

## Club Results 2016

### Sewerby Parkrun 5K - 1st January

(Alternative course Starting and Finishing near Hook & Parrot Pub, Bridlington)

1	Phill Taylor	00:17:57
2	Nick Jordan	00:18:46
3	Simon Ellerker	00:19:41
4	Josh Taylor	00:20:10
5	Mark Woodley	00:20:24
11	Jason Pointez	00:24:07
13	Kevin Sissons	00:24:46
14	Pete Royal	00:24:59
21	Dominique Webster	00:28:12
22	Bob Eyre	00:28:12
33	Lyn Gent	00:29:48
36	Heidi Baker	00:30:40
38	Tina Calthorpe	00:33:15
39	Robert Calthorpe	00:33:17
41	David Duffill	00:33:57
42	Debbie Duffill	00:34:29
43	Linda Hall	00:34:30

### Humber Bridge Parkrun 5K - 1st January

150	Ashley Porter (J)	00:28:09
151	Kirsten Porter (J)	00:28:10 PB
194	Amanda Tindall	00:31:30 PB
195	Simon Porter	00:31:31

### Peter Pan Parkrun 5K - 1st January

13	Ashley Porter (J)	00:19:56 PB
40	Simon Porter	00:22:15
191	Amanda Tindall	00:34:56
192	Kirsten Porter (J)	00:34:58

### Hardmoors 15, Whitby - 1st January

35	Pearl Bayford	02:33:40 2nd FV50
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### Sewerby Parkrun 5K - 2nd January

6	Scott Hargreaves	00:19:26
8	Lewis Dale (J)	00:19:36
9	Nick Jordan	00:19:39
16	Mark Woodley	00:21:20
22	Duncan Smart	00:21:56
25	Matt Pilling	00:22:16
33	Emily Carver (J)	00:23:07
39	James Riley	00:23:51
41	Janet Potter	00:24:03
45	Zoe Ruston	00:24:19
48	Allan Clayton	00:24:44
51	Kevin Sissons	00:25:30
54	Jason Pointez	00:25:37
55	Cameron Sissons (J)	00:25:38
65	Pete Royal	00:26:31
66	Bob Eyre	00:26:33
75	Dominique Webster	00:27:31
84	Mandy Holah	00:29:19
85	Rose Shipley	00:29:27
103	Lynda Gent	00:31:26
120	Tina Calthorpe	00:34:50
121	Robert Calthorpe	00:34:53
122	Debbie Duffill	00:35:12
123	Linda Hall	00:35:25
124	David Duffill	00:35:54

Club Results 2016

**Nostell Priory Parkrun 5K - 2nd January**

9 Ashley Porter (J)	00:20:44
29 Simon Porter	00:23:37
71 Kirsten Porter (J)	00:27:50
119 Amanda Tindall	00:32:40

**Hull Parkrun 5K - 2nd January**

140 Harvey Roberts (J)	00:26:57
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**Huddersfield Parkrun 5K - 2nd January**

170 Patricia Bielby	00:24:45
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**Sewerby Parkrun 5K - 9th January**

6 Lewis Dale (J)	00:19:06
8 Nick Jordan	00:19:19
9 Simon Ellerker	00:20:18
11 Mark Woodley	00:20:37
12 Josh Taylor	00:20:54
15 Matt Pilling	00:21:10
16 Duncan Smart	00:21:22
26 Harvey Roberts (J)	00:22:55 PB
27 Ashley Porter (J)	00:22:56
29 Janet Potter	00:23:11
31 Anthony Hughes	00:23:51
32 Simon Porter	00:24:11
33 Andy Baker	00:24:23
37 Cameron Sissons (J)	00:25:19
41 Peter Royal	00:25:32
42 Kevin Sissons	00:25:54
44 Sharon Kitchen	00:25:56
60 Kirsten Porter (J)	00:27:52
61 Dominique Webster	00:27:57
87 Lynda Gent	00:31:29
88 Heidi Baker	00:31:30
102 Catherine Thornton	00:34:32
104 Linda Hall	00:34:45
106 Tina Calthorpe	00:34:51
107 David Duffill	00:35:08
127 Robert Calthorpe	00:50:39 Tail Runner

**Sherwood Pines Parkrun 5K - 9th January**

21 Zoe Ruston	00:23:51
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**Huddersfield Parkrun 5K - 9th January**

179 Patricia Bielby	00:24:18
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**EYXC Sledmere - 10th January**

1 Phill Taylor	00:43:02
12 Scott Hargreaves	00:46:50
30 John Nolan	00:52:08
40 Mark Woodley	00:54:00
42 Matt Pilling	00:54:29
46 Chris Yeomans	00:55:07 2nd M65
9 Sarah Wood	00:55:42
10 Emma Brown	00:55:52 3rd L40
14 Emma Artley	00:58:06 2nd L35
73 Kevin Lewis	01:00:03
74 Josh Taylor	01:00:09
15 Janet Potter	01:00:40 1st L55
82 Simon Porter	01:00:48

## Club Results 2016

83 Allan Clayton	01:01:00
92 Bob Eyre	01:02:33 1st M70
102 Stuart Atkinson	01:05:00
111 Mark Loft	01:08:20
25 Dominique Webster	01:10:17
114 David Foster	01:17:25
39 Amanda Tindall	01:28:28

Men = 5th Team (6th Overall)

Women = 4th Team (3rd Overall)

Does not take into account Points ruling, which is applicable for this season only.

### **Humberside XC Champs, Scunthorpe - 10th January**

U15W - 4.5K

2 Emily Carver	00:19:18
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### **Sewerby Parkrun 5K - 16th January**

4 Scott Hargreaves	00:19:42
6 Nick Jordan	00:20:09
11 Mark Woodley	00:21:08
12 Lewis Dale (J)	00:21:21
13 Josh Taylor	00:21:39
14 Duncan Smart	00:21:42
16 Ashley Porter (J)	00:22:22
26 Simon Porter	00:22:56
30 Andy Baker	00:24:00
32 Allan Clayton	00:24:39
34 Cameron Sissons (J)	00:24:56
35 Harvey Roberts (J)	00:24:57
37 Zoe Ruston	00:25:04
43 Kevin Sissons	00:26:04
47 Sharon Kitchen	00:26:19
49 Pete Royal	00:26:27
51 Simon Knowles	00:26:52
87 Booey Brown	00:30:10
92 Anthony Hughes	00:30:27
95 Rose Shipley	00:31:11
113 Robert Calthorpe	00:35:15
115 David Duffill	00:35:35
116 Tina Calthorpe	00:35:51
117 Catherine Thornton	00:35:59
119 Lynda Gent	00:36:14
120 Amanda Tindall	00:36:15
121 Kirsten Porter (J)	00:36:15
122 Dominique Webster	00:36:17
136 Linda Hall	00:41:56
137 Debbie Duffill	00:41:56

### **Brass Monkey Half Marathon, York - 17th January**

	<b>Gun Time</b>	<b>Chip Time</b>
11 Phill Taylor	01:11:51	01:11:50
335 Sarah Wood	01:33:26	01:33:06
457 Josh Taylor	01:37:11	01:36:51

### **Sewerby Parkrun 5K - 23rd January**

4 Scott Hargreaves	00:18:40 PB
6 Lewis Dale (J)	00:19:13
9 Josh Taylor	00:20:45
10 Duncan Smart	00:21:05
12 Ashley Porter (J)	00:21:14

## Club Results 2016

17 Emily Carver (J)	00:21:44
25 Harvey Roberts (J)	00:22:17 PB
28 Cameron Sissons (J)	00:22:54
29 Simon Porter	00:22:56
30 Janet Potter	00:23:00
31 Zoe Ruston	00:23:17 PB
40 Jason Pointez	00:24:27
50 Sharon Kitchen	00:25:25
51 Anthony Hughes	00:25:25
52 Kevin Sissons	00:25:31
65 Kirsten Porter (J)	00:26:52
67 Dominique Webster	00:27:22
109 Robert Calthorpe	00:32:57 PB
111 David Duffill	00:33:08
118 Catherine Thornton	00:33:30
120 Tina Calthorpe	00:33:45
123 Martin Smith	00:34:06
124 Debbie Duffill	00:34:09
128 Linda Hall	00:34:42

### Huddersfield Parkrun 5K - 23rd January

162 Patricia Bielby	00:23:46
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### Ferriby 10 Mile - 24th January

	Chip Time	Gun Time
233 Simon Porter	01:16:05	01:16:11
241 Becky Clifton	01:16:44	01:16:56
338 Bob Eyre	01:21:22	01:21:28
340 Anthony Hughes	01:20:27	01:21:35
454 Dominique Webster	01:27:01	01:27:11
668 Amanda Tindall	01:51:52	01:52:28
669 Lynda Gent	01:51:53	01:52:28

### Sewerby Parkrun 5K - 30th January

3 Scott Hargreaves	00:18:38 PB
5 Nick Jordan	00:18:49
10 Duncan Smart	00:20:50 PB=
12 Josh Taylor	00:21:16
14 Tom King (J)	00:21:22
16 Harvey Roberts (J)	00:21:39 PB
20 Zoe Ruston	00:23:10 PB
22 Tony Hughes	00:23:31
25 Allan Clayton	00:23:48
26 Lewis Dale (J)	00:23:49
39 Simon Knowles	00:25:34
42 Kirsten Porter (J)	00:26:03
43 Simon Porter	00:26:04
45 Rose Shipley	00:26:29
46 Pete Royal	00:26:33
48 Ashley Porter (J)	00:26:45
57 Booe Brown	00:27:48
62 Colin Parcell	00:28:23
78 Dave Foster	00:29:56
82 Lynda Gent	00:30:13
94 Catherine Thornton	00:31:55
99 David Duffill	00:32:51
100 Kevin Sissons	00:32:54
103 Debbie Duffill	00:33:17
106 Linda Hall	00:34:06
108 Tina Calthorpe	00:34:18
121 Robert Calthorpe	00:44:53 Tail Runner

Club Results 2016

**Huddersfield Parkrun 5K - 30th January**

178 Patricia Bielby 00:25:25

**No EGO Challenge - Dalby Head Torch 5 Mile - 30th January**

13 John Nolan 00:39:47  
44 Jim Riley 00:45:24  
98 Charlie Kilburn 00:50:14  
128 Dominique Webster 00:51:51  
135 Bob Eyre 00:52:17  
248 Wendy Foster 00:59:21  
407 Sheila Preston 01:10:18  
409 Cate Palmer 01:10:18

**Meltham 10K - 31st January**

	<b>Chip Time</b>	<b>Gun Time</b>
134 Patricia Bielby	00:52:24	00:52:29

**Sewerby Parkrun 5K - 6th February**

4 Nick Jordan 00:19:09  
5 Mark Woodley 00:20:31  
6 Duncan Smart 00:20:45 PB  
12 Tom King (J) 00:21:46  
19 Sarah Wood 00:22:08  
20 Josh Taylor 00:22:08  
26 Cameron Sissons (J) 00:23:10  
28 Janet Potter 00:23:28  
31 Zoe Ruston 00:23:56  
34 Bob Eyre 00:24:42  
42 Tony Hughes 00:25:38  
47 Kevin Sissons 00:26:16  
56 Dominique Webster 00:27:18  
64 Dave Foster 00:28:56  
69 Booeey Brown 00:29:10  
90 Catherine Thornton 00:32:34  
93 Tina Calthorpe 00:33:35  
95 David Duffill 00:34:41  
96 Debbie Duffill 00:34:47  
99 Linda Hall 00:35:24  
110 Robert Calthorpe 00:40:20  
112 Jason Pointez 00:40:37 Tail Runner

**Huddersfield Parkrun 5K - 6th February**

131 Patricia Bielby 00:23:45

**Humberside Schools XC Championship, Beverley - 6th February**

**Not seen any results yet**

2 Lewis Dale  
7 Ashley Porter

5 Emily Carver

**EYXC Welton - 7th February**

3 Phill Taylor 00:35:49  
6 Scott Hargreaves 00:36:33  
29 John Nolan 00:40:12  
35 Tony Smith 00:41:03 1st M50  
5 Emma Brown 00:42:47 2nd L40  
42 Mark Woodley 00:42:48  
15 Emma Artley 00:46:20 3rd L35  
72 Kevin Lewis 00:48:36

## Club Results 2016

76 Josh Taylor	00:49:10
<b>20</b> Sarah Wood	00:49:26
78 Allan Clayton	00:49:27
<b>27</b> Janet Potter	00:53:07 1st L55
<b>45</b> Wendy Foster	01:04:11

### Sewerby Parkrun 5K - 13th February

5 Lewis Dale (J)	00:19:03
9 Mark Woodley	00:20:11
11 Duncan Smart	00:20:51
13 Josh Taylor	00:21:20
14 Emily Carver (J)	00:21:22 PB 2nd Lady
24 Harvey Roberts	00:22:35
25 Ashley Porter (J)	00:22:39
30 Cameron Sissons	00:24:01
31 Zoe Ruston	00:24:01
33 Bob Eyre	00:24:55
34 Allan Clayton	00:24:55
45 Simon Knowles	00:25:44
46 Anthony Hughes	00:25:45
48 Dominique Webster	00:25:50
76 Kirsten Porter (J)	00:28:36
82 Booe Brown	00:29:09
120 Tina Calthorpe	00:34:07
121 Amanda Tindall	00:34:34
125 Kevin Sissons	00:35:13
126 David Duffill	00:35:17
127 Linda Hall	00:35:25
147 Robert Calthorpe	00:39:30

### Huddersfield Parkrun 5K - 13th February

160 Patricia Bielby	00:24:21
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### BRR Anniversary 3 Mile - 14th February

#### Men

1 Scott Hargreaves	00:18:03
2 Mark Woodley	00:19:04
3 John Nolan	00:19:17
4 Duncan Smart	00:19:49 1st V40
5 Josh Taylor	00:20:22
6 Matt Pilling	00:20:48
7 Tony Hughes	00:21:09
8 Andy Baker	00:21:32
9 Simon Porter	00:21:58
10 Allan Clayton	00:22:31 1st V60
11 Kevin Lewis	00:23:39
12 Bob Eyre	00:24:29 1st V70
13 Chris Phelps (Gst)	00:24:45
14 Pete Royal	00:26:04
15 Dave Foster	00:27:34 1st V50
16 Justin Choat (Gst)	00:31:13
17 Rob Calthorpe	00:32:56

#### Women

1 Sarah Wood	00:21:02
2 Zoe Ruston	00:22:12
3 Emma Artley	00:22:17
4 Rose Shipley	00:25:47
5 Dominique Webster	00:26:02 1st LV40
6 Catherine Thornton	00:30:31
7 Emma Choat (Gst)	00:31:13
8 Linda Hall	00:32:28 1st LV70

Club Results 2016

9 Debbie Duffill	00:32:28 1st LV50
10 Tina Calthorpe	00:32:55 1st LV60

**BRR Anniversary 3 miles**

	Actual Time	Target Time	Pts
<b>Men</b>			
1 Tony Hughes	00:21:09	00:23:57	50
2 Allan Clayton	00:22:31	00:23:28	49
3 Mark Woodley	00:19:04	00:19:48	48
4 Josh Taylor	00:20:22	00:20:43	47
5 Scott Hargreaves	00:18:03	00:18:14	46
6 Duncan Smart	00:19:49	00:19:59	45
7 Rob Calthorpe	00:32:56	00:32:56	44
8 Matt Pilling	00:20:48	00:20:41	43
9 Andy Baker	00:21:32	00:21:16	42
10 Simon Porter	00:21:58	00:21:39	41
11 John Nolan	00:19:17	00:18:47	40
12 Pete Royal	00:26:04	00:25:07	39
13 Bob Eyre	00:24:29	00:23:19	38
14 Kevin Lewis	00:23:39	00:21:17	37
15 Dave Foster	00:27:34	00:24:33	36
<b>Women</b>			
1 Rose Shipley	00:25:47	00:27:51	50
2 Linda Hall	00:32:28	00:33:31	49
3 Catherine Thornton	00:30:31	00:31:20	48
4 Zoe Ruston	00:22:12	00:22:45	47
5 Debbie Duffill	00:32:28	00:32:40	46
6 Emma Artley	00:22:17	00:22:12	45
7 Tina Calthorpe	00:32:55	00:32:36	44
8 Sarah Wood	00:21:02	00:20:26	43
9 Dominique Webster	00:26:02	00:24:57	42

**Handicaps points awarded on basis of percentage +/- Actual Time to Target Time**

**BRR Winter League Points Table**

Men	Constable	Xmas	Anniv 3	Total
1 Mark Woodley	49	48	48	145
2 Andy Baker	50	50	42	142
3 Scott Hargreaves	47	47	46	140
4 Pete Royal	44	43	39	126
5 David Foster	48	35	36	119
6 Kevin Lewis	40	41	37	118
7= Mark Loft	46	44		90
7= Duncan Smart		45	45	90
9 Josh Taylor		40	47	87
10 John Nolan	45		40	85
11= Bob Eyre	42		38	80
11= Simon Porter		39	41	80
13 Stuart Atkinson	43	36		79
14 Simon Ellerker	39	38		77
15 Tony Hughes			50	50
16= Nick Jordan		49		49
16= Allan Clayton			49	49
18 Shannon Bakes		47		47
19 Robert Calthorpe			44	44
20 Matt Pilling			43	43
21 Phill Taylor		42		42
22 Martin Booth	41			41
23 Ashley Porter		37		37
24 David Duffill		34		34
<b>Women</b>				
1 Sarah Wood	48	48	43	139

Club Results 2016

2 Emma Artley	49	41	45	135
3 Linda Hall		49	49	98
4 Debbie Duffill		50	46	96
5 Janet Potter	50	43		93
6 Zoe Ruston		45	47	92
7 Tina Calthorpe		47	44	91
8 Dominique Webster	47		42	89
9 Heidi Baker	45	42		87
10 Rose Shipley			50	50
11 Catherine Thornton			48	48
12 Lynda Gent		46		46
13 Vickie Ellerker	46			46
14 Andrea Parker		44		44

**Hardmoors Saltburn Trail Half Marathon - 14th February**

53 Karyn Hoggard 02:40:49 3rd LV40

**Sewerby Parkrun 5K - 20th February**

4 Lewis Dale (J)	00:18:34 PB
5 Scott Hargreaves	00:18:39
9 Nick Jordan	00:19:42
12 Mark Woodley	00:20:13
15 Duncan Smart	00:21:06
23 Josh Taylor	00:21:43
25 Ashley Porter (J)	00:21:46
26 Emily Carver (J)	00:21:48 1st Lady
35 Andy Baker	00:23:02
37 Simon Porter	00:23:10
42 Zoe Ruston	00:23:30
56 Jason Pointez	00:25:24
63 Simon Knowles	00:25:54
64 Anthony Hughes	00:25:54
67 Rose Shipley	00:26:25
73 Kevin Sissons	00:26:46
74 Pete Royal	00:26:46
75 Simon Ellerker	00:26:49
79 Booeey Brown	00:27:15
93 Kirsten Porter (J)	00:28:37
105 Dave Foster	00:29:49
126 Amanda Tindall	00:32:03
127 Lynda Gent	00:32:04
131 Catherine Thornton	00:32:18
133 Robert Calthorpe	00:33:59
143 Debbie Duffill	00:34:49
147 Linda Hall	00:35:38

