
JAMES	PICKERING	41.03	2003	
SIMON	ELLERKER	41.04	2016	

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DAVID	FOSTER	41.15	1988
KEVIN	RAFFERTY	41.17	1992
EMMA	BROWN	41.42	2013
NICK	JORDAN	41.46	2014
RODDY	RHODES	41.47	1987
BARRY	CLIFTON	41.48	1989
ANDY	GODFREY	41.57	1989
TREVOR	SHEARD	41.59	1986
RAY	ROBINSON	42.01	1993
TONY	SMITH	42.01	2013
JOHN	WOODVINE	42.03	1993
LEWIS	DALE	42.07	2017
ROY	MILLINGTON	42.12	1987
COLIN	HOLLINGSWORTH	42.14	1984
MATT	PILLING	42.28	2016
RAY	NICHOLSON	42.30	1984
BOB	PALMER	42.34	1984
DEREK	WALKER	42.38	1984
BARRY	SCOTT	42.55	1984
ANTHONY	MILNER	43.00	1984
KEVIN	RICHARDSON	43.04	2000
GEOFF	SIMPSON	43.09	1986
STEVE	BUCKLEY	43.15	1986
ANDY	BAKER	43.18	2014
MARTIN	SMITH	43.18	2010
DAVE	ROLLINSON	43.28	1989
TOM	McDONALD	43.43	2007
DENNIS	BRIGGS	44.02	1986
ALAN	WHITEHEAD	44.03	2000
MARTIN	THOMPSON	44.04	1984
RICHARD	BLAKE	44.05	1986
HARRY	CARE	44.05	1985
MARTIN	ALLANSON	44.10	2000
BILL	GRAVES	44.11	1985
PETER	BROWN	44.14	1986
JOHN	MACK	44.14	1989
MELVYN	PARES	44.21	1985
RICHARD	McKENZIE	44.22	1991
MARTIN	BOOTH	44.28	2015
DAVE	FUSSEY	44.29	1984
STEPHEN	GIBB	44.30	1985
TONY	BICKENSON	44.32	1984
MARK	WOODLEY	44.38	2014
IAN	KING	44.52	1985
JAMES	RILEY	44.59	2013
GERRY	PILLING	45.13	1986
IAN	JOHNSON	45.16	1984
CATHY	WOOD	45.17	2013
PAUL	PATRICA	45.24	1986
MIKE	CONSTABLE	45.26	1985
SEON	MARTIN	45.30	1997
TOM	WOODHOUSE	45.40	2018
KEN	KNIGHT	45.45	1987
JANET	POTTER	46.19	2013
GARRY	HOLDSWORTH	47.12	1986
KARON	COLLEY	47.30	2011

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DAVE	MORRIS	47.38	1985	
BOB	SMITH	47.56	1984	
GRAHAM	WATSON	48.00	1991	
GEORGE	WRIGHT	48.00	1991	
MARTIN	DAVIS	48.03	2001	
SARAH	WOOD	48.12	2015	
DAVE	WHITTARD	48.16	1985	
SIMON	PORTER	48.24	2016	
ANGELIKA	CORNER	48.30	2011	
ANTHONY	WESTON	48.41	1987	
ANTHONY	HUGHES	48.48	2016	
ALAN	COULSON	48.59	1984	
LEIGH	FULTON	48.59	1998	
EMMA	ARTLEY	49.10	2015	
JUDY	ALLISON	49.48	2011	
DIANE	PALMER	50.07	2017	
ALLAN	CLAYTON	50.18	2016	
MOLLIE	HOLEHOUSE	50.24	2017	
EMILY	CARVER	50.25	2016	
DAVE	ROTHWELL	50.34	1984	
MARTIN	McPHEAT	50.49	2018	
TIM	PULESTON	51.00	2016	
KELLY	PALMER	51.04	2018	
KERRY	WHITEHEAD	51.08	2013	
DAVE	WRIGHT	51.08	1984	
JUSTINE	SUTCLIFFE	51.20	2016	
MIRIAM	IRELAND	51.34	2018	
DAVE	SUTCLIFFE	51.35	1988	
SARAH	HARDCASTLE	51.38	2013	
VERONA	PETTY	51.43	2013	
BEN	SMITH	51.51	2018	
PETER	ROYAL	52.04	2014	
JASON	POINTEZ	52.24	2016	
DOMINIQUE	WEBSTER	52.28	2017	
MICHELLE	ROLLINSON	53.12	2013	
ANDREA	PARKER	53.29	2013	
STUART	GENT	53.52	2018	
CHRIS	JOHNSON	53.59	2013	
STUART	ATKINSON (b)	54.04	2015	
MARK	LOFT	54.12	2017	
TRACY	DONALDSON	54.17	2013	
ZENA	BOREMAN	54.21	2011	
DAVID	PLAYFORTH	54.42	2009	
APRIL-MARIE	EXLEY	54.43	2017	
HEIDI	BAKER	54.57	2017	
BECKY	GILBANK	55.55	2017	
ZOE	ELLIS	57.15	2018	
VICKIE	ELLERKER	57.35	2015	
ELLIS	HODGES	57.53	2018	
STUART	BOWES	58.24	2018	
MEGAN	SAYWELL	59.11	2011	
LISA	ATKIN	59.16	2013	
NIGEL	KITCHING	59.44	2017	GST
LYNDA	GENT	61.48	2018	
PAULINE	SMITH	62.51	2014	
SHARON	BOWES	63.24	2018	

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AMANDA	TINDALL	63.56	2014
SANDRA	ORLANDO	66.25	2017
SAM	ADAMS	69.22	2018
ROBERT	CALTHORPE	69.24	2018
CAROLINE	STRATHEARN	73.50	2016
ANTONIO	VICENTE	75.04	2014
TINA	CALTHORPE	78.36	2017