**Huddersfield Parkrun 5K - 20th February**

135 Patricia Bielby 00:24:09

**Snake Lane 10 Mile - 21st February**

	Chip Time	Gun Time
4 Phill Taylor	00:54:47	00:54:48
189 Josh Taylor	01:10:24	01:10:30
220 Duncan Smart	01:11:22	01:11:47
262 Simon Porter	01:13:42	01:13:55
308 Anthony Hughes	01:16:03	01:16:14
327 Sarah Wood	01:16:56	01:16:58
383 Emma Artley	01:18:45	01:18:59
560 Dominique Webster	01:25:26	01:25:56
612 Simon Knowles	01:27:01	01:27:37
660 Jane Welbourn	01:29:29	01:30:02



Club Results 2016

668 Julie Madden	01:29:56	01:30:29
687 Vickie Ellerker	01:31:12	01:31:43
692 Simon Ellerker	01:31:27	01:31:59
706 Stuart Atkinson	01:31:57	01:32:54
734 Mark Loft	01:34:40	01:35:31
767 Dave Foster	01:36:50	01:37:47
802 Caroline Chard	01:39:59	01:41:01
873 Lynda Gent	01:46:29	01:47:31
874 Amanda Tindall	01:46:29	01:47:31
915 Tina Calthorpe	01:56:42	01:57:35

**Sewerby Parkrun 5K - 27th February**

3 Nick Jordan	00:18:44	PB
7 Mark Woodley	00:19:37	PB
8 Shaun Pickering	00:20:05	
9 Josh Taylor	00:20:18	
10 Duncan Smart	00:20:20	PB
12 Lewis Dale (J)	00:20:37	
13 Matt Pilling	00:20:53	PB
18 Harvey Roberts (J)	00:21:33	PB
22 Emily Carver (J)	00:21:40	1st Lady
27 Anthony Hughes	00:22:30	
29 Cameron Sissons (J)	00:22:37	
31 Zoe Ruston	00:23:05	PB
33 Janet Potter	00:23:42	
37 Tim Puleston	00:24:12	
40 Allan Clayton	00:24:16	
42 Simon Knowles	00:24:34	
52 Pete Royal	00:25:15	
55 Dominique Webster	00:25:27	
62 Rose Shipley	00:26:22	
71 Dianne Swain	00:28:05	
81 Dave Foster	00:28:57	
92 Hannah Taylor	00:30:26	
93 Lynda Gent	00:30:27	
98 Catherine Thornton	00:32:14	
105 Debbie Duffill	00:33:30	
107 Robert Calthorpe	00:33:43	
110 Linda Hall	00:34:06	
112 David Duffill	00:34:12	
116 Tina Calthorpe	00:34:50	
130 Kevin Sissons	00:38:50	

**Hull Parkrun 5K - 27th February**

16 Martin Booth	00:19:22	PB
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**Pontefract Parkrun 5K - 27th February**

14 Ashley Porter (J)	00:20:20	
27 Simon Porter	00:21:29	
106 Kirsten Porter (J)	00:26:26	
159 Amanda Tindall	00:29:28	

**Tokyo Marathon - 28th February**

Sarah Wood	03:42:31	
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**Dalton Dash 10K - 28th February**

	Chip Time	Gun Time
6 Scott Hargreaves	00:37:24	00:37:27
54 Anthony Hughes	00:44:54	00:45:01
77 Charlie Kilburn	00:47:43	00:48:13

Club Results 2016

**Harewood House Half Marathon Trail Run - 28th February**

	<b>Chip Time</b>	<b>Gun Time</b>
770 Sheila Preston	02:18:15	02:19:08
954 Cate Palmer	02:44:13	02:45:05

**Huddersfield 10K - 28th February**

	<b>Chip Time</b>	<b>Gun Time</b>
241 Patricia Bielby	00:52:30	00:52:40

**Broxa Breaker 7.25 mile - 28th February (Results not available Online)**

Jim Riley

**Sewerby Parkrun 5K - 5th March**

1 Nick Jordan	00:19:20	
4 Mark Woodley	00:20:14	
7 Josh Taylor	00:21:01	
8 Duncan Smart	00:21:02	
9 John Potter	00:21:06	
20 Cameron Sissons (J)	00:24:03	
22 Zoe Ruston	00:24:11	1st Lady
23 Janet Potter	00:24:20	
24 Tim Puleston	00:24:30	
33 Pete Royal	00:25:56	
35 Mike Hall	00:25:59	
44 Kevin Sissons	00:26:46	
46 Rose Shipley	00:26:55	
48 Karyn Hoggard	00:26:58	
60 Dominique Webster	00:28:46	
94 Robert Calthorpe	00:34:15	
97 Tina Calthorpe	00:34:36	
100 Debbie Duffill	00:35:35	
101 Linda Hall	00:36:06	
102 David Duffill	00:36:15	

**Rother Valley Parkrun 5K - 5th March**

21 Simon Porter	00:22:38
57 Kirsten Porter (J)	00:25:37
92 Amanda Tindall	00:29:16

**Hull Parkrun 5K - 5th March**

40 James Riley	00:21:55
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**Pendle Parkrun 5K - 5th March**

43 Booe Brown	00:31:08 PB
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**Sherwood Pines Parkrun 5K - 5th March**

27 Simon Knowles	00:23:46
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**Flamingoland 10K - 5th March**

23 Martin Booth	00:42:35
110 Caroline Chard	00:55:22
160 Lynda Gent	01:01:53

**English Schools Cross Country Champs 2016 - Wollaton Park, Nottingham**

**Senior Boys 6.9km**

290 Ashley Porter	00:26:38
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**Junior Boys 4.2km**

151 Lewis Dale	00:17:06
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**Intermediate Girls 3.7km**

186 Emily Carver	00:15:04
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## Club Results 2016

Travelling Reserve - Harvey Roberts

### EYXC Sewerby - 6th March

2	Phill Taylor	00:34:58	2nd Man
4	Scott Hargreaves	00:35:54	
20	Mark Woodley	00:38:27	
27	Tony Smith	00:39:23	3rd M50
33	Matt Pilling	00:40:55	
40	Josh Taylor	00:42:10	
5	Emma Brown	00:42:15	1st LV40
11	Becky Clifton	00:43:54	3rd LV40
15	Sarah Wood	00:45:58	
65	Allan Clayton	00:48:38	
68	Kevin Lewis	00:48:57	
71	Simon Porter	00:50:12	
21	Janet Potter	00:51:18	1st LV55
79	Bob Eyre	00:53:25	1st M70
25	Dominique Webster	00:53:47	
83	Dave Foster	01:03:19	

### Overall Season Prizes

Phill Taylor	1st Man
Emma Brown	4th Lady
Emma Artley	1st LV35
Becky Clifton	2nd LV40
Janet Potter	1st LV55
Chris Yeomans	2nd MV65
Bob Eyre	1st MV70

### Resolution Run 5K - 6th March

1	Zoe Ruston	00:22:36
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### Longhorn Half Marathon - 6th March

54	Simon Knowles	01:52:14
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### Sewerby Parkrun 5K - 12th March

2	Scott Hargreaves	00:18:29	PB
4	Nick Jordan	00:18:41	PB
9	Shaun Pickering	00:20:00	
11	Mark Woodley	00:20:09	
12	John Potter	00:20:20	
13	Duncan Smart	00:20:32	
16	Bill Pike	00:21:07	PB
20	Josh Taylor	00:21:39	
21	Harvey Roberts (J)	00:21:40	
26	Ashley Porter (J)	00:21:59	
31	Zoe Ruston	00:23:02	PB - 1st Lady
32	Janet Potter	00:23:06	2nd Lady
33	Allan Clayton	00:23:07	
35	Jason Pointez	00:23:35	
36	Justine Sutcliffe	00:23:44	
47	Pete Royal	00:25:06	
57	Cameron Sissons (J)	00:25:32	
62	Booey Brown	00:25:50	
70	Kirsten Porter (J)	00:26:47	
71	Simon Porter	00:26:48	
82	Dominique Webster	00:27:20	
95	Hannah Taylor	00:28:25	
99	Wendy Foster	00:28:43	
111	Lynda Gent	00:29:43	
121	Catherine Thornton	00:32:14	

Club Results 2016

134 Debbie Duffill	00:33:48
138 Robert Calthorpe	00:34:18
141 Linda Hall	00:35:00
148 Tina Calthorpe	00:37:57
150 Matt Pilling	00:37:58
158 Kevin Sissons	00:44:31 Tail Runner

**Huddersfield Parkrun 5K - 12th March**

143 Patricia Bielby	00:24:07
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**Inter-Counties XC Championships, Cofton Park, Birmingham - 12th March**

**Under 15 Girls 4Km**

128 Emily Carver	00:19:08
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**Under 15 Boys 4.5Km**

208 Lewis Dale	00:18:17
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**Spenneth 20 Mile - 13th March**

25 Nick Jordan	02:15:10
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**Sewerby Parkrun 5K - 19th March**

5 Nick Jordan	00:19:34
8 Duncan Smart	00:20:38
10 Mark Woodley	00:20:49
13 Josh Taylor	00:21:20
14 Cameron Sissons (J)	00:21:23 PB
16 Bill Pike	00:21:46
19 Simon Porter	00:22:10
25 Tony Hughes	00:23:23
26 Jason Pointez	00:23:26
27 Allan Clayton	00:24:10
32 Justine Sutcliffe	00:24:33
35 Chris Phelps	00:24:55
37 Patricia Bielby	00:25:00
38 Peter Royal	00:25:02
45 Judy Allison	00:25:42
46 Dominique Webster	00:25:48
49 Dianne Swain	00:26:00
56 Booey Brown	00:27:05
66 Dave Foster	00:28:14
68 Kirsten Porter (J)	00:28:24
80 Lynda Gent	00:30:12
87 Zoe Ruston	00:30:56
98 Robert Calthorpe	00:33:26
100 Tina Calthorpe	00:33:47

**Lincoln Parkrun 5K - 19th March**

200 Bob Eyre	00:28:19
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**Dalby Forest Parkrun 5K - 19th March**

211 Catherine Thornton	00:32:33
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**Thirsk 10 Mile - 20th March**

859 Catherine Thornton	<b>Chip Time</b> 01:53:39	<b>Gun Time</b> 01:54:54
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**East Hull 20 Mile - 20th March**

2 Phill Taylor	01:53:48
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**New York Half Marathon - 20th March**

913 Martin Smith	01:29:47
1107 Peter Gulc	01:31:51

# Club Results 2016

## Bridlington Easter 5 Mile Dash - 25th March

	Chip Time	Gun Time
15 Duncan Smart	00:32:50	00:32:50
29 Anthony Hughes	00:35:34	00:35:34
40 James Riley	00:36:54	00:36:58
54 Kevin Lewis	00:38:28	00:38:28
58 Zoe Ruston	00:38:29	00:38:45
71 Cathy Wood	00:39:47	00:40:01
124 Hannah Taylor	00:45:00	00:45:06
157 Lynda Gent	00:48:08	00:48:13
208 Robert Calthorpe	00:54:04	00:54:21
211 Tina Calthorpe	00:54:25	00:54:41

## Sewerby Parkrun 5K - 26th March

3 Nick Jordan	00:18:53
7 Mark Woodley	00:20:05
10 Duncan Smart	00:20:34
13 Josh Taylor	00:21:25
15 Bill Pike	00:21:37
43 Janet Potter	00:24:10
48 Cameron Sissons (J)	00:24:27
49 Jason Pointez	00:24:29
55 Justine Sutcliffe	00:25:06
62 Anthony Hughes	00:26:02
63 Pete Royal	00:26:06
84 Rose Shipley	00:27:45
86 Dave Foster	00:27:51
104 Hannah Taylor	00:29:36
122 Lynda Gent	00:30:20
173 Tina Calthorpe	00:35:23
174 Dianne Swain	00:35:23
175 Robert Calthorpe	00:35:24
181 James Ellerker (J)	00:37:02
182 Vickie Ellerker	00:37:03
191 Kevin Sissons	00:40:17

## Huddersfield Parkrun 5K - 26th March

152 Patricia Bielby	00:24:10
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## Dalby Forest Parkrun 5K - 26th March

31 Simon Porter	00:21:50
48 Dominique Webster	00:23:56
58 Bob Eyre	00:24:55
63 Kirsten Porter (J)	00:25:30
109 Amanda Tindall	00:29:59
128 Catherine Thornton	00:32:00 PB

## Helmsley 10K - 27th March

15 Scott Hargreaves	00:39:28
183 Dave Foster	00:56:10

## CoH Champagne League, Hesse Foreshore 4 mile - 29th March

60 Stuart Spooner	00:28:10
115 Dave Foster	00:33:06
117 Steve Arnold	00:33:14

## Sewerby Parkrun 5K - 2nd April

3 Shaun Pickering	00:18:56
4 Nick Jordan	00:19:03
8 Duncan Smart	00:20:09 PB

Club Results 2016

10 Mark Woodley	00:20:13
18 Bill Pike	00:21:44
25 Jason Pointez	00:23:07
26 Tony Hughes	00:23:24
28 Cameron Sissons (J)	00:23:36
29 Zoe Ruston	00:23:38 3rd Lady
38 Allan Clayton	00:24:12
51 Peter Royal	00:25:19
54 Patricia Bielby	00:25:31
55 Bob Eyre	00:25:38
61 Kevin Sissons	00:26:17
64 Simon Porter	00:26:34
65 Kirsten Porter (J)	00:26:35
87 Lynda Gent	00:30:01
105 Catherine Thornton	00:32:11
118 Robert Calthorpe	00:34:39
119 Tina Calthorpe	00:34:43
125 David Duffill	00:37:27
132 Linda Hall	00:39:44
133 Sarah Hardcastle	00:42:10

**Dalby Forest Parkrun 5K - 2nd April**

40 Cathy Wood	00:23:58
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**Wakefield Hospice 10K - 3rd April**

	Chip Time	Gun Time
1493 Debbie Duffill	01:09:35	01:12:53
1494 Linda Hall	01:09:35	01:12:53 1st LV70

**CoH Champagne League, North Cave 4 mile - 5th April**

6 Scott Hargreaves	00:23:12
67 Stuart Spooner	00:28:39
130 Dave Foster	00:33:46
137 Steve Arnold	00:34:12

**Sewerby Parkrun 5K - 9th April**

5 Josh Taylor	00:20:12
6 Duncan Smart	00:20:37
7 Ashley Porter (J)	00:20:46
12 Bill Pike	00:22:09
16 Cameron Sissons (J)	00:22:54
17 Jason Pointez	00:22:54
19 Martin Smith	00:23:06
22 Simon Porter	00:23:35
26 Simon Knowles	00:24:36
37 Peter Royal	00:25:24
42 Rose Shipley	00:26:06 PB
62 Zoe Ruston	00:28:14
66 Dave Foster	00:28:29
80 Hannah Taylor	00:29:56
85 Amanda Tindall	00:30:31
86 Kirsten Porter (J)	00:30:32
89 Lynda Gent	00:30:58
107 Debbie Duffill	00:35:13
108 Kevin Sissons	00:35:14
109 Linda Hall	00:35:23
111 Tina Calthorpe	00:35:43
112 David Duffill	00:36:22
115 Robert Calthorpe	00:40:05

**Hackworth Parkrun 5K - 9th April**

## Club Results 2016

4 Simon Ellerker	00:20:24
24 James Ellerker (J)	00:33:49
25 Vickie Ellerker	00:33:51

### Huddersfield Parkrun 5K - 9th April

177 Patricia Bielby	00:24:12
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### Greater Manchester Marathon - 10th April

20 Phill Taylor	02:34:52	2nd V35
529 Nick Jordan	03:04:42	
2613 Tony Hughes	03:42:00	
4730 Verona Petty	04:06:28	
4870 Julie Madden	04:08:50	
6182 Jane Welbourn	04:27:45	
7668 Stuart Atkinson	04:43:32	
8768 Caroline Chard	05:27:13	
9236 Mark Loft	06:14:07	

### Hornsea 1/3rd Marathon - 10th April

	Chip Time	Gun Time
9 Scott Hargreaves	00:53:41	00:53:42
24 Mark Woodley	00:57:25	00:57:30
34 Duncan Smart	00:59:16	00:59:20
44 Josh Taylor	01:00:14	01:00:19
47 Emma Brown	01:00:52	01:00:58 1st LV40
74 Bill Pike	01:04:22	01:04:22
79 Janet Potter	01:04:22	01:04:30 1st LV60
107 Zoe Ruston	01:07:28	01:07:35 3rd LV35
110 Allan Clayton	01:07:44	01:07:51
120 James Riley	01:09:07	01:09:12
138 Cathy Wood	01:10:25	01:10:35
150 Bob Eyre	01:11:25	01:11:31 2nd V70
176 Dominique Webster	01:13:22	01:13:31
177 Dave Foster	01:13:17	01:13:41
282 Mandy Holah	01:23:01	01:23:10
333 Lynda Gent	01:27:32	01:27:50
411 Robert Calthorpe	01:44:22	01:44:57
412 Tina Calthorpe	01:44:22	01:44:57

### Plusnet Yorkshire Half Marathon, Sheffield - 10th April

1934 Kevin Lewis	01:53:08	01:53:28
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### Hardmoors White Horse Off-Road Marathon - 10th April

32 Mike Hall	05:30:23
57 Karyn Hoggard	06:10:55 9th Lady

### Dales Duathlon - 10th April

18 John Nolan	01:35:29
29 Rebecca Clifton	01:44:01 1st LV40
49 Amanda Tindall	02:22:18
50 Simon Porter	02:22:18

### CoH Champagne League, Beverley Westwood 3.7mile - 12th April

5 Danny Brunton	00:19:59
8 Scott Hargreaves	00:20:52
72 Stuart Spooner	00:26:35
120 Dave Foster	00:30:31

### Kingston upon Hull Spring Open Meeting - 10th April 800 U15M

Club Results 2016

2 Lewis Dale	02:16.9
<b>800 U17W</b>	
1 Emily Carver	02:36.4
<b>1500 U17W</b>	
2 Emily Carver	05:21.8
<b>JT500 U17W</b>	
3 Emily Carver	22.69

**Sewerby Parkrun 5K - 16th April**

2 Nick Jordan	00:19:15
8 Josh Taylor	00:20:16
10 Duncan Smart	00:20:38
16 Bill Pike	00:21:34
19 Ashley Porter (J)	00:22:04
23 Martin Smith	00:22:24
26 Cameron Sissons (J)	00:22:39
30 Harvey Roberts (J)	00:23:08
42 Simon Knowles	00:24:46
48 Simon Porter	00:25:17
49 Patricia Bielby	00:25:24
55 Mike Hall	00:25:58
66 Dave Foster	00:26:53
72 Zoe Ruston	00:27:33
73 Tony Hughes	00:27:34
76 Chris Phelps	00:27:37
82 Kirsten Porter (J)	00:27:58
105 Lynda Gent	00:30:44
120 Kevin Sissons	00:33:17
135 David Duffill	00:35:04
138 Tina Calthorpe	00:35:51
140 Debbie Duffill	00:36:18
141 Linda Hall	00:36:51
142 Robert Calthorpe	00:36:52

**Dalby Forest Parkrun 5K - 16th April**

5 Mark Woodley	00:19:43
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**Corby Parkrun 5K - 16th April**

31 Boeey Brown	00:28:51
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**Burton Pidsea 10K - 17th April**

11 Scott Hargreaves	00:37:15
24 Duncan Smart	00:41:02
44 Andy Baker	00:43:41
47 Anthony Hughes	00:44:14
<b>11</b> Janet Potter	00:45:00 1st VL60
<b>15</b> Zoe Ruston	00:46:27
73 Allan Clayton	00:47:37
<b>18</b> Verona Petty	00:48:01
<b>22</b> Justine Sutcliffe	00:49:33
89 Dave Foster	00:50:01
92 Peter Royal	00:50:12
<b>63</b> Hannah Taylor	00:58:40
<b>65</b> Lynda Gent	00:59:53
<b>90</b> Catherine Thornton	01:07:08
135 Robert Calthorpe	01:08:10
<b>95</b> Tina Calthorpe	01:10:33

**Lincoln 10K - 17th April**

	<b>Chip Time</b>	<b>Gun Time</b>
957 Bob Eyre	00:48:59	00:49:45



Club Results 2016

1090 Dominique Webster 00:49:23 00:50:30

**BRR 10K Challenge Race 1, Burton Pidsea 10K**

Women	Pts
1 Janet Potter	50
2 Lynda Gent	49
3 Tina Calthorpe	48
4 Verona Petty	47
5 Zoe Ruston	46
6 Hannah Taylor	45
7 Justine Sutcliffe	44
8 Catherine Thornton	43
Men	
1 Robert Calthorpe	50
2 Tony Hughes	49
3 Dave Foster	48
4 Pete Royal	47
5 Andy Baker	46
6 Allan Clayton	45
7 Duncan Smart	44
8 Scott Hargreaves	43

**EHH Summer League, New Ellerby 5 Mile - 19th April**

7 Phill Taylor	00:27:07
11 Scott Hargreaves	00:28:47
16 Nick Jordan	00:30:07
28 Josh Taylor	00:30:58
29 Mark Woodley	00:31:01
36 Tony Smith	00:31:20 2nd M55
50 John Potter	00:32:08 2nd M60
51 Simon Ellerker	00:32:09
67 Ashley Porter	00:33:21 1st JM
84 Sarah Wood	00:34:51
89 Janet Potter	00:35:25 1st F60
93 Simon Porter	00:35:35
99 Emma Artley	00:35:52 1st F35
138 Pete Royal	00:38:53
153 Bob Eyre	00:40:00
158 Dave Foster	00:40:20
160 Dominique Webster	00:40:38
177 Caroline Chard	00:42:07
216 Lynda Gent	00:46:44 4th in H'cap
217 Wendy Foster	00:46:49
218 Amanda Tindall	00:46:59
232 Tina Calthorpe	00:54:05 3rd F60
233 Linda Hall	00:54:06
234 Rob Calthorpe	00:54:12
235 Sarah Hardcastle	00:55:42

**Sewerby Parkrun 5K - 23rd April**

4 Nick Jordan	00:18:57
9 Josh Taylor	00:19:47
11 Duncan Smart	00:20:01 PB
19 Andy Baker	00:21:36
26 Harvey Roberts (J)	00:22:17
34 Cameron Sissons (J)	00:23:53
35 Allan Clayton	00:24:03
37 Justine Sutcliffe	00:24:28
39 Simon Knowles	00:24:30
45 Bob Eyre	00:25:02
52 Pete Royal	00:25:34

Club Results 2016

60 Dave Foster	00:26:17
61 Dominique Webster	00:26:28
83 Booe Brown	00:28:38
92 Lynda Gent	00:29:51
110 Catherine Thornton	00:31:43
113 Sarah Hardcastle	00:32:43
120 Tina Calthorpe	00:34:04
121 Robert Calthorpe	00:34:08
123 David Duffill	00:34:20
125 Debbie Duffill	00:34:59
127 Linda Hall	00:35:50

**Dalby Forest Parkrun 5K - 23rd April**

22 Simon Porter	00:21:44
47 Kirsten Porter (J)	00:25:56
89 Amanda Tindall	00:30:29
90 Ashley Porter (J)	00:30:29

**Hull Parkrun 5K - 23rd April**

20 Peter Gulc	00:19:45
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**Huddersfield Parkrun 5K - 23rd April**

148 Patricia Bielby	00:24:00
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**London Marathon - 24th April**

6698 Sarah Woods	03:30:39
8492 Pearl Bayford	03:39:44
8493 Karen Colley	03:39:44
17761 Zoe Ellis	04:14:07
19185 Zena Boreman	04:19:24
38134 Antonio Vicente	06:41:58

**Blackpool Half Marathon - 24th April**

	Chip Time	Gun Time
216 Carolyn Allanson	01:47:58	01:49:06

**York Sprint Triathlon - 24th April**

	Swim	Bike	Run	Total
<b>Female</b>				
11 Becky Clifton	00:09:06	00:42:15	00:24:16	01:15:37
<b>Male</b>				
114 Charlie Kilburn	00:09:19	00:44:03	00:24:45	01:18:07

**CoH Champagne League, Lockington 3.7mile - 26th April**

5 Danny Brunton	00:22:16
9 Scott Hargreaves	00:23:10
68 Stuart Spooner	00:29:13
95 Dave Foster	00:31:43
119 Steve Arnold	00:34:32

**Sewerby Parkrun 5K - 30th April**

2 Shaun Pickering	00:18:05 PB
7 Lewis Dale	00:18:52
8 Nick Jordan	00:18:55
14 Josh Taylor	00:19:57
15 Mark Woodley	00:20:00
18 Ashley Porter (J)	00:20:15 PB
19 Duncan Smart	00:20:30
24 Emily Carver (J)	00:21:02 PB 1st Lady
25 Andy Baker	00:21:19
34 Simon Ellerker	00:22:23
36 Tony Hughes	00:22:27

## Club Results 2016

40 Simon Porter	00:22:50
41 Cameron Sissons (J)	00:23:00
44 Zoe Ruston	00:23:26
51 Simon Knowles	00:23:58
57 Justine Sutcliffe	00:24:31
58 Patricia Bielby	00:24:33
62 Pete Royal	00:24:51
73 Bob Eyre	00:25:16
76 Chris Phelps	00:25:19
82 Booe Brown	00:25:46
84 Dominique Webster	00:26:25
111 Hannah Taylor	00:28:39
114 Lynda Gent	00:28:44 PB
115 Kirsten Porter (J)	00:28:45
142 Sarah Hardcastle	00:31:56
152 Robert Calthorpe	00:33:28
160 Tina Calthorpe	00:33:46
162 Antonio Vicente	00:34:07
170 David Duffill	00:35:10
190 Debbie Duffill	00:38:07
191 Linda Hall	00:38:09
204 Kevin Sissons	00:50:23 Tail Runner

### Hull Parkrun 5K - 30th April

16 Peter Gulc	00:19:06
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### Kirkbymoorside 10K - 1st May

12 Scott Hargreaves	00:37:33
175 Dave Foster	00:52:01

### EHH Summer League, Sproatley 6 Mile - 3rd May

4 Phill Taylor	00:32:44
9 Scott Hargreaves	00:35:15
18 Nick Jordan	00:36:51
31 Josh Taylor	00:38:13 1st JM
34 Mark Woodley	00:38:20
41 Tony Smith	00:38:48
53 Ashley Porter (J)	00:39:16
81 Sarah Wood	00:43:03
88 Emma Artley	00:43:51 1st F35
91 Simon Porter	00:44:07
98 Simon Ellerker	00:44:35
100 Allan Clayton	00:44:37
132 Pete Royal	00:48:00
140 Dominique Webster	00:48:45
152 Bob Eyre	00:49:38
158 Dave Foster	00:50:20
163 Zoe Ellis	00:50:49
175 Caroline Chard	00:52:29
201 Wendy Foster	00:55:57
203 Kirsten Porter (J)	00:56:45 1st H'cap
204 Amanda Tindall	00:56:45
205 Lynda Gent	00:56:51
216 Robert Calthorpe	01:07:10
217 Linda Hall	01:07:16
218 Tina Calthorpe	01:07:25

### Sewerby Parkrun 5K - 7th May

8 Nick Jordan	00:19:49
13 Duncan Smart	00:21:14

Club Results 2016

18 Bill Pike	00:22:26
25 Thomas Pownall	00:23:38
27 Ashley Porter (J)	00:23:41
28 Mark Woodley	00:23:41
30 Simon Porter	00:23:42
34 Jason Pointez	00:23:59
37 Allan Clayton	00:24:36
49 Cameron Sissons (J)	00:25:36
50 Chris Phelps	00:25:37
51 Cathy Wood	00:25:40
79 Dominique Webster	00:28:51
81 Zoe Ruston	00:28:59
83 Kevin Sissons	00:29:00
106 Amanda Tindall	00:32:29
107 Lynda Gent	00:32:29
108 Kirsten Porter (J)	00:32:30
116 Linda Hall	00:35:24
120 Tina Calthorpe	00:36:04
125 Robert Calthorpe	00:37:05

**Hull Parkrun 5K - 7th May**

10 Peter Gulc	00:18:55
50 Harvey Roberts (J)	00:21:29

**Mansfield Parkrun 5K - 7th May**

18 Simon Knowles	00:23:03
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**Huddersfield Parkrun 5K - 7th May**

146 Patricia Bielby	00:24:22
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**Fountains Abbey Parkrun 5K - 7th May**

37 Andy Baker	00:22:04
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**Beverley 10K - 8th May**

	Chip Time	Gun Time
6 Phill Taylor	00:34:42	00:34:43
23 Scott Hargreaves	00:37:43	00:37:45
40 Nick Jordan	00:39:19	00:39:21
74 Martin Booth	00:41:09	00:41:12 2nd M60
79 Mark Woodley	00:41:16	00:41:19
81 Josh Taylor	00:41:26	00:41:28
86 Tony Smith	00:41:23	00:41:33
104 Duncan Smart	00:42:25	00:42:36
138 Andy Baker	00:43:33	00:43:43
148 Ashley Porter	00:43:49	00:44:00 1st U18
183 John Nolan	00:44:47	00:45:12
184 Simon Porter	00:45:09	00:45:12
317 Zoe Ruston	00:48:10	00:48:21
427 Justine Sutcliffe	00:50:21	00:50:31
469 Dave Foster	00:51:17	00:51:32
474 Bob Eyre	00:51:29	00:51:39 1st M70
536 Dominique Webster	00:52:38	00:53:01
587 Sharon Kitchen	00:53:12	00:54:01
638 Zoe Ellis	00:54:15	00:54:56
725 Jane Welbourn	00:56:01	00:56:41
914 Booe Brown	00:59:06	01:00:14
1080 Lynda Gent	01:02:39	01:04:07
1304 Amanda Tindall	01:08:49	01:10:17
1321 Antonio Vicente	01:09:58	01:11:27
1422 Tina Calthorpe	01:15:20	01:16:34

Club Results 2016

1423 Robert Calthorpe 01:15:20 01:16:34

**BRR - 10K Challenge (Race 2) - Beverley 10K**

Women	Target	Actual	Points
1 Dominique Webster	00:54:04	00:52:38	50
2 Sharon Kitchen	00:54:14	00:53:12	49
3 Justine Sutcliffe	00:50:52	00:50:21	48
4 Zoe Ellis	00:54:17	00:54:15	47
5 Zoe Ruston	00:47:49	00:48:10	46
6 Booeey Brown	00:58:21	00:59:06	45
7 Jane Welbourn	00:54:36	00:56:01	44
8 Lynda Gent	01:00:57	01:02:39	43
9 Tina Calthorpe	01:12:39	01:15:20	42
10 Amanda Tindall	00:58:45	01:08:49	41
Julie Madden DQ			40
Verona Petty DQ			40
Sheila Preston DQ			40
Men			
1 Simon Porter	00:47:57	00:45:09	50
2 Andy Baker	00:45:26	00:43:33	49
3 Dave Foster	00:53:20	00:51:17	48
4 Antonio Vicente	01:12:17	01:09:58	47
5 Martin Booth	00:42:14	00:41:09	46
6 Bob Eyre	00:52:34	00:51:29	45
7 Nick Jordan	00:39:55	00:39:19	44
8 Duncan Smart	00:43:03	00:42:25	43
9 Scott Hargreaves	00:38:14	00:37:43	42
10 Josh Taylor	00:41:05	00:41:26	41
11 Phill Taylor	00:34:11	00:34:42	40
12 Mark Woodley	00:40:29	00:41:16	39
13 Tony Smith	00:40:17	00:41:23	38
14 Ashley Porter	00:41:59	00:43:49	37
15 Robert Calthorpe	01:10:59	01:15:20	36
16 John Nolan	00:41:27	00:44:47	35

**Handicaps points awarded on basis of percentage +/- Actual Time to Target Time**

**CoH Champagne League, Brantingham Chase 3.6mile - 10th May**

3 Danny Brunton	00:21:59
9 Scott Hargreaves	00:22:52
74 Stuart Spooner	00:29:30
98 Dave Foster	00:31:39

**Sewerby Parkrun 5K - 14th May**

2 Scott Hargreaves	00:18:27 PB
3 Nick Jordan	00:18:52
9 Mark Woodley	00:20:17
11 Josh Taylor	00:20:59
13 Andy Baker	00:21:21
20 Simon Porter	00:22:49
24 Jason Pointez	00:23:19
26 Tony Hughes	00:23:44
30 Janet Potter	00:24:09
31 Ashley Porter (J)	00:24:09
41 Cameron Sissons (J)	00:24:41
48 Pete Royal	00:25:16
49 Bob Eyre	00:25:33
54 Simon Knowles	00:26:08
58 Kevin Sissons	00:26:51
87 Kirsten Porter (J)	00:30:11
113 Catherine Thornton	00:33:41

Club Results 2016

115 Debbie Duffill	00:34:29
117 Tina Calthorpe	00:34:33
118 Jane Welbourn	00:34:33
121 Linda Hall	00:34:51
123 David Duffill	00:35:23
134 Sarah Hardcastle	00:39:50

**Hull Parkrun 5K - 14th May**

7 Peter Gulc	00:18:57
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**Huddersfield Parkrun 5K - 14th May**

164 Patricia Bielby	00:23:45
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**North Lincs Half Marathon - 15th May**

	Chip Time	Gun Time
98 Peter Gulc	01:25:51	01:26:03
225 Duncan Smart	01:32:40	01:32:53
303 Simon Porter	01:36:56	01:37:09
580 Zoe Ruston	01:45:13	01:46:30
1402 Lynda Gent	02:13:22	02:14:41
1563 Amanda Tindall	02:26:44	02:28:03

**Derwent Dash 10K - 15th May**

	Chip Time	Gun Time
4 Danny Brunton	00:35:38	00:35:40
199 Booeey Brown	00:54:30	00:54:54
334 Robert Calthorpe	01:09:58	01:10:29
335 Tina Calthorpe	01:10:27	01:10:59

**EHH Summer League, East Park 4 Mile - 17th May**

4 Phill Taylor	00:21:41	
9 Scott Hargreaves	00:23:18	
15 Nick Jordan	00:24:01	
28 Josh Taylor	00:24:56	1st JM
33 Mark Woodley	00:25:08	
35 Tony Smith	00:25:17	
45 Ashley Porter (J)	00:25:57	
56 Andy Baker	00:26:58	
73 Emma Artley	00:28:22	1st LV35
123 Simon Porter	00:31:21	
126 Pete Royal	00:31:30	
132 Dave Foster	00:31:43	
154 Rose Shipley	00:33:08	
182 Kirsten Porter (J)	00:35:14	1st H'cap
200 Wendy Foster	00:38:07	
201 Amanda Tindall	00:38:09	
202 Lynda Gent	00:38:15	
213 Linda Hall	00:42:02	4th H'cap

**Fun Run**

7 Shaun Foster	00:08:44
39 Louise Foster	00:11:00
98 James Ellerker	00:14:17

**Sewerby Parkrun 5K - 21st May**

3 Scott Hargreaves	00:18:53
5 Nick Jordan	00:19:41
6 Josh Taylor	00:19:50
9 Mark Woodley	00:20:34
11 Lewis Dale (J)	00:21:00
12 Duncan Smart	00:21:05
16 Matt Pilling	00:21:20

Club Results 2016

17 Andy Baker	00:21:48
18 Harvey Roberts (J)	00:21:51
30 Jason Pointez	00:23:28
32 Janet Potter	00:23:43
38 Justine Sutcliffe	00:24:32
40 Anthony Hughes	00:25:00
44 Pete Royal	00:25:31
47 Dave Foster	00:25:52
49 Cameron Sissons (J)	00:25:57
50 Jane Welbourn	00:26:08
51 Rose Shipley	00:26:23
73 Dominique Webster	00:28:25
80 Kevin Sissons	00:28:42
90 Lynda Gent	00:30:01
115 Linda Hall	00:34:59
116 Robert Calthorpe	00:35:29
118 Tina Calthorpe	00:35:40
128 Sarah Hardcastle	00:40:07

**Dalby Forest Parkrun 5K - 21st May**

16 Ashley Porter (J)	00:21:16 PB
60 Kirsten Porter (J)	00:26:31
75 Simon Porter	00:29:09
76 Amanda Tindall	00:29:14 PB

**Bushy Parkrun 5K - 21st May**

993 Debbie Duffill	00:33:30
1027 David Duffill	00:34:41

**Driffield Triathlon - 22nd May**

		<b>400m Swim</b>	<b>19km Bike</b>	<b>5km Run</b>	<b>Total</b>
6th Lady	Becky Clifton	00:08:44	00:34:54	00:24:04	01:10:58 2nd F40-44

**Junior Great Manchester Run - 22nd May**

**U15 - 2.3K**

17 Shaun Foster	00:08:30
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**CoH Champagne League, Wauldby Green 3.8mile - 24th May**

2 Danny Brunton	00:22:20
7 Scott Hargreaves	00:23:23
72 Stuart Spooner	00:29:24
108 Dave Foster	00:32:30

**BRR Three Hills Race - 26th May**

1 Phill Taylor	00:35:10
2 Scott Hargreaves	00:37:39
3 Martin Booth	00:40:49
4 Mark Woodley	00:41:33
5 John Nolan	00:41:46
6 Tony Smith	00:42:24
7 Josh Taylor	00:42:38
8 Duncan Smart	00:42:52
9 Andy Baker	00:44:01
10 Martin Smith	00:45:02
11 Graham Gill (Gst)	00:45:43
12 Janet Potter	00:46:20
13 Allan Clayton	00:47:28
14 Simon Ellerker	00:47:29
15 Kevin Lewis	00:49:10
16 Simon Knowles	00:49:35
17 Justine Sutcliffe	00:49:45

Club Results 2016

18 Judy Allison	00:50:47
19 Peter Royal	00:51:13
20 Sarah Wood	00:51:18
21 David Foster	00:53:09
22 Lyn Gent	01:00:11
23 Tina Calthorpe	01:09:42
24 Rob Calthorpe	01:09:54
25 Bob Eyre	01:09:54 Tail Runner

**BRR - 10K Challenge (Race 3) - Three Hills Race**

Women	Target	Actual	Diff %	Points	
1 Tina Calthorpe	01:13:48	01:09:42	-5.56%	50	
2 Janet Potter	00:48:41	00:47:28	-4.83%	49	
3 Lynda Gent	01:02:41	01:00:11	-3.99%	48	
4 Judy Allison	00:52:37	00:50:47	-3.48%	47	
5 Justine Sutcliffe	00:51:22	00:49:45	-3.15%	46	
6 Sarah Wood	00:45:04	00:51:18	12.79%	45	
<b>Men</b>					
1 Allan Clayton	00:49:56	00:47:28	-4.94%	50	
2 Robert Calthorpe	01:13:00	01:09:54	-4.25%	49	
3 Simon Knowles	00:51:32	00:49:35	-3.78%	48	
4 Pete Royal	00:52:55	00:51:13	-3.21%	47	
5 Scott Hargreaves	00:38:49	00:37:39	-3.01%	46	
6 Kevin Lewis	00:50:36	00:49:10	-2.83%	45	
7 Martin Booth	00:41:44	00:40:49	-2.20%	44	
8 Andy Baker	00:44:52	00:44:01	-1.89%	43	
9 Mark Woodley	00:42:13	00:41:33	-1.58%	42	
10 Martin Smith	00:45:43	00:45:02	-1.49%	41	
11 Dave Foster	00:53:38	00:53:09	-0.90%	40	
12 Duncan Smart	00:43:04	00:42:52	-0.46%	39	
13 John Nolan	00:41:35	00:41:46	0.44%	38	
14 Phill Taylor	00:34:45	00:35:10	1.20%	37	
15 Josh Taylor	00:42:04	00:42:38	1.35%	36	
16 Tony Smith	00:41:12	00:42:24	2.91%	35	
17 Simon Ellerker	00:45:04	00:47:29	5.36%	34	
18 Bob Eyre	00:52:50	01:09:54		33	Tail Runner

**Handicaps points based on Percentage Under/Over Target**

**Sewerby Parkrun 5K - 28th May**

3 Shaun Pickering	00:17:53 PB
8 Nick Jordan	00:19:11
17 Simon Ellerker	00:19:47
19 Josh Taylor	00:20:20
20 Duncan Smart	00:20:21
29 Ashley Porter (J)	00:21:09
36 Bill Pike	00:21:58
40 Thomas Pownall	00:22:23 PB
48 Tim Puleston	00:22:53
52 Zoe Ruston	00:23:04
53 Cameron Sissons (J)	00:23:05
54 Allan Clayton	00:23:07
61 Simon Porter	00:23:38
65 Luke Duffill	00:23:51 PB
72 Justine Sutcliffe	00:24:15
73 Pete Royal	00:24:19
101 Anthony Hughes	00:26:17
130 Kirsten Porter (J)	00:28:14
143 Lynda Gent	00:29:31
184 Tina Calthorpe	00:34:14
187 Catherine Thornton	00:34:29



Club Results 2016

190 Debbie Duffill	00:34:50
191 Linda Hall	00:35:06
194 Kevin Sissons	00:35:30
206 David Duffill	00:36:52

**Hull Parkrun 5K - 28th May**

1 Danny Brunton	00:17:00 PB
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**Edinburgh Marathon - 29th May**

	Chip Time	Gun Time
650 Anthony Hughes	03:26:27	03:29:34

**Liverpool Rock & Roll Marathon - 29th May**

	Chip Time	Gun Time
584 Emma Artley	03:52:17	03:52:17

**Poseidon Triathlon - 29th May**

	1500m Swim	44km Bike	10km Run	Total
3 Becky Clifton	00:31:12	01:36:19	00:49:21	02:58:48

**EHH Summer League, Leven 10K - 31st May**

5 Phill Taylor	00:34:17	
8 Danny Brunton	00:35:15	
18 Scott Hargreaves	00:36:51	
29 Nick Jordan	00:39:39	
37 Josh Taylor	00:41:12	1st JM
43 John Potter	00:41:49	
52 Andy Baker	00:42:41	
54 Simon Ellerker	00:42:52	
72 Janet Potter	00:45:08	1st LV60
115 Pete Royal	00:49:43	
130 Dave Foster	00:50:40	
135 Bob Eyre	00:51:16	
138 Dominique Webster	00:52:27	
192 Linda Hall	01:07:46	
193 Tina Calthorpe	01:09:50	
194 Rob Calthorpe	01:10:14	

**BRR - 10K Challenge (Race 4) - EHH Leven 10K**

Handicaps points based on Percentage Under/Over Target

	Target	Actual	Diff %	Points
<b>Women</b>				
1 Linda Hall	01:11:10	01:07:46	-4.78%	50
2 Janet Potter	00:46:34	00:45:08	-3.08%	49
3 Tina Calthorpe	01:11:05	01:09:50	-1.76%	48
4 Dominique Webster	00:52:42	00:52:27	-0.47%	47
<b>Men</b>				
1 Dave Foster	00:53:12	00:50:40	-4.76%	50
2 Simon Ellerker	00:44:53	00:42:52	-4.49%	49
3 Scott Hargreaves	00:38:26	00:36:51	-4.12%	48
4 Andy Baker	00:44:05	00:42:41	-3.18%	47
5 Pete Royal	00:51:20	00:49:43	-3.15%	46
6 Danny Brunton	00:36:01	00:35:15	-2.13%	45
7 Josh Taylor	00:41:53	00:41:12	-1.63%	44
8 Bob Eyre	00:52:03	00:51:16	-1.50%	43
9 Phill Taylor	00:34:46	00:34:17	-1.39%	42
10 John Potter	00:42:13	00:41:49	-0.95%	41
11 Nick Jordan	00:39:50	00:39:39	-0.46%	40
12 Robert Calthorpe	01:10:31	01:10:14	-0.40%	39

**Sewerby Parkrun 5K - 4th June**

2 Phill Taylor	00:17:31
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Club Results 2016

5 Nick Jordan	00:19:54
7 Simon Ellerker	00:19:58
11 Duncan Smart	00:20:46
13 Andy Baker	00:21:11
15 Bill Pike	00:21:34
17 Emily Carver (J)	00:21:45 1st Lady
31 Zoe Ruston	00:23:31
33 Anthony Hughes	00:23:43
38 Simon Knowles	00:24:22
39 Luke Duffill	00:24:29
40 Cameron Sissons (J)	00:24:29
41 Pete Royal	00:24:44
45 Bob Eyre	00:25:19
46 Jason Pointez	00:25:19
49 Dave Foster	00:25:27
51 Jane Welbourn	00:25:46 PB
52 Chris Phelps (Snr)	00:25:48
72 Dianne Swain	00:28:02
73 Kevin Sissons	00:28:03
99 Simon Porter	00:31:31
100 Amanda Tindall	00:31:37
101 Wendy Foster	00:31:37
102 Kirsten Porter (J)	00:31:38
103 Ashley Porter (J)	00:31:38
124 Debbie Duffill	00:34:47
125 Linda Hall	00:35:08
135 David Duffill	00:36:19

**Dalby Forest Parkrun 5K - 4th June**

114 Tina Calthorpe	00:34:11
115 Rob Calthorpe	00:34:12

**Huddersfield Parkrun 5K - 4th June**

148 Patricia Bielby	00:24:02
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**Mulgrave Castle 10K - 5th June**

4 Scott Hargreaves	00:41:12
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**CoH Champagne League, Kiplingcotes 6 mile - 7th June**

(Staggered Start Handicap)	Finish Time	Actual Time
20 Dave Foster	01:12:41	00:47:56
49 Stuart Spooner	01:13:49	00:45:19
119 Scott Hargreaves	01:15:58	00:36:43

**Sledmere Sunset Trail 10K - 10th June**

1 Phill Taylor	00:36:56
2 Danny Brunton	00:37:06
6 Scott Hargreaves	00:39:44
11 Michael Hirst	00:41:17
17 Nick Jordan	00:42:19
31 Duncan Smart	00:45:38
35 Andy Baker	00:46:03
38 William Pike	00:46:15
61 Anthony Hughes	00:49:07
63 Josh Taylor	00:49:22
84 Justine Sutcliffe	00:52:13
87 Simon Porter	00:52:45
90 Bob Eyre	00:52:59 1st V70
111 Dave Foster	00:54:43
124 Pete Royal	00:55:44
208 Boeey Brown	01:03:10

Club Results 2016

254 Wendy Foster 01:11:14  
 255 Amanda Tindall 01:11:15

**BRR Men won Team Prize**

**BRR - 10K Challenge (Race 5) - Sledmere 10K**

**Handicaps points based on Percentage Under/Over Target**

Women	Target	Actual	Diff %	Points
1 Justine Sutcliffe	00:51:07	00:52:13	2.15%	50
2 Booe Brown	00:56:39	01:03:10	11.50%	49
3 Wendy Foster	01:03:24	01:11:14	12.36%	48
4 Amanda Tindall	00:59:37	01:11:15	19.51%	47
<b>Men</b>				
1 Michael Hirst	00:43:11	00:41:17	-4.40%	50
2 Simon Porter	00:53:52	00:04:00	-2.07%	49
3 Anthony Hughes	00:49:32	00:49:07	-0.84%	48
4 Bob Eyre	00:53:22	00:52:29	-0.75%	47
5 Bill Pike	00:46:31	00:46:15	-0.57%	46
6 Danny Brunton	00:36:25	00:37:06	1.88%	45
7 Dave Foster	00:52:59	00:54:43	3.27%	44
8 Nick Jordan	00:40:54	00:42:19	3.46%	43
9 Phill Taylor	00:35:40	00:36:56	3.55%	42
10 Scott Hargreaves	00:38:10	00:39:44	4.10%	41
11 Andy Baker	00:44:07	00:46:03	4.38%	40
12 Duncan Smart	00:43:19	00:45:38	5.35%	39
13 Pete Royal	00:51:32	00:55:44	8.15%	38
14 Josh Taylor	00:42:32	00:49:22	16.07%	37

**BRR 10K Challenge (Leaders after 5 Races)**

Women	Pts
1= Justine Sutcliffe	188
1= Tina Calthorpe	188
3 Janet Potter	148
<b>Men</b>	
1 Dave Foster	230
2 Andy Baker	225
3 Scott Hargreaves	220

**Sewerby Parkrun 5K - 11th June**

6 Nick Jordan	00:19:52
11 Lewis Dale (J)	00:20:27
12 John Potter	00:20:32
15 Duncan Smart	00:20:59
19 Bill Pike	00:21:59
24 Jason Pointez	00:22:27
32 Andy Baker	00:23:17
35 Allan Clayton	00:23:26
36 Janet Potter	00:23:28
40 Anthony Hughes	00:24:03
49 Chris Phelps Snr	00:24:54
52 Patricia Bielby	00:25:17
54 Simon Porter	00:25:27
62 Zoe Ruston	00:26:28
84 Samantha Pickering	00:28:11 PB
86 Kirsten Porter (J)	00:28:25
87 Dave Foster	00:28:37
126 Linda Hall	00:34:10
127 Catherine Thornton	00:34:11
128 Lynda Gent	00:34:12
129 Debbie Duffill	00:34:15
134 Tina Calthorpe	00:34:57
135 Robert Calthorpe	00:35:03

Club Results 2016

140 David Duffill 00:36:07

**Leeds ITU World Sprint Triathlon - 12th June**

	<b>Swim</b>	<b>Bike</b>	<b>Run</b>	<b>Total</b>
87 Tom King	00:10:07	00:41:46	00:20:18	01:20:21 6th M17
76 Becky Clifton	00:17:43	00:42:55	00:21:33	01:31:11 13th W40

**Hardmoors 26.2 Rosedale Trail marathon - 12th June**

17 Pearl Bayford 04:46:53 1st LV50

**EHH Summer League, Sproatley 7 Mile - 14th June**

1 Phill Taylor	00:38:59 1st Man
8 Scott Hargreaves	00:42:46
26 Simon Ellerker	00:46:33
34 John Potter	00:47:58 1st V60
53 Josh Taylor	00:51:10 1st JM
54 Janet Potter	00:51:30 1st LV60
64 Emma Artley	00:53:03 1st LV35
66 Ashley Porter (J)	00:53:36
77 Sarah Wood	00:54:59
84 Bob Eyre	00:56:24
99 Patricia Bielby	00:58:37
111 Dominique Webster	01:01:19
112 David Foster	01:01:27
120 Kirsten Porter (J)	01:02:54 3rd H'cap
121 Simon Porter	01:02:58
135 Caroline Chard	01:04:59
142 Amanda Tindall	01:10:50
146 Linda Hall	01:18:01
147 Tina Calthorpe	01:20:22

**Sewerby Parkrun 5K - 18th June**

3 Scott Hargreaves	00:18:32
11 Duncan Smart	00:20:27
18 Josh Taylor	00:21:26
26 Ashley Porter (J)	00:22:16
28 Mark Woodley	00:22:25
32 Jason Pointez	00:22:35
44 Justine Sutcliffe	00:24:24
51 Cameron Sissons (J)	00:24:56
52 Luke Duffill	00:25:04
54 Patricia Bielby	00:25:10
56 Dave Foster	00:25:28
58 Rose Shipley	00:25:34 PB
66 Zoe Ruston	00:26:15
67 Dominique Webster	00:26:17
99 Kirsten Porter (J)	00:29:06
117 Sarah Hardcastle	00:31:40
125 Catherine Thornton	00:34:04
126 Lynda Gent	00:34:05
131 Tina Calthorpe	00:35:06
133 Linda Hall	00:35:11

**Dalby Forest Parkrun 5K - 18th June**

6 Andy Baker 00:20:32

**Asda Foundation Hull 10K - 19th June**

	<b>Chip Time</b>	<b>Gun Time</b>
10 Danny Brunton	00:35:37	00:35:37
25 Nick Hellewell	00:38:14	00:38:14
87 Duncan Smart	00:41:10	00:41:27

Club Results 2016

358 Zoe Ruston	00:46:33	00:47:44 3rd F35
1238 Booe Brown	00:55:26	00:57:39
1578 Andrew Long	01:00:14	01:00:39
2019 Lynda Gent	01:00:22	01:04:48
3074 Tina Calthorpe	01:14:09	01:19:50
3075 Robert Calthorpe	01:14:10	01:19:51

**Rat Race the Wall 69 Mile Ultra Marathon - 19th June**

97 Mike Hall	14:22:53
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**CoH Champagne League, Wauldby Green 8.4 mile - 21st June**

(Staggered Start Handicap)	Finish Time	Actual Time
31 Scott Hargreaves	02:01:18	00:56:48
84 Dave Foster	02:05:22	01:17:07

**Sewerby Parkrun 5K - 25th June**

4 Scott Hargreaves	00:18:42
7 Martin Booth	00:20:13
8 Duncan Smart	00:20:18
13 Andrew Baker	00:20:43
17 Bill Pike	00:21:14
20 Ashley Porter (J)	00:21:37
28 Jason Pointez	00:22:10
30 Simon Porter	00:22:23
36 Zoe Ruston	00:23:02 1st Lady
38 Janet Potter	00:23:13 2nd Lady
44 Luke Duffill	00:24:00
47 Allan Clayton	00:24:08
49 Cameron Sissons (J)	00:24:20
51 Pete Royal	00:24:28
54 Bob Eyre	00:24:43
56 Justine Sutcliffe	00:24:44
67 Zoe Ellis	00:26:30
94 Sarah Hardcastle	00:29:00
127 Kevin Sissons	00:32:45
138 Catherine Thornton	00:34:17
141 Debbie Duffill	00:35:11
142 Linda Hall	00:35:13
146 Robert Calthorpe	00:36:22
150 David Duffill	00:37:13

**Hull Parkrun 5K - 25th June**

3 Danny Brunton	00:16:44 PB
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**Huddersfield Parkrun 5K - 25th June**

159 Patricia Bielby	00:25:03
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**Humber Bridge Half Marathon - 26th June**

	Chip Time	Gun Time
3 Phill Taylor	01:14:39	01:14:40
165 Josh Taylor	01:38:21	01:38:23
389 Emma Artley	01:47:14	01:47:18
482 Simon Knowles	01:49:37	01:49:41
950 Jane Welbourn	02:01:37	02:02:59
997 Julie Madden	02:02:52	02:04:16
1336 Lynda Gent	02:15:31	02:16:54
1693 Tina Calthorpe	02:45:30	02:46:36

**Humber Bridge Fast Cat Family Fun Run - 26th June**

Club Results 2016

6 Shaun Foster	00:16:44	00:16:45
181 Robert Calthorpe	00:30:00	00:30:13

**EHH Summer League, Coniston 10K - 28th June**

5 Danny Brunton	00:35:06	
13 Scott Hargreaves	00:37:09	
41 John Potter	00:41:17	
42 Ashley Porter (J)	00:41:32	1st JM
54 Andy Baker	00:43:01	
72 Janet Potter	00:45:14	1st LV60
80 Emma Artley	00:46:17	1st LV35
95 Sarah Wood	00:47:41	
96 Allan Clayton	00:47:41	
102 Justine Sutcliffe	00:48:04	
114 Pete Royal	00:49:17	
120 Bob Eyre	00:49:43	
131 Dave Foster	00:51:07	
141 Dominique Webster	00:52:50	
153 Simon Porter	00:54:22	
154 Kirsten Porter (J)	00:54:23	5th H'cap
185 Amanda Tindall	01:03:29	
187 Linda Hall	01:08:37	

**BRR - 10K Challenge (Race 6) - Coniston 10K**

**Handicaps points based on Percentage Under/Over Target**

	Target	Actual	Points
<b>Women</b>			
1 Kirsten Porter	00:58:19	00:54:23	50
2 Justine Sutcliffe	00:50:59	00:48:04	49
3 Janet Potter	00:47:29	00:45:14	48
4 Linda Hall	01:11:37	01:08:37	47
5 Dominique Webster	00:53:42	00:52:50	46
6 Emma Artley	00:46:43	00:46:17	45
7 Sarah Wood	00:44:52	00:47:41	44
8 Amanda Tindall	00:59:21	01:03:29	43
<b>Men</b>			
1 Ashley Porter	00:44:58	00:41:32	50
2 Andy Baker	00:45:28	00:43:01	49
3 Dave Foster	00:53:34	00:51:07	48
4 Scott Hargreaves	00:38:23	00:37:09	47
5 Bob Eyre	00:51:01	00:49:43	46
6 Pete Royal	00:50:32	00:49:17	45
7 Allan Clayton	00:48:52	00:47:41	44
8 John Potter	00:42:17	00:41:17	43
9 Danny Brunton	00:35:41	00:35:06	42
10 Simon Porter	00:51:40	00:54:22	41

**BRR 10K Challenge (Leaders after 6 Races)**

	Pts
<b>Women</b>	
1 Justine Sutcliffe	237
2 Janet Potter	196
3 Tina Calthorpe	188
<b>Men</b>	
1 Dave Foster	278
2 Andy Baker	274
3 Scott Hargreaves	267

**Sewerby Parkrun 5K - 2nd July**

1 Danny Brunton	00:17:44
7 Lewis Dale (J)	00:20:29
9 Duncan Smart	00:20:35
10 Martin Booth	00:20:41

Club Results 2016

15 Bill Pike	00:21:34
16 Josh Taylor	00:21:41
23 Jason Pointez	00:22:29
32 Zoe Ruston	00:23:33 3rd Lady
34 Simon Knowles	00:23:43
35 Andy Baker	00:23:48
43 Luke Duffill	00:24:49
46 Karyn Hoggard	00:25:02
47 Pete Royal	00:25:09
63 Zoe Ellis	00:26:43
64 Dominique Webster	00:26:44
91 Kevin Sissons	00:29:12
97 Sarah Hardcastle	00:29:51
112 Lynda Gent	00:31:12
114 Chris Phelps Snr	00:32:37
120 Cindy Baker	00:33:44
125 Catherine Thornton	00:34:16
126 Cate Palmer	00:34:35
131 Charlie Kilburn	00:35:04
132 Debbie Duffill	00:35:10
134 Linda Hall	00:35:24
138 Caroline Strathearn	00:37:05
139 Tina Calthorpe	00:37:42
140 Dianne Swain	00:37:42
141 David Duffill	00:38:01

**Rother Valley Parkrun 5K - 2nd July**

15 Ashley Porter (J)	00:20:00
20 Simon Porter	00:20:57 PB
83 Kirsten Porter (J)	00:26:39
141 Amanda Tindall	00:31:08

**Huddersfield Parkrun 5K - 2nd July**

145 Patricia Bielby	00:24:48
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**Withernsea 5 Mile - 3rd July**

32 Josh Taylor	00:33:50
97 Pete Royal	00:39:16
175 Lynda Gent	00:47:47

**Great North 10K - 3rd July**

498 Anthony Hughes	00:46:42
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**Lake District Ultimate 110K Trail Challenge - 2nd July**

81 Tony Smith	18:37:37
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**CoH Champagne League, South Dalton 5.1 mile - 5th July**

5 Scott Hargreaves	00:30:46
50 Stuart Spooner	00:37:48
85 Dave Foster	00:41:55

**Sewerby Parkrun 5K - 9th July**

9 Martin Booth	00:20:41
12 Josh Taylor	00:20:58
15 Bill Pike	00:21:21
22 Jason Pointez	00:22:06
28 Mark Woodley	00:22:24
30 Ashley Porter (J)	00:22:31
40 Simon Porter	00:23:27
41 Janet Potter	00:23:28
52 Cameron Sissons (J)	00:24:33

Club Results 2016

57 Pete Royal	00:24:52
58 Anthony Hughes	00:24:59
61 Dave Foster	00:25:18
70 Kevin Sissons	00:26:57
72 Dominique Webster	00:27:00
88 Kirsten Porter (J)	00:28:40
90 Hannah Taylor	00:28:53
100 Lynda Gent	00:29:54
119 Catherine Thornton	00:33:49
124 Linda Hall	00:35:01
129 Dianne Swain	00:35:33

**Huddersfield Parkrun 5K - 9th July**

122 Patricia Bielby	00:24:30
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**Dalby Forest Parkrun 5K - 9th July**

118 Tina Calthorpe	00:34:49
136 Robert Calthorpe	00:38:31

**Hull Parkrun 5K - 9th July**

20 Andy Baker	00:19:32
322 Cindy Baker	00:32:32

**Leeds 10K - 10th July**

	Chip Time	Gun Time
1216 Cathy Wood	00:50:28	00:51:23

**Kilburn 7 Mile - 10th July**

20 Scott Hargreaves	00:47:02
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**St Anne's Carnival 5K - 10th July**

19 Shaun Foster	00:20:31
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**EHH Summer League, Skirlaugh 8 Mile - 12th July**

3 Phill Taylor	00:44:17	3rd Man
13 Scott Hargreaves	00:49:21	
29 Simon Ellerker	00:52:40	5th H'cap
37 Josh Taylor	00:54:09	1st JM
44 John Potter	00:55:17	
55 Ashley Porter	00:57:34	
61 Janet Potter	00:58:35	1st LV60
66 Simon Porter	00:59:38	
70 Emma Artley	01:01:28	1st LV35
90 Allan Clayton	01:04:13	
99 Bob Eyre	01:05:01	
124 Sarah Wood	01:11:27	
138 Lynda Gent	01:18:13	
140 Dave Foster	01:18:51	
143 Kirsten Porter	01:24:55	
144 Amanda Tindall	01:24:55	
145 Linda Hall	01:29:09	

**Walkington 10K - 15th July**

	Chip Time	Gun Time
6 Phill Taylor	00:34:56	00:34:58
23 Shaun Pickering	00:39:10	00:39:12
29 Josh Taylor	00:39:26	00:39:29
47 Tony Smith	00:41:50	00:41:54
48 Nick Jordan	00:41:50	00:41:54
55 Andy Baker	00:42:29	00:42:34
81 William Pike	00:44:24	00:44:38



## Club Results 2016

143 Anthony Hughes	00:47:51	00:48:29
190 Justine Sutcliffe	00:49:55	00:50:47
219 Pete Royal	00:51:11	00:52:03
349 Verona Petty	00:56:12	00:57:04
365 Boeey Brown	00:57:08	00:58:10
380 Tracy Donaldson	00:58:02	00:58:46
488 Charlie Kilburn	01:10:10	01:11:03

### BRR - 10K Challenge (Race 7) - Walkington 10K

#### Handicaps points based on Percentage Under/Over Target

Women	Target	Actual	Points
1 Justine Sutcliffe	00:50:47	00:49:55	50
2 Tracy Donaldson	00:58:02	00:58:02	49
3 Boeey Brown	00:57:00	00:57:08	48
4 Verona Petty	00:50:21	00:56:12	47
<b>Men</b>			
1 Josh Taylor	00:43:14	00:39:26	50
2 Anthony Hughes	00:50:43	00:47:51	49
3 Pete Royal	00:51:58	00:51:11	48
4 Bill Pike	00:44:59	00:44:24	47
5 Andy Baker	00:42:49	00:42:29	46
6 Nick Jordan	00:41:53	00:41:50	45
7 Tony Smith	00:41:43	00:41:50	44
8 Phill Taylor	00:34:20	00:34:56	43
9 Shaun Pickering	00:38:26	00:39:10	42
10 Charlie Kilburn	00:50:39	01:10:10	41

### BRR 10K Challenge (Leaders after 7 Races - Best 6 to count)

Women	Pts
1 Justine Sutcliffe	287
2 Janet Potter	196
3 Tina Calthorpe	188
<b>Men</b>	
1 Andy Baker	280
2 Dave Foster	278
3 Pete Royal	271

### Sewerby Parkrun 5K - 16th July

4 Josh Taylor	00:20:17
5 Duncan Smart	00:20:24
10 Mark Woodley	00:21:37
13 Ashley Porter (J)	00:22:21
18 Cameron Sissons (J)	00:22:59
29 Allan Clayton	00:24:16
34 Anthony Hughes	00:24:42
42 Pete Royal	00:25:48
47 Samantha Pickering	00:26:12 PB
48 Andrew Baker	00:26:34
53 Lewis Dale (J)	00:27:03
58 Zoe Ruston	00:27:16
64 Kevin Sissons	00:28:16
67 Oscar Strathearn (J)	00:28:56
69 Hannah Taylor	00:29:10
98 Lynda Gent	00:30:41
104 Luke Duffill	00:31:20
108 Amanda Tindall	00:31:34
109 Kirsten Porter (J)	00:31:34
135 Linda Hall	00:36:00
136 Debbie Duffill	00:36:01
142 Tina Calthorpe	00:36:31
143 David Duffill	00:36:37

Club Results 2016

147 Caroline Strathearn 00:36:48  
 170 Robert Calthorpe 00:46:32 Tail Runner

**Dewsbury Parkrun 5K - 16th July**

71 Patricia Bielby 00:25:30

**Hull Parkrun 5K - 16th July**

31 Bill Pike 00:21:29

**UK Ironman Triathlon, Bolton - 17th July**

	<b>Swim</b>	<b>Bike</b>	<b>Run</b>	<b>Total</b>
	<b>3.8km</b>	<b>180.2km</b>	<b>42.2km</b>	
171 Lady Becky Clifton	01:45:30	07:50:11	05:29:03	15:25:40

**No Ego Dalby Forest Trail Run - 17th July**

**Half Marathon**

69 Simon Porter 02:06:31  
 70 Emma Artley 02:06:33  
 92 Justine Sutcliffe 02:13:09  
 93 Cathy Wood 02:13:09  
 148 Charlie Kilburn 02:27:12  
 174 Dave Foster 02:38:19

**10K**

11 Andy Baker 00:56:06  
 49 Bob Eyre 01:08:42  
 52 Boeey Brown 01:10:02  
 59 Dominique Webster 01:11:42  
 118 Vickie Ellerker 01:21:56  
 173 Lynda Gent 01:42:43  
 174 Cindy Baker 01:42:43  
 175 Catherine Thornton 01:42:43  
 176 Caroline Chard 01:42:44

**CoH Champagne League, Lockington 4.3 mile - 19th July**

10 Scott Hargreaves 00:26:05  
 22 Simon Ellerker 00:27:25  
 88 Dave Foster 00:35:27

**Sewerby Parkrun 5K - 23rd July**

10 Nick Jordan 00:19:23  
 11 Simon Ellerker 00:19:24  
 12 Lewis Dale (J) 00:20:07  
 15 Duncan Smart 00:20:26  
 21 Bill Pike 00:21:05 PB  
 29 Mark Woodley 00:22:11  
 47 Jason Pointez 00:23:40  
 48 Zoe Ruston 00:23:42  
 50 Luke Duffill 00:23:45  
 53 Justine Sutcliffe 00:23:54  
 54 Simon Knowles 00:23:56  
 56 Anthony Hughes 00:24:02  
 60 Allan Clayton 00:24:17  
 66 Pete Royal 00:24:36  
 82 Oscar Strathearn (J) 00:26:27 PB  
 112 Hannah Taylor 00:29:34  
 121 Lynda Gent 00:30:02  
 129 Charlie Kilburn 00:30:55  
 147 Debbie Duffill 00:34:39  
 148 Kevin Sissons 00:34:40  
 150 Linda Hall 00:35:05  
 153 Caroline Strathearn 00:35:24

Club Results 2016

154 Tina Calthorpe	00:35:26
159 David Duffill	00:36:11
160 Sandra Orlando	00:36:13
168 Robert Calthorpe	00:40:15
169 Dian Crone	00:40:17

**Dalby Forest Parkrun 5K - 23rd July**

17 Simon Porter	00:21:10 PB
73 Kirsten Porter	00:28:23

**Huddersfield Parkrun 5K - 23rd July**

152 Patricia Bielby	00:24:43
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**Yorkshire Wolds Half Marathon, Bishop Wilton - 23rd July**

1 Phill Taylor	01:18:47
22 Josh Taylor	01:38:28
51 Janet Potter	01:53:25 1st V40 (5th Lady)
103 Kevin Lewis	02:08:28
134 Colin Parcell	02:24:30
Dave Foster	DNF

**Burton Constable 10K Trail Race - 24th July**

7 Scott Hargreaves	00:38:45
21 Duncan Smart	00:42:47
28 Bill Pike	00:44:08
62 Anthony Hughes	00:49:13
96 Dave Foster	00:53:52

**Fun Run - 2.75km**

2 Shaun Foster	00:11:03
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**EHH Summer League, Hedon 4 Mile - 26th July**

3 Phill Taylor	00:21:29 3rd Man
12 Scott Hargreaves	00:23:50
19 Josh Taylor	00:24:44 1st JM
21 Simon Ellerker	00:24:53
36 John Potter	00:26:33
38 Ashley Porter	00:26:45
60 Janet Potter	00:28:46 1st LV60
70 Emma Artley	00:29:22
75 Sarah Wood	00:29:43
76 Allan Clayton	00:29:45
106 Pete Royal	00:31:20
109 Bob Eyre	00:31:28
114 Judy Allison	00:31:48
124 Rose Shipley	00:33:02
134 Dominique Webster	00:33:40
138 Kirsten Porter	00:33:59 6th H'cap
139 Simon Porter	00:34:02
165 Dave Foster	00:36:27
171 Lynda Gent	00:38:04
179 Amanda Tindall	00:40:11
185 Linda Hall	00:43:07
186 Tina Calthorpe	00:43:40

**Kirsten Porter 4th in Handicap League**

**Sewerby Parkrun 5K - 30th July**

9 Nick Jordan	00:19:31
10 Josh Taylor	00:19:37
18 Andy Baker	00:20:51
23 Emily Carver (J)	00:21:09 1st Lady
34 Jason Pointez	00:22:49

Club Results 2016

50 Sarah Wood	00:24:25
61 Oscar Strathearn (J)	00:25:57 PB
67 Cathy Wood	00:26:11
122 Lynda Gent	00:30:46
132 Debbie Duffill	00:33:57
133 Luke Duffill	00:33:57
134 Cindy Baker	00:34:02
143 Catherine Thornton	00:34:49
155 Tina Calthorpe	00:37:06
156 Dianne Swain	00:37:06
162 David Duffill	00:38:04
170 Dian Crone	00:41:16
171 Rob Calthorpe	00:41:16
180 Kevin Sissons	00:56:23 Tail Runner

**Hull Parkrun 5K - 30th July**

22 Ashley Porter (J)	00:20:15
27 Simon Porter	00:20:29
202 Kirsten Porter (J)	00:27:54
246 Amanda Tindall	00:29:54

**Huddersfield Parkrun 5K - 30th July**

133 Patricia Bielby	00:24:13
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**Great Grimsby 10K - 31st July**

	Chip Time	Gun Time
140 Ashley Porter	00:42:11	00:42:25
211 Simon Porter	00:44:33	00:44:45
733 Caroline Chard	00:56:14	00:57:13
777 Hannah Taylor	00:57:18	00:58:20
938 Lynda Gent	01:01:37	01:02:37
1005 Kirsten Porter	01:04:00	01:04:59
1007 Amanda Tindall	01:04:00	01:05:00

**Sewerby Parkrun 5K - 6th August**

5 Josh Taylor	00:19:12 PB
10 Nick Jordan	00:20:14
14 Martin Booth	00:20:43
15 Mark Woodley	00:20:47
18 Andy Baker	00:21:02
27 Tom King (J)	00:22:25
35 Simon Porter	00:23:05
38 Allan Clayton	00:23:30
41 Justine Sutcliffe	00:23:51
50 Pete Royal	00:24:40
52 Ashley Porter (J)	00:24:43
65 Dave Foster	00:25:36
72 Oscar Strathearn (J)	00:26:21
84 Luke Duffill	00:27:39
89 Anthony Hughes	00:27:50
92 Kirsten Porter (J)	00:28:14
112 Anne Hunter	00:30:17
131 Cindy Baker	00:32:37 PB
132 Kevin Sissons	00:32:37
141 Sandra Orlando	00:34:13 PB
147 Debbie Duffill	00:34:58
149 Linda Hall	00:35:10
152 David Duffill	00:36:35
165 Caroline Strathearn	00:41:46
175 Jason Pointez	00:45:19 Tailrunner

Club Results 2016

**Dalby Forest Parkrun 5K - 6th August**

111 Lynda Gent	00:29:30
146 Tina Calthorpe	00:35:18
150 Rob Calthorpe	00:38:09

**Huddersfield Parkrun 5K - 6th August**

133 Patricia Bielby	00:24:08
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**Asda foundation York 10K - 7th August**

	Chip Time	Gun Time
1197 Cathy Wood	00:52:17	00:53:39
1781 April Exley	00:54:31	00:59:00
4544 Catherine Thornton	01:15:03	01:24:23

**Ravenscar Rumble 4.7 mile Trail Race - 9th August**

30 Dave Foster	00:50:59
44 Wendy Foster	01:00:20 1st LV50

**Sewerby Parkrun 5K - 13th August**

1 Phill Taylor	00:17:33
4 Nick Jordan	00:19:16
5 Josh Taylor	00:19:48
9 Martin Booth	00:20:19
10 Duncan Smart	00:20:28
25 Anthony Hughes	00:22:49
31 Simon Porter	00:23:04
37 Allan Clayton	00:23:29
39 Zoe Ruston	00:23:31
40 Ashley Porter (J)	00:23:35
43 Janet Potter	00:24:18
44 Justine Sutcliffe	00:24:20
48 Pete Royal	00:24:50
49 Patricia Bielby	00:24:55
50 Bob Eyre	00:24:56
68 Dominique Webster	00:25:43
72 Zoe Ellis	00:26:21
103 Lyndon Spivey	00:28:58
107 Kevin Sissons	00:29:10
108 Louise Foster (J)	00:29:13
109 Dave Foster	00:29:15
112 Kirsten Porter (J)	00:29:18
113 Hannah Taylor	00:29:19
126 Lynda Gent	00:30:21
129 Simon Knowles	00:30:37
154 Catherine Thornton	00:35:12
161 Debbie Duffill	00:35:54
169 Linda Hall	00:36:15
176 Tina Calthorpe	00:37:05
179 David Duffill	00:38:26
185 Dian Crone	00:39:04

**Fountains Abbey Parkrun 5K - 13th August**

24 Andy Baker	00:20:42 PB
229 Cindy Baker	00:32:48

**Hardmoors Wainstones off-road Marathon - 14th August**

61 Mike Hall	05:58:59
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**Sewerby Parkrun 5K - 20th August**

1 Phill Taylor	00:17:22
7 Nick Jordan	00:19:17

## Club Results 2016

8	Josh Taylor	00:19:24
12	Martin Booth	00:20:37
16	Duncan Smart	00:21:07
20	Mark Woodley	00:21:27
22	Matt Pilling	00:21:36
53	Bob Eyre	00:25:18
59	Zoe Ruston	00:25:37
60	Cameron Sissons (J)	00:25:38
61	Jason Pointez	00:25:50
71	Zoe Ellis	00:26:49
94	Lyndon Spivey	00:28:37
103	Hannah Taylor	00:29:10
115	Lynda Gent	00:30:32
129	Stephanie Harper (J)	00:31:47
137	Chris Phelps Snr	00:32:32
154	Sandra Orlando	00:34:59
157	Linda Hall	00:35:46
160	Tina Calthorpe	00:36:04
162	Kevin Sissons	00:36:32

### **Huddersfield Parkrun 5K - 20th August**

159	Patricia Bielby	00:25:16
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### **Woodhouse Moor Parkrun 5K - 20th August**

186	Booey Brown	00:27:32
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### **Pontefract Parkrun 5K - 20th August**

6	Simon Ellerker	00:19:44
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### **Keswick Parkrun 5K - 20th August**

9	Michael Hirst	00:20:09
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### **Escrick 10K - 21st August**

20	Scott Hargreaves	00:38:41
49	Duncan Smart	00:42:21
57	Andy Baker	00:42:51
87	Anthony Hughes	00:45:05
127	Justine Sutcliffe	00:47:15
128	Luke Duffill	00:47:21
210	Pete Royal	00:51:14
269	Jane Welbourn	00:54:09
299	Julie Madden	00:55:21
302	Zoe Ruston	00:55:29
303	April Exley	00:55:30
453	Lynda Gent	01:03:17
537	Linda Hall	01:11:55
538	Debbie Duffill	01:11:55
558	Sandra Orlando	01:15:18
559	Cindy Baker	01:15:20
572	David Duffill	01:17:37

### **BRR 10K Challenge (Escrick Points)**

#### **Men**

1	Anthony Hughes	50
2	Luke Duffill	49
3	Duncan Smart	48
4	Andy Baker	47
5	David Duffill	46
6	Pete Royal	45
7	Scott Hargreaves	44

#### **Women**

Club Results 2016

1 Justine Sutcliffe	50
2 Debbie Duffill	49
3 Linda Hall	48
4 Jane Welbourn	47
5 Lyn Gent	46
6 Julie Madden	45
7 April Exley	44
8 Sandra Orlando	43
9 Cindy Baker	42
10 Zoe Ruston	41

**Tywyn 14 mile Race the Train Trail Race - 20th August**

645 Kevin Lewis	02:31:04
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**Sewerby Parkrun 5K - 27th August**

9 Josh Taylor	00:19:28
14 Duncan Smart	00:20:33
19 Bill Pike	00:21:13
40 Emily Carver (J)	00:22:57
51 Andy Baker	00:23:47
54 Simon Knowles	00:24:02
55 Justine Sutcliffe	00:24:06
61 Cameron Sissons (J)	00:24:32
62 Zoe Ruston	00:24:32
73 Judy Allison	00:25:19
81 Luke Duffill	00:25:35
95 Zoe Ellis	00:26:53
117 Chris Phelps Snr	00:28:04
123 Sarah Hardcastle	00:28:44
144 Lynda Gent	00:30:29
170 Cindy Baker	00:32:58
171 Kevin Sissons	00:33:03
188 Sandra Orlando	00:34:56
193 Debbie Duffill	00:35:58
195 Tina Calthorpe	00:36:05
196 Linda Hall	00:36:12
203 Oscar Strathearn (J)	00:37:25
216 Caroline Strathearn	00:39:50
218 David Duffill	00:39:57

**Huddersfield Parkrun 5K - 27th August**

143 Patricia Bielby	00:24:42
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**Clumber Park Parkrun 5K - 27th August**

25 Ashley Porter	00:20:54
34 Simon Porter	00:21:40
117 Kirsten Porter	00:27:37
159 Amanda Tindall	00:30:34

**Gilberdyke 10 Mile - 28th August**

	Chip Time	Gun Time
67 Bill Pike	01:13:11	01:13:25
100 Anthony Hughes	01:16:49	01:16:57

**Sewerby Parkrun 5K - 3rd September**

3 Simon Ellerker	00:19:26
7 Martin Booth	00:20:04
8 Duncan Smart	00:20:06
11 Matt Pilling	00:20:35 PB
12 Bill Pike	00:20:48 PB
19 Simon Porter	00:21:49

## Club Results 2016

25 Harvey Roberts (J)	00:22:27
31 Jason Pointez	00:22:51
33 Cameron Sissons (J)	00:22:56
38 Anthony Hughes	00:23:24
39 Simon Knowles	00:23:27
41 Allan Clayton	00:23:39
43 Andy Baker	00:23:53
44 Janet Potter	00:24:12
49 Pete Royal	00:24:45
54 Zoe Ruston	00:25:12
55 Mark Woodley	00:25:24
67 April-Marie Exley	00:26:44 PB
68 Dave Foster	00:26:51
84 Mandy Holah	00:28:31
88 Kirsten Porter (J)	00:28:41
105 Lynda Gent	00:30:34
109 Stephanie Harper (J)	00:31:08
120 Sandra Orlando	00:33:24 PB
131 Debbie Duffill	00:35:02
133 Linda Hall	00:35:13
134 David Duffill	00:35:56
135 Tina Calthorpe	00:36:06
165 Hannah Taylor	00:47:04 Tail Runner
166 Kevin Sissons	00:52:23 Tail Runner

### Huddersfield Parkrun 5K - 3rd September

142 Patricia Bielby	00:24:35
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### BRR Downhill Mile - 3rd September

Hywel Jones (Gst)	04:35
Scott Hargreaves	04:52
Josh Taylor	05:03
Duncan Smart	05:06
Ashley Porter	05:10
Mark Woodley	05:12
Amy Connolly (Gst)	05:19
Matt Pilling	05:20
Shaun Foster	05:23
Martin Booth	05:23
Robert Davies (Gst)	05:27
Andy Baker	05:27
Tony Hughes	05:36
Debbie Church (Gst)	05:38
Luke Duffill	05:46
Allan Clayton	05:47
Simon Knowles	05:47
Zoe Ruston	05:55
Justine Sutcliffe	05:55
Jason Pointez	06:05
Janet Potter	06:23
Pete Royal	06:23
Regan Exley (Gst)	06:35
April-Marie Exley	06:44
Kirsten Porter	06:45
Dave Foster	06:47
Jessica Woodley	07:03
Louise Foster	07:14
Lyn Gent	07:46
Amanda Tindall	08:03
Sandra Orlando	08:17
David Duffill	08:21



Club Results 2016

Linda Hall	08:30
Debbie Duffill	08:37
Nathan Pilling (Gst)	09:45

**Major Stone Half Marathon, Lockington - 4th September**

2 Phill Taylor	01:15:14
39 Josh Taylor	01:35:57
13 Justine Sutcliffe	01:49:11
74 Bob Eyre	01:49:16
23 Jane Welbourn	01:55:56
26 Zoe Ellis	01:58:37
27 Dominique Webster	01:59:05

**Tholthorpe 10K - 4th September**

14 Scott Hargreaves	00:37:37
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**Yorkshire Gold 5K, Wetherby - 4th September**

9 Duncan Smart	00:20:18	1st M45
20 Zoe Ruston	00:23:49	1st LV35

**Malton & Norton 12K Rotary Trail Race - 4th September**

Cathy Wood	01:16:00
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**Sewerby Parkrun 5K - 10th September**

1 Phill Taylor	00:17:12
5 Scott Hargreaves	00:18:23 PB
6 Nick Jordan	00:19:29
9 Josh Taylor	00:19:54
11 Martin Booth	00:20:03
12 Duncan Smart	00:20:12
13 Mark Woodley	00:20:26
15 Bill Pike	00:20:34 PB
17 Matt Pilling	00:20:44
25 Ashley Porter (J)	00:22:08
35 Simon Knowles	00:23:02 PB
36 Simon Porter	00:23:06
37 Cameron Sissons (J)	00:23:14
40 Luke Duffill	00:23:32 PB
41 Justine Sutcliffe	00:23:45
53 Pete Royal	00:24:59
55 Patricia Bielby	00:25:09
59 Anthony Hughes	00:25:33
61 Rose Shipley	00:25:38
62 Zoe Ruston	00:25:43
64 Bob Eyre	00:26:05
68 Dave Foster	00:26:29
76 Kirsten Porter (J)	00:27:32
79 Mandy Holah	00:27:47
82 Kevin Sissons	00:28:00
108 Lynda Gent	00:30:49
112 Amanda Tindall	00:31:52
117 Sandra Orlando	00:32:07 PB
126 Debbie Duffill	00:33:51
131 Tina Calthorpe	00:35:01
134 Caroline Strathearn	00:35:27
135 Catherine Thornton	00:37:07
138 Dian Crone	00:37:35
156 Dominique Webster	00:54:22 Tail Runner

**Great North Run - 11th September**

459 Ben Proctor	01:26:40
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Club Results 2016

3303 Jason Pointez	01:43:33
17695 Tom Pownall	02:12:03
34009 Linda Hall	02:48:22
35866 David Duffill	02:55:20

**Vale of York Half Marathon, Sherburn in Elmet - 11th September**

	Chip Time	Gun Time
291 Anthony Hughes	01:36:00	01:36:21

**Sewerby Parkrun 5K - 17th September**

5 Simon Ellerker	00:19:25
11 Nick Jordan	00:20:43
12 Duncan Smart	00:20:47
13 Bill Pike	00:20:56
26 Ashley Porter (J)	00:23:44
28 Simon Porter	00:24:12
31 Pete Royal	00:24:40
37 Cameron Sissons (J)	00:25:40
39 Andy Baker	00:25:48
44 Simon Knowles	00:26:23
54 Oscar Strathearn (J)	00:27:07
62 Mandy Holah	00:27:54
65 Vickie Ellerker	00:28:19
68 Caroline Chard	00:28:33
69 Kirsten Porter (J)	00:28:34
72 Zoe Ruston	00:28:44
73 Lyndon Spivey	00:28:45
84 Hannah Taylor	00:30:01
91 Lynda Gent	00:30:45
104 Sandra Orlando	00:32:30
106 Cindy Baker	00:32:51
107 Kevin Sissons	00:32:52
122 Linda Hall	00:35:08
124 Stephanie Harper (J)	00:35:45
128 David Duffill	00:36:29
129 Dian Crone	00:36:30 PB

**Perth Parkrun 5K - 17th September**

22 Anthony Hughes	00:20:55 PB
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**Hull Marathon - 18th September**

	Chip Time	Gun Time
82 Nick Jordan	03:27:29	03:27:36
209 Simon Knowles	03:58:21	03:58:35
40 <b>Bridlington Belles</b>	<u>04:37:17</u>	<u>04:37:28</u> 13th Female
Justine Sutcliffe	01:53:33	
Sandra Orlando	02:43:56	
5 <b>Three Men &amp; A Little Lady</b>	<u>03:01:01</u>	<u>03:01:12</u> 1st Mixed
Sarah Wood	00:46:09	
Duncan Smart	00:50:27	
Josh Taylor	00:49:22	
Andy Baker	00:35:16	
9 <b>Simon's Angels</b>	<u>03:20:43</u>	<u>03:20:50</u> 3rd Mixed
Simon Porter	00:44:31	
Emma Artley	00:57:42	
Janet Potter	00:58:50	
Zoe Ruston	00:39:50	

## Club Results 2016

<b>32 Bob's Babes</b>	<u>03:42:51</u>	<u>03:43:14</u> 18th Mixed
Julie Madden	00:52:51	
Jane Welbourn	01:02:43	
Bob Eyre	01:00:53	
Verona Petty	00:46:49	
<b>55 Dude with Boobs</b>	<u>04:04:16</u>	<u>04:04:28</u> 36th Mixed
Linda Hall	01:03:53	
Luke Duffill	00:57:42	
April Exley	01:06:09	
Debbie Duffill	00:56:46	
<b>68 Brid &amp; Proud</b>	<u>04:15:03</u>	<u>04:15:14</u> 7th Female
Amanda Tindall	01:02:45	
Caroline Chard	01:10:20	
Dominique Webster	01:09:34	
Lyn Gent	00:52:38	

### Hull Marathon 3 Mile Junior Race - 18th September

5 Shaun Foster 00:20:22 1st Yr 11

### Filey Beach 10K - 18th September

39 Cathy Wood 00:55:51  
51 Mandy Holah 01:00:48

### Sewerby Parkrun 5K - 24th September

5 Nick Jordan 00:19:29  
7 Michael Hirst 00:20:01  
9 Matt Pilling 00:20:04 PB  
12 Duncan Smart 00:20:23  
14 Bill Pike 00:20:35  
15 Harvey Roberts (J) 00:20:38 PB  
19 Mark Woodley 00:21:20  
34 Luke Duffill 00:22:50 PB  
35 Allan Clayton 00:23:00  
47 Simon Porter 00:24:01  
53 Bob Eyre 00:24:59  
58 Zoe Ruston 00:25:21  
59 Anthony Hughes 00:25:22  
66 Dominique Webster 00:26:11  
73 Mike Hall 00:26:40  
74 Cathy Wood 00:26:46  
79 Mandy Holah 00:27:23  
105 Lynda Gent 00:30:02  
108 Stephanie Harper (J) 00:30:25  
126 Sandra Orlando 00:31:50  
138 Debbie Duffill 00:33:42  
139 Linda Hall 00:33:50  
144 Dian Crone 00:35:27 PB  
145 Kevin Sissons 00:35:28  
146 Dave Duffill 00:35:47  
154 Tina Calthorpe 00:37:18  
168 Wendy Foster 00:48:57 A Tailrunner

### Keswick Parkrun 5K - 24th September

4 Scott Hargreaves 00:18:48

### Brighthouse Parkrun 5K - 24th September

95 Patricia Bielby 00:25:36

### Sherwood Pines Parkrun 5K - 24th September

Club Results 2016

18 Simon Knowles 00:22:43 PB

**Sutton Park 10K - 25th September**

32 Anthony Hughes 00:44:34  
 52 Luke Duffill 00:47:11  
 53 Janet Potter 00:47:29  
 60 Justine Sutcliffe 00:48:10  
 83 Dave Foster 00:50:32  
 87 Liz Chapman Stevenson 00:50:46  
 103 Pete Royal 00:52:09  
 106 Jane Welbourn 00:52:17  
 107 Cathy Wood 00:52:22  
 115 Julie Madden 00:53:33  
 120 April-Marie Exley 00:54:30  
 128 Booe Brown 00:56:09  
 174 Lynda Gent 01:02:19  
 192 Sandra Orlando 01:12:46

**BRR - 10K Challenge (Race 9) - Sutton Park 10K**

**Handicaps points based on Percentage Under/Over Target**

Men	Target	Actual	Diff %	Points
1 Dave Foster	00:54:52	00:50:32	-7.90%	50
2 Anthony Hughes	00:45:22	00:44:34	-1.76%	49
3 Luke Duffill	00:47:59	00:47:11	-1.67%	48
4 Pete Royal	00:51:43	00:52:09	0.84%	47
<b>Women</b>				
1 Janet Potter	00:49:09	00:47:29	-3.39%	50
2 Cathy Wood	00:54:10	00:52:22	-3.32%	49
3 Justine Sutcliffe	00:49:28	00:48:10	-2.63%	48
4 Lynda Gent	01:03:41	01:02:19	-2.15%	47
5 Julie Madden	00:54:43	00:53:33	-2.13%	46
6 Jane Welbourn	00:53:16	00:52:17	-1.85%	45
7 April Exley	00:55:10	00:54:30	-1.21%	44
8 Booe Brown	00:56:43	00:56:09	-1.00%	43
9 Liz Chapman Stevenson	00:49:02	00:50:46	3.54%	42
10 Sandra Orlando	01:07:04	01:12:46	8.50%	41

**BRR 10K Challenge (Leaders after 9 Races)**

**Best 6 Scores to Count**

Women	Pts
1 Justine Sutcliffe	295
2 Janet Potter	246
3 Lynda Gent	233
<b>Men</b>	
1 Dave Foster	288
2 Andy Baker	284
3 Pete Royal	280

**Run Preston 5K - 25th September**

10 Shaun Foster 00:20:43

**Sewerby Parkrun 5K - 1st October**

4 Nick Jordan 00:18:56  
 6 Josh Taylor 00:19:26  
 10 Duncan Smart 00:19:54 PB  
 13 Bill Pike 00:20:38  
 26 Ashley Porter (J) 00:22:40  
 31 Simon Porter 00:23:23  
 37 Zoe Ruston 00:23:42  
 40 Tim Puleston 00:23:56  
 46 Pete Royal 00:24:41

## Club Results 2016

49 Patricia Bielby	00:25:05
53 Cameron Sissons (J)	00:25:47
79 Kirsten Porter (J)	00:27:49
100 Lynda Gent	00:29:18
124 Sandra Orlando	00:32:15
129 Linda Hall	00:33:08
130 Debbie Duffill	00:33:16
140 Kevin Sissons	00:35:32
141 Dian Crone	00:35:33
149 Tina Calthorpe	00:35:59
152 David Duffill	00:36:53
167 Simon Knowles	00:49:56 Tailrunner

### Lincoln Half Marathon - 2nd October

	Chip Time	Gun Time
690 Bob Eyre	01:49:17	01:52:05 1st MV70
963 Dominique Webster	01:56:29	01:57:58

### Chester Marathon - 2nd October

	Chip Time	Gun Time
244 Martin Smith	03:16:35	03:16:45
261 Emma Brown	03:18:01	03:18:11 5th FV40
430 Tony Smith	03:30:05	03:30:05
590 Anthony Hughes	03:41:54	03:42:13
662 Karon Colley	03:44:33	03:45:18 4th FV50
663 Pearl Bayford	03:44:33	03:45:18 5th FV50
938 Justine Sutcliffe	03:57:55	03:58:47

#### BRR 1st Female Team

### Glencoe Trail Half Marathon - 2nd October

Kevin Lewis	02:56:15
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### EYXC Bishop Wilton - 2nd October

1 Danny Brunton	00:38:42 1st Man
7 Scott Hargreaves	00:40:37
18 Phill Taylor	00:42:44
31 Josh Taylor	00:45:04
33 John Nolan	00:45:27 3rd M40
34 Simon Ellerker	00:45:28
71 Allan Clayton	00:51:52
<b>13</b> Emma Artley	00:52:50 1st L35
<b>18</b> Sarah Wood	00:54:54
81 Dave Foster	00:56:53
<b>19</b> Kerry Whitehead	00:57:15 2nd L35
<b>26</b> Cathy Wood	00:58:31 3rd L35

#### 3rd Men's Team

#### 5th Women's Team

### Sewerby Parkrun 5K - 8th October

8 Bill Pike	00:20:29 PB
10 Harvey Roberts (J)	00:20:34 PB
14 Mark Woodley	00:21:21
15 Ashley Porter (J)	00:21:32
24 Simon Knowles	00:22:38 PB
28 Tim Puleston	00:22:48
30 Luke Duffill	00:22:57
35 Jason Pointez	00:23:38
36 Janet Potter	00:23:59
37 Allan Clayton	00:23:59
38 Pete Royal	00:24:06

Club Results 2016

39 Andy Baker	00:24:07
41 Bob Eyre	00:24:54
47 Simon Porter	00:25:27
50 Dave Foster	00:25:43
55 Kirsten Porter (J)	00:26:34
58 Chris Phelps Snr	00:26:47
60 Anthony Hughes	00:26:51
69 Mandy Holah	00:27:32
89 Lyndon Spivey	00:28:29
100 Mike Hall	00:29:13
103 Hannah Taylor	00:29:17
108 Lynda Gent	00:29:51
118 Amanda Tindall	00:30:42
129 Debbie Duffill	00:33:25
130 Linda Hall	00:33:33
132 Cindy Baker	00:33:37
146 Dian Crone	00:35:52
147 Kevin Sissons	00:35:52
149 Tina Calthorpe	00:36:29
153 David Duffill	00:38:10
158 Catherine Thornton	00:42:24

**Hull Parkrun 5K - 8th October**

7 Josh Taylor	00:18:32 PB
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**Huddersfield Parkrun 5K - 8th October**

152 Patricia Bielby	00:24:25
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**Plusnet Yorkshire Marathon - 9th October**

	Chip Time	Gun Time
130 Nick Hellewell	03:05:47	03:05:59
449 Duncan Smart	03:26:03	03:27:50
984 Simon Porter	03:46:55	03:51:17
1093 Zoe Ruston	03:52:43	03:54:45
1203 Mike Hall	03:56:41	03:57:44
3141 Charlie Kilburn	05:03:23	05:04:34
3724 Sandra Orlando	06:07:13	06:15:17

**Plusnet Yorkshire 10 Mile - 9th October**

	Chip Time	Gun Time
104 Matt Pilling	01:08:29	01:08:49
157 Mark Woodley	01:11:21	01:11:41

**Jim Dingwall 10K - 9th October**

	Chip Time	Gun Time
2 Danny Brunton	00:34:58	00:34:59 2nd Man
7 Scott Hargreaves	00:37:24	00:37:26
46 Bill Pike	00:42:29	00:42:33

**Chicago Marathon - 9th October**

6830 Sarah Wood	03:40:07
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**Perkins Great Eastern - Anna's Hope Fun Run - 9th October**

	Chip Time	Gun Time
26 Shaun Foster	00:20:08	00:20:09

**Sewerby Parkrun 5K - 15th October**

1 Scott Hargreaves	00:18:47
3 Josh Taylor	00:19:16
4 Simon Ellerker	00:19:18 PB
6 Nick Jordan	00:19:45

## Club Results 2016

12 Michael Hirst	00:20:27
13 Matt Pilling	00:20:29
14 Duncan Smart	00:20:32
25 Mark Woodley	00:22:18
31 Tim Puleston	00:23:05
35 Simon Knowles	00:23:33
37 Zoe Ruston	00:23:46
42 Pete Royal	00:24:29
56 Chris Phelps Snr	00:25:57
60 Dave Foster	00:26:24
61 Jason Pointez	00:26:30
66 Oscar Strathearn (J)	00:26:59
78 Caroline Chard	00:28:14
80 Simon Porter	00:28:28
81 Kirsten Porter (J)	00:28:29
95 Stephanie Harper (J)	00:30:01
102 Megan Saywell ?	00:30:48
112 Linda Hall	00:33:16
115 Debbie Duffill	00:33:53
125 Caroline Strathearn	00:35:42
128 Dian Crone	00:36:31
129 Kevin Sissons	00:36:32
130 David Duffill	00:38:46
138 Catherine Thornton	00:43:27

### Huddersfield Parkrun 5K - 15th October

160 Patricia Bielby	00:24:48
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### Hull Parkrun 5K - 15th October

19 Bill Pike	00:20:17 PB
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### Bridlington Half Marathon - 16th October

	Chip Time	Gun Time
23 Josh Taylor	01:26:45	01:26:45
25 Nick Jordan	01:27:40	01:27:42 1st V35
61 Tony Smith	01:33:48	01:33:52
78 Bill Pike	01:36:18	01:36:27
90 Mark Woodley	01:37:31	01:37:33
136 Emma Artley	01:42:36	01:42:41 1st LV35
154 Allan Clayton	01:43:56	01:44:00
201 Bob Eyre	01:48:07	01:48:10 1st V70
211 Sarah Wood	01:48:52	01:48:55
263 Kerry Whitehead	01:53:14	01:53:37
268 Kevin Lewis	01:54:00	01:54:03
292 Jane Welbourn	01:55:56	01:56:19
320 Julie Madden	01:59:13	01:59:37
334 Heidi Baker	02:01:19	02:01:47
339 Mandy Holah	02:01:49	02:02:10
401 Sheila Preston	02:08:05	02:08:30
421 Louisa Evans	02:11:22	02:11:51
422 Katie Pattison	02:11:22	02:11:51
428 Simon Ellerker	02:12:38	02:12:41
429 Vickie Ellerker	02:12:38	02:12:41
429 Tina Calthorpe	02:50:08	02:50:31

### Bridlington Fun Run

1 Shaun Foster	6.38
2 Emily Carver	7.11
5 Stephanie Harper	7.49
7 Benjamin Blackford	8.11
9 Oscar Strathearn	8.27

## Club Results 2016

13 Layla Gascoigne	9.24
16 Adrienne Collins	10.15
20 Libby Harper	10.39
28 Mylie Buckingham	11.32

### Sewerby Parkrun 5K - 22nd October

2 Scott Hargreaves	00:18:30
3 Josh Taylor	00:19:09 PB
10 Matt Pilling	00:20:04
12 Duncan Smart	00:20:18
14 Bill Pike	00:20:58
15 Mark Woodley	00:21:05
16 Andy Baker	00:21:18
21 Simon Porter	00:21:55
27 Ashley Porter (J)	00:22:29
33 Tim Puleston	00:22:54
34 Simon Knowles	00:23:05
35 Luke Duffill	00:23:05
38 Zoe Ruston	00:23:10
42 Janet Potter	00:23:36
48 Justine Sutcliffe	00:24:09
50 Pete Royal	00:24:31
53 Anthony Hughes	00:24:39
59 Cameron Sisson (J)	00:25:10
85 Dave Foster	00:26:50
92 Mandy Holah	00:27:34
107 Hannah Taylor	00:28:52
111 Lynden Spivey	00:29:01
136 Sandra Orlando	00:32:33
139 Amanda Tindall	00:33:01
140 Kirsten Porter (J)	00:33:01
143 Linda Hall	00:33:27
144 Cindy Baker	00:33:30
145 Kevin Sissons	00:33:30
147 Debbie Duffill	00:34:01
158 David Duffill	00:36:26
159 Tina Calthorpe	00:37:04
167 Dian Crone	00:41:12
171 Catherine Thornton	00:42:57

### Hardmoors Rabbit Run 5K, Danby - 23rd October

6 Mark Woodley	00:22:57
8 Danny Winterbottom	00:24:22

### Sewerby Parkrun 5K - 29th October

3 Josh Taylor	00:18:43 PB
9 Bill Pike	00:20:32
14 Michael Hirst	00:21:27
15 Mark Woodley	00:21:30
18 Simon Porter	00:21:36
24 Daniel Winterbottom	00:22:08
27 Ashley Porter (J)	00:22:21
30 Tim Puleston	00:22:26
37 Jason Pointez	00:23:25
39 Andy Baker	00:23:39
50 Anthony Hughes	00:24:36
55 Patricia Bielby	00:25:16
58 Cameron Sissons (J)	00:25:56
76 Kirsten Porter (J)	00:27:32
85 Zoe Ruston	00:28:17
95 Stephanie Harper (J)	00:28:55



Club Results 2016

101 Kevin Sissons	00:29:26
115 Sandra Orlando	00:31:39 PB
123 Linda Hall	00:33:40
124 Luke Duffill	00:33:41
125 Becky Lawry	00:33:42
129 Libby Harper (J)	00:34:40 PB
139 Dave Duffill	00:36:00
145 Tina Calthorpe	00:36:44
146 Lynda Gent	00:36:45
159 Dian Crone	00:42:45

**Brierley Forest Parkrun 5K - 29th October**

24 Simon Knowles	00:23:46
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**McCains Yorkshire Coast 10K, Scarborough - 30th October**

	Chip Time	Gun Time
6 Danny Brunton	00:34:49	00:34:51
16 Josh Taylor	00:37:10	00:37:13
33 Scott Hargreaves	00:38:36	00:38:41
44 Nick Jordan	00:39:14	00:39:19
69 Martin Smith	00:40:00	00:40:16
74 Tony Smith	00:40:17	00:40:34
82 John Potter	00:40:34	00:40:47 1st MV60
87 Duncan Smart	00:40:56	00:41:03
99 Andy Baker	00:41:04	00:41:22
107 Mark Woodley	00:41:26	00:41:32
134 Michael Hirst	00:42:10	00:42:18
171 Anthony Hughes	00:43:25	00:43:34
208 Simon Porter	00:44:26	00:44:35
239 Luke Duffill	00:45:20	00:45:34
241 Daniel Winterbottom	00:45:29	00:45:36
243 Janet Potter	00:45:27	00:45:41 1st LV60
253 Emma Artley	00:45:41	00:45:55
272 Allan Clayton	00:46:10	00:46:24
276 Zoe Ruston	00:46:07	00:46:27
291 Justine Sutcliffe	00:46:39	00:46:53
389 Pete Royal	00:48:41	00:49:00
391 Kevin Lewis	00:48:47	00:49:05
399 Bob Eyre	00:48:57	00:49:28 1st V70
404 Dave Foster	00:49:05	00:49:34
419 Kerry Whitehead	00:49:25	00:49:53
515 Paul Smith	00:50:43	00:51:50
524 Dominique Webster	00:51:23	00:51:58
525 Jane Welbourn	00:51:01	00:51:58
545 Cathy Wood	00:51:08	00:52:13
563 Heidi Baker	00:52:11	00:52:46
595 Boeey Brown	00:52:46	00:53:18
598 Liz Stevenson	00:52:24	00:53:19
607 Julie Madden	00:52:29	00:53:27
668 April Exley	00:53:26	00:54:23
744 Caroline Chard	00:54:40	00:55:44
835 Sheila Preston	00:56:15	00:57:13
872 Samantha Pickering	00:56:49	00:57:51
900 Hannah Taylor	00:57:16	00:58:19
1015 Lynda Gent	00:59:09	01:00:16
1044 Bruce Pawson	00:59:22	01:00:44
1076 Kirsten Porter	01:00:00	01:01:27
1136 Simon Ellerker	01:02:55	01:03:02
1145 Amanda Tindall	01:01:44	01:03:12
1243 Sandra Orlando	01:04:00	01:05:47
1277 Linda Hall	01:05:29	01:06:48

Club Results 2016

1323	Debbie Duffill	01:06:28	01:07:47
1482	Emily Harrison	01:11:33	01:13:28
1527	David Duffill	01:14:15	01:16:02
1528	Tina Calthorpe	01:14:46	01:16:04
1584	Dian Crone	01:23:33	01:25:19
1585	Catherine Thornton	01:23:33	01:25:19

**Workshop Half Marathon - 30th October**

	Chip Time	Gun Time
973 Simon Knowles	01:52:56	01:53:45

**BRR 10K Challenge Final places - best 6 race scores from the 10 races**

<b>MEN</b>		<b>Points</b>
1	Dave Foster	<b>294</b>
2	Andy Baker	<b>284</b>
3	Pete Royal	<b>280</b>
4	Anthony Hughes	277
5	Scott Hargreaves	270
6	Bob Eyre	258
7	Josh Taylor	255
8	Duncan Smart	251
9	Nick Jordan	209
10	Phill Taylor	204
11	Allan Clayton	185
12	Simon Porter	182
13	Robert Calthorpe	174
14	Danny Brunton	167
15	Tony Smith	153
16	Luke Duffill	140
17	Mark Woodley	129
18	John Potter	124
19	Simon Ellerker	110
20	Bill Pike	93
21=	Martin Smith	90
21=	Martin Booth	90
23	Ashley Porter	87
24	David Duffill	85
25	Michael Hirst	83
26	Kevin Lewis	76
27	John Nolan	73
28	Simon Knowles	48
29	Antonio Vicente	47
30	Shaun Pickering	42
31	Charlie Kilburn	41
32	Paul Smith	34
33	Daniel Winterbottom	30
34	Bruce Pawson	28
<b>WOMEN</b>		<b>Points</b>
1	Justine Sutcliffe	<b>295</b>
2	Janet Potter	<b>294</b>
3	Lyn Gent	<b>270</b>
4	Booey Brown	234
5	Tina Calthorpe	216
6	Linda Hall	191
7	Dominique Webster	179
8	Zoe Ruston	177
9	Amanda Tindall	171
10	Jane Welbourn	166
11	Julie Madden	164
12	Verona Petty	134
13	Sandra Orlando	123

Club Results 2016

14 April	Exley	119
15 Hannah	Taylor	92
16 Debbie	Duffill	91
17 Sarah	Wood	89
18 Cathy	Wood	84
19 Sheila	Preston	78
20 Kirsten	Porter	77
21 Emma	Artley	74
22= Liz	Stevenson	68
22= Catherine	Thornton	68
24 Heidi	Baker	50
25= Tracy	Donaldson	49
25= Sharon	Kitchen	49
27 Wendy	Foster	48
28= Judy	Allison	47
28= Zoe	Ellis	47
30 Caroline	Chard	45
31 Emily	Harrison	43
32 Cindy	Baker	42
33 Kerry	Whitehead	34
34 Samantha	Pickering	32
35 Dian	Crone	24

**BRR - 10K Challenge (Race 10) - Scarborough 10K**

Handicaps points based on Percentage Under/Over Target

Men	Target	Actual	Diff %	Points	
1 Dave Foster	00:54:56	00:49:05	-10.65%	50	
2 Martin Smith	00:44:11	00:40:00	-9.47%	49	
3 Mark Woodley	00:45:07	00:41:26	-8.16%	48	
4 Josh Taylor	00:39:43	00:37:10	-6.42%	47	
5 Allan Clayton	00:49:08	00:46:10	-6.04%	46	
6 Andy Baker	00:43:33	00:41:04	-5.70%	45	
7 Bob Eyre	00:51:45	00:48:57	-5.41%	44	
8 Luke Duffill	00:47:44	00:45:20	-5.03%	43	
9 Simon Porter	00:46:31	00:44:26	-4.48%	42	
10 Pete Royal	00:50:50	00:48:41	-4.23%	41	
11 John Potter	00:42:19	00:40:34	-4.14%	40	
12 David Duffill	01:17:26	00:14:15	-4.11%	39	
13 Duncan Smart	00:42:13	00:40:56	-3.04%	38	
14 Nick Jordan	00:40:27	00:39:14	-3.01%	37	
15 Tony Smith	00:41:28	00:40:17	-2.85%	36	
16 Danny Brunton	00:35:45	00:34:49	-2.61%	35	
17 Paul Smith	00:51:56	00:50:43	-2.34%	34	
18 Michael Hirst	00:43:03	00:42:10	-2.05%	33	
19 Tony Hughes	00:44:00	00:43:25	-1.33%	32	
20 Kevin Lewis	00:49:11	00:48:47	-0.81%	31	
21 Daniel Winterbottom	00:45:51	00:45:29	-0.80%	30	
22 Scott Hargreaves	00:38:25	00:38:36	0.48%	29	
23 Bruce Pawson	00:57:33	00:59:22	3.16%	28	
24 Simon Ellerker	00:40:26	01:02:55	55.61%	27	**
<b>Women</b>					
1 Heidi Baker	01:03:59	00:52:11	-18.44%	50	**
2 Boeey Brown	00:56:53	00:52:46	-7.24%	49	
3 Janet Potter	00:48:55	00:45:27	-7.09%	48	
4 Hannah Taylor	01:01:21	00:57:16	-6.66%	47	
5 Linda Hall	01:09:52	01:05:29	-6.27%	46	
6 Caroline Chard	00:58:19	00:54:40	-6.26%	45	
7 Zoe Ruston	00:49:07	00:46:07	-6.11%	44	
8 Emily Harrison	01:16:08	01:11:33	-6.02%	43	
9 Debbie Duffill	01:10:32	01:06:28	-5.77%	42	

## Club Results 2016

10	Justine Sutcliffe	00:49:22	00:46:39	-5.50%	41
11	Amanda Tindall	01:05:01	01:01:44	-5.05%	40
12	Sandra Orlando	01:07:08	01:04:00	-4.67%	39
13	Sheila Preston	00:58:59	00:56:15	-4.63%	38
14	Lynda Gent	01:01:56	00:59:09	-4.49%	37
15	Dominique Webster	00:53:47	00:51:23	-4.46%	36
16	Cathy Wood	00:53:28	00:51:08	-4.36%	35
17	Kerry Whitehead	00:51:21	00:49:25	-3.77%	34
18	Julie Madden	00:54:31	00:52:29	-3.73%	33
19	Samantha Pickering	00:58:58	00:56:49	-3.65%	32
20	April Exley	00:55:16	00:53:26	-3.32%	31
21	Jane Welbourn	00:52:41	00:51:01	-3.16%	30
22	Emma Artley	00:47:08	00:45:41	-3.08%	29
23	Tina Calthorpe	01:16:47	01:14:46	-2.63%	28
24	Kirsten Porter	00:57:28	01:00:00	4.41%	27
25	Liz Stevenson	00:49:55	00:52:24	4.97%	26
26	Catherine Thornton	01:15:33	01:23:33	10.98%	25
27	Dian Crone	01:15:09	01:23:33	11.18%	24

\*\* Simon was unwell & no recent race data for Heidi.

### Sewerby Parkrun 5K - 5th November

2	Scott Hargreaves	00:18:53
5	Josh Taylor	00:19:53
6	Nick Jordan	00:19:59
8	Duncan Smart	00:20:29
11	Bill Pike	00:21:03
12	Andy Baker	00:21:07
13	Mark Woodley	00:21:24
17	Harvey Roberts (J)	00:21:42
18	Daniel Winterbottom	00:21:44
23	Tim Puleston	00:22:38
31	Allan Clayton	00:23:51
35	Jason Pointez	00:24:09
38	Zoe Ruston	00:24:31
40	Anthony Hughes	00:24:41
44	Luke Duffill	00:24:57
45	Justine Sutcliffe	00:25:00
47	Cameron Sissons (J)	00:25:13
57	Cathy Wood	00:26:27
62	Dave Foster	00:27:08
65	Kevin Sissons	00:27:42
72	Kirsten Porter (J)	00:28:27
73	Stephanie Harper (J)	00:28:30
87	Hannah Taylor	00:29:36
92	Amanda Tindall	00:30:11
105	April-Marie Exley	00:31:03
107	Lynda Gent	00:31:23
112	Sandra Orlando	00:33:12
116	Linda Hall	00:34:47
117	Becky Lawry	00:34:49
118	Libby Harper (J)	00:34:56
119	Sophie Wiles	00:35:02
121	Janet Downes	00:36:38
124	Tina Calthorpe	00:37:55
129	Emily Harrison	00:39:04
130	David Duffill	00:40:05
131	Dian Crone	00:40:06

### Huddersfield Parkrun 5K - 5th November

163	Patricia Bielby	00:24:37
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Club Results 2016

**Leeds 10K Morun - 5th November**

	<b>Chip Time</b>	<b>Gun Time</b>
115 Heidi Baker	00:55:23	00:55:36

**Leeds Abbey Dash 10K - 6th November**

	<b>Chip Time</b>	<b>Gun Time</b>
2592 Ben Proctor	00:47:22	00:54:05
3543 Rebecca Gilbank	00:51:58	00:59:58
3545 April-Marie Exley	00:51:58	00:59:58

**Sewerby Parkrun 5K - 12th November**

1 Josh Taylor	00:19:24
3 Nick Jordan	00:19:56
6 Bill Pike	00:21:19
10 Tim Puleston	00:22:58
14 Simon Porter	00:23:33
18 Simon Knowles	00:24:50
25 Cameron Sissons (J)	00:26:00
26 Kevin Sissons	00:26:43
34 Dominique Webster	00:28:42
41 Kirsten Porter (J)	00:29:43
49 Becky Lawry	00:30:34
53 Lynda Gent	00:31:46
55 Sandra Orlando	00:35:08
56 Sophie Wiles	00:35:09
57 Caroline Strathearn	00:35:16
59 Janet Downes	00:35:23 PB
60 Linda Hall	00:35:33
61 Debbie Duffill	00:35:40
62 Dave Duffill	00:36:49
63 Tina Calthorpe	00:37:00
65 Andy Godfrey	00:39:49

**Huddersfield Parkrun 5K - 12th November**

168 Patricia Bielby	00:24:39
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**Shakespeare Half Marathon, Stratford - 12th November**

	<b>Chip Time</b>	<b>Gun Time</b>
24 Duncan Smart	01:30:34	01:30:39
63 Zoe Ruston	01:45:46	01:45:51

**Dalby Dash 10K, Dalby Forest - 13th November**

238 Booe Brown	00:53:25
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**EYXC Drewton Woods - 13th November**

2 Danny Brunton	00:42:46
9 Phill Taylor	00:44:36
10 Scott Hargreaves	00:44:38
26 Simon Ellerker	00:48:19
28 Josh Taylor	00:48:25
30 John Nolan	00:48:33
37 Matt Pilling	00:49:19
77 Anthony Hughes	00:56:40
81 Allan Clayton	00:57:46
<b>11</b> Emma Artley	00:57:47 3rd LV35
<b>12</b> Sarah Wood	00:58:21
<b>23</b> Justine Sutcliffe	01:03:24
<b>25</b> Cathy Wood	01:03:28
<b>34</b> Becky Gilbank	01:06:18

Club Results 2016

105	Dave Foster	01:07:24
<b>41</b>	Dominique Webster	01:10:27
<b>42</b>	April-Marie Exley	01:10:35
<b>54</b>	Emily Harrison	01:33:25

**2nd Men's Team**

**5th Women's Team**

**Sewerby Parkrun 5K - 19th November**

4	Nick Jordan	00:19:21
5	Josh Taylor	00:19:36
6	Duncan Smart	00:20:02
11	Bill Pike	00:21:02
12	Mark Woodley	00:21:44
21	Andy Baker	00:22:53
23	Simon Porter	00:23:02
30	Jason Pointez	00:23:52
33	Anthony Hughes	00:24:06
36	Cameron Sissons (J)	00:25:20
51	Dominique Webster	00:27:55
53	Mike Hall	00:27:56
75	Kevin Sissons	00:30:24
86	Sandra Orlando	00:32:46
89	Amanda Tindall	00:33:32
90	Kirsten Porter (J)	00:33:32
91	Ashley Porter	00:33:32
96	Emily Harrison	00:34:56
98	Sophie Wiles	00:35:06
102	Andy Godfrey	00:39:02
103	Tina Calthorpe	00:39:14
106	Dian Crone	00:40:02

**Huddersfield Parkrun 5K - 19th November**

139	Patricia Bielby	00:24:48
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**Brid RR Constable Handicap - 20th November**

	<b>H'Cap Time</b>	<b>Handicap</b>	<b>Actual Time</b>	<b>Target Time</b>	<b>Pts</b>
1	Caroline Strathearn	01:13:50	00:00:00	01:13:50	50
2	Sarah Wood	01:14:39	00:26:00	<b>00:48:39</b>	49
3	Tim Puleston	01:15:00	00:24:00	00:51:00	50
4	Matt Pilling	01:15:58	00:33:30	00:42:28	49
5	Simon Ellerker	01:16:04	00:35:00	00:41:04	48
6	Scott Hargreaves	01:16:30	00:37:00	<b>00:39:30</b>	47
7	Andy Baker	01:16:43	00:32:30	00:44:13	46
8	Allan Clayton	01:16:48	00:26:30	00:50:18	45
9	Justine Sutcliffe	01:16:50	00:25:30	00:51:20	48
10	Janet Potter	01:17:12	00:27:00	00:50:12	47
11	Simon Porter	01:17:24	00:29:00	00:48:24	44
12	Jason Pointez	01:17:54	00:25:30	00:52:24	43
13	Josh Taylor	01:18:00	00:36:00	00:42:00	42
14	Emma Artley	01:18:06	00:28:30	00:49:36	46
15	Amanda Tindall	01:18:17	00:11:30	01:06:47	45
16	Sandra Orlando	01:18:31	00:08:00	01:10:31	44
17	John Potter	01:18:53	00:33:30	00:45:23	41
18	Emily Carver	01:19:55	00:29:30	00:50:25	43
19	Anthony Hughes	01:20:18	00:31:30	00:48:48	40
20	Dominique Webster	01:20:34	00:22:00	00:58:34	42
21	Pete Royal	01:20:40	00:25:00	00:55:40	39

**Old Deer Park Richmond 10K - 20th November**

**Chip Time                      Gun Time**

Club Results 2016

324 Debbie Duffill	01:12:32	01:13:05
345 Dave Duffill	01:15:55	01:16:28

**Sewerby Parkrun 5K - 26th November**

2 Scott Hargreaves	00:18:51	
3 Josh Taylor	00:18:51	
5 Nick Jordan	00:19:03	
7 Duncan Smart	00:19:52	PB
13 Bill Pike	00:20:40	
14 Andy Baker	00:21:03	
18 Mark Woodley	00:21:39	
21 Tim Puleston	00:22:19	
22 Daniel Winterbottom	00:22:20	
23 Allan Clayton	00:22:33	PB
27 Jason Pointez	00:23:00	
31 Cameron Sissons (J)	00:23:22	
32 Ashley Porter	00:23:23	
35 Luke Duffill	00:23:33	
43 Pete Royal	00:25:22	
46 Anthony Hughes	00:25:46	
51 Zoe Ruston	00:26:12	
53 April Exley	00:26:18	PB
57 Dave Foster	00:26:41	
63 Chris Phelps Snr	00:27:22	
67 Kirsten Porter (J)	00:27:41	
69 Simon Porter	00:27:44	
105 Linda Hall	00:34:09	
107 Kevin Sissons	00:34:12	
106 Debbie Duffill	00:34:12	
108 Sophie Wiles	00:34:21	
110 Janet Downes	00:34:49	PB
112 Becky Lawry	00:35:54	
116 Emily Harrison	00:36:14	
120 Andy Godfrey	00:37:23	
122 Tina Calthorpe	00:38:01	
128 Dian Crone	00:39:52	
135 David Duffill	00:43:20	Tail Runner

**Huddersfield Parkrun 5K - 26th November**

126 Patricia Bielby	00:25:12
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**Sewerby Parkrun 5K - 3rd December**

4 Josh Taylor	00:19:20	
5 Duncan Smart	00:19:43	PB
8 Bill Pike	00:20:25	PB
9 Andy Baker	00:20:38	
21 Allan Clayton	00:22:47	
25 Luke Duffill	00:23:03	
29 Janet Potter	00:23:34	
32 Jason Pointez	00:23:47	
33 Simon Knowles	00:24:23	
36 Zoe Ruston	00:24:41	
38 Pete Royal	00:24:48	
45 Ashley Porter	00:25:55	
48 Liz Stevenson	00:26:04	
49 April Exley	00:26:04	PB
50 Becky Gilbank	00:26:04	
54 Dave Foster	00:26:33	
59 Dominique Webster	00:26:46	
60 Cathy Wood	00:26:49	
66 Heidi Baker	00:27:48	PB

## Club Results 2016

68	Becky Lawry	00:28:00	PB
77	Kirsten Porter (J)	00:28:52	
78	Hannah Taylor	00:29:04	
93	Sandra Orlando	00:31:21	PB
94	Amanda Tindall	00:31:23	
95	Simon Porter	00:31:24	
100	Lyndon Spivey	00:31:57	
107	Cindy Baker	00:32:52	
109	Linda Hall	00:33:40	
111	Debbie Duffill	00:34:24	
112	Janet Downes	00:34:28	PB
117	Tina Calthorpe	00:35:36	
119	Andy Godfrey	00:36:42	
120	David Duffill	00:37:37	
124	Dian Crone	00:39:53	
126	Catherine Thornton	00:41:48	
128	Kevin Sissons	00:41:51	

### **Bradford Parkrun 5K - 3rd December**

99	Patricia Bielby	00:26:04	
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### **Dalby Forest Parkrun 5K - 3rd December**

58	Stuart Atkinson	00:29:50	
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### **Cannon Hill 5K, Birmingham**

7	Shaun Foster	00:17:11	
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### **Sewerby Parkrun 5K - 10th December**

4	Josh Taylor	00:19:13	
8	Duncan Smart	00:20:01	
10	Matt Pilling	00:20:39	
11	Bill Pike	00:20:46	
17	Ashley Porter	00:22:28	
18	Tim Puleston	00:22:29	
27	Anthony Hughes	00:23:12	
28	Luke Duffill	00:23:16	
30	Janet Potter	00:23:51	
31	Simon Porter	00:23:52	
44	Becky Gilbank	00:25:25	PB
53	Cathy Wood	00:26:27	
54	Chris Phelps Snr	00:26:28	
58	Allan Clayton	00:27:06	
70	Kirsten Porter (J)	00:28:09	
78	Hannah Taylor	00:29:01	
83	Kevin Sissons	00:30:05	
84	Stuart Atkinson	00:30:06	
86	Lyndon Spivey	00:30:33	
87	Sandra Orlando	00:31:42	
90	Linda Hall	00:33:35	
92	Debbie Duffill	00:34:02	
98	Tina Calthorpe	00:35:19	
100	Caroline Strathearn	00:35:33	
103	Andy Godfrey	00:36:14	
105	David Duffill	00:37:24	
112	Janet Downes	00:40:39	
113	Dian Crone	00:40:50	

### **Huddersfield Parkrun 5K - 10th December**

133	Patricia Bielby	00:25:34	
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Club Results 2016

**Goole Parkrun 5K - 10th December**

5 Andy Baker 00:21:05

**EYXC Langdale End - 11th December**

1	Phill Taylor	00:39:22
2	Danny Brunton	00:39:45
20	Scott Hargreaves	00:43:30
30	Josh Taylor	00:44:43
32	Simon Ellerker	00:45:10
44	John Potter	00:47:00
48	Richard Crawford	00:47:38
55	Matt Pilling	00:49:30
62	Anthony Hughes	00:51:36
11	Emma Artley	00:53:55 3rd L35
77	Allan Clayton	00:56:05
81	Dave Foster	00:59:07
19	Justine Sutcliffe	01:00:00 3rd L40
84	Simon Porter	01:00:47
22	Janet Potter	01:01:00 2nd L60
23	Cathy Wood	01:01:12
24	Becky Gilbank	01:01:13
36	Liz Stevenson	01:07:25
37	April Exley	01:07:25
92	Luke Duffill	01:07:25
41	Dominique Webster	01:09:56
42	Heidi Baker	01:11:12
47	Amanda Tindall	01:26:20
97	Ashley Porter	01:30:24
48	Emily Harrison	01:31:58

**Brid Men - 4th (2nd Overall)**

**Brid Women - 4th (4th Overall)**

**Humber Bridge 5K Santa Fun Run**

1 Shaun Foster 00:23:18

**Hardmoors 26.2 Roseberry Topping Trail Marathon - 11th December**

**Actually 30.57**

82 Karyn Hoggard 06:35:35

**Leeds Christmas Challenge 10K - 11th December**

	Chip Time	Gun Time
360 Becky Lawry	01:06:28	01:07:09
420 Janet Downes	01:13:26	01:14:07

**Sewerby Parkrun 5K - 17th December**

3	Josh Taylor	00:19:01
5	Nick Jordan	00:19:08
6	Duncan Smart	00:19:46
9	Harvey Roberts (J)	00:20:50
10	Bill Pyke	00:20:51
20	Simon Porter	00:22:32
23	Jason Pointez	00:23:04
26	Luke Duffill	00:23:30
30	Janet Potter	00:23:50
34	Anthony Hughes	00:24:27
35	Simon Knowles	00:24:28
37	Pete Royal	00:24:50
38	Zoe Ruston	00:25:24
40	Chris Phelps Snr	00:25:45
41	Cathy Wood	00:26:44
47	Kevin Sissons	00:27:57

Club Results 2016

53 Stuart Atkinson	00:28:17
67 Lyndon Spivey	00:30:11
72 Amanda Tindall	00:31:19
73 Kirsten Porter (J)	00:31:20
89 Linda Hall	00:33:55
90 Debbie Duffill	00:34:07
93 Andy Godfrey	00:35:18
96 Dave Duffill	00:36:06
98 Tina Calthorpe	00:36:55
99 Janet Downes	00:38:45
100 Becky Lawry	00:38:47
103 Dian Crone	00:49:44

**Huddersfield Parkrun 5K - 17th December**

112 Patricia Bielby	00:24:29
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**Goole Parkrun 5K - 17th December**

4 Andy Baker	00:20:21 PB
38 Cindy Baker	00:34:05

**Brid RR Christmas Handicap - 18th December**

	H'Cap Finish Time	Handicap	Actual Time	Target Time	Pts
1 Emily Harrison	01:17:34	00:07:30	01:10:04	01:21:30	50
2 Sandra Orlando	01:21:13	00:19:00	01:02:13	01:10:00	49
3 Becky Lawry	01:23:30	00:20:30	01:03:00	01:08:30	48
4 David Foster	01:24:20	00:30:00	00:54:20	00:59:00	50
5 Tina Calthorpe	01:24:24	00:08:30	01:15:54	01:20:30	47
6 Linda Hall	01:24:24	00:14:30	01:09:54	01:14:30	46
7 Cathy Wood	01:25:37	00:30:30	00:55:07	00:58:30	45
8 Luke Duffill	01:26:23	00:38:00	00:48:23	00:51:00	49
9 April Exley	01:26:36	00:32:30	00:54:06	00:56:30	44
10 Heidi Baker	01:26:45	00:31:00	00:55:45	00:58:00	43
11 Amanda Tindall	01:27:16	00:21:30	01:05:46	01:07:30	42
12 Janet Downes	01:27:30	00:14:00	01:13:30	01:15:00	41
13 Dominique Webster	01:27:41	00:31:30	00:56:11	00:57:30	40
14 Janet Potter	01:27:46	00:37:30	00:50:16	00:51:30	39
15 Graham Gill (Gst)	01:27:50	00:44:30	00:43:20	00:44:30	Gst
16 Scott Hargreaves	01:28:07	00:48:30	00:39:37	00:40:30	48
17 Simon Ellerker	01:28:12	00:47:00	00:41:12	00:42:00	47
18 John Potter	01:28:15	00:44:30	00:43:45	00:44:30	46
19 Phill Taylor	01:28:34	00:52:00	<b>00:36:34</b>	00:37:00	45
20 Matt Pilling	01:29:06	00:45:00	00:44:06	00:44:00	44
21 Emily Carver	01:29:29	00:40:00	<b>00:49:29</b>	00:49:00	38
22 Dian Crone	01:29:43	00:00:00	01:29:43	01:29:00	37
23 Sarah Wood	01:29:45	00:38:00	00:51:45	00:51:00	36
24 Anthony Hughes	01:29:45	00:40:30	00:49:15	00:48:30	43
25 Josh Taylor	01:30:04	00:47:30	00:42:34	00:41:30	42
26 Caroline Strathearn	01:31:08	00:12:00	01:19:08	01:17:00	35
27 Andy Baker	01:32:00	00:43:30	00:48:30	00:45:30	41
28 Bob Eyre	01:32:45	00:34:30	00:58:15	00:54:30	40

**Sewerby Parkrun 5K - 24th December**

5 Scott Hargreaves	00:19:01
8 Nick Jordan	00:19:24
12 Josh Taylor	00:20:01
13 Duncan Smart	00:20:09
20 Andy Baker	00:21:37
26 Tim Puleston	00:22:28
28 Mark Woodley	00:22:42
38 Anthony Hughes	00:23:12

## Club Results 2016

39 Simon Porter	00:23:13
45 Allan Clayton	00:23:47
46 Cameron Sissons (J)	00:24:03
53 Janet Potter	00:24:23
54 John Potter	00:24:24
60 Ashley Porter	00:24:44
75 Pete Royal	00:25:42
76 April Exley	00:25:43 PB
86 Becky Gilbank	00:26:12
99 Cathy Wood	00:27:15
101 Justine Sutcliffe	00:27:25
103 Jason Pointez	00:27:26
108 Carolyn Allanson	00:27:50
127 Kirsten Porter (J)	00:28:54
128 Stuart Atkinson	00:29:01
134 Lyndon Spivey	00:30:06
144 Kevin Sissons	00:30:50
152 Sandra Orlando	00:31:18 PB
158 Sharon Kitchen	00:31:36
178 Becky Lawry	00:34:07
185 Janet Downes	00:35:44
197 Tina Calthorpe	00:37:54
198 Dave Foster	00:38:16
204 Zoe Ruston	00:42:52
205 Cindy Baker	00:42:53
218 Dian Crone	00:50:08

### **Hull Parkrun 5K - 24th December**

22 Bill Pike	00:20:31
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### **Huddersfield Parkrun 5K - 24th December**

162 Patricia Bielby	00:25:13
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### **Dalby Forest Parkrun 5K - 24th December**

115 Wendy Foster	00:29:08
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### **EHH Boxing Day 10K, Hull - 26th December**

10 Scott Hargreaves	00:37:50
50 Bill Pike	00:43:31

### **Sewerby Parkrun 5K - 31st December**

2 Scott Hargreaves	00:18:38
4 Nick Jordan	00:19:17
7 Duncan Smart	00:20:04
12 Anthony Hughes	00:22:05
19 Ashley Porter	00:22:45
22 Simon Porter	00:22:54
23 Jason Pointez	00:22:57
24 Mark Woodley	00:23:10
26 Allan Clayton	00:23:32
35 Zoe Ruston	00:24:49
37 Liz Stevenson	00:25:02 PB
45 Cameron Sissons (J)	00:25:39
47 April Exley	00:25:43
48 Sharon Kitchen	00:26:02
77 Kirsten Porter (J)	00:28:20
84 Lyndon Spivey	00:28:58
104 Sandra Orlando	00:31:29
109 Amanda Tindall	00:32:02
110 Stuart Atkinson	00:32:02
130 Janet Downes	00:35:40

Club Results 2016

133 Tina Calthorpe	00:35:48
134 Kevin Sissons	00:35:49
136 Caroline Strathearn	00:36:02
140 Sophie Wiles	00:36:34
149 Dian Crone	00:41:53

**Huddersfield Parkrun 5K - 31st December**

157 Patricia Bielby	00:24:51
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**Goole Parkrun 5K - 31st December**

19 Andy Baker	00:20:57
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