

Sewerby Parkrun 5K - 1st January

(Alternative course Starting and Finishing near Hook & Parrot Pub, Bridlington)

1	Phill Taylor	00:17:05
3	Josh Taylor	00:17:28
5	Nick Jordan	00:18:59
11	Simon Ellerker	00:21:39
12	Anthony Hughes	00:21:59
14	Matt Pilling	00:22:25
15	Mollie Holehouse	00:22:29 1st F
30	Diane Palmer	00:24:29 3rd F
36	Heidi Baker	00:25:20
37	Rebecca Gaines	00:25:37
38	Luke Duffill	00:25:39
40	Pete Royal	00:26:28
41	Zoe Ellis	00:26:49
51	Lynda Gent	00:29:48
58	Kevin Sissons	00:30:44
60	Sandra Orlando	00:31:20
64	Janet Downes	00:33:11
70	Linda Hall	00:34:24
71	Debbie Duffill	00:35:10
72	Elizabeth Ingle	00:35:54
76	Dave Duffill	00:37:38
77	Robert Calthorpe	00:37:45
78	Tina Calthorpe	00:37:45
81	Sam Adams	00:39:36
83	Caroline Strathearn	00:40:41
84	Dian Crone	00:40:42

Peter Pan Parkrun 5K - 1st January

100	Simon Porter	00:23:46
218	Kirsten Porter	00:27:40
265	Amanda Tindall	00:29:28

Humber Bridge Parkrun 5K - 1st January

104	Simon Porter	00:24:55
380	Amanda Tindall	00:33:55
381	Kirsten Porter	00:34:02

Hardmoors 15 - 1st January

37	Cathy Wood	02:48:44
38	Justine Sutcliffe	02:49:44

Hardmoors 30 - 1st January

32	Pearl Bayford	05:35:20 3rd F and 1st FV50
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Goole Parkrun 5K - 6th January

2	Andy Baker	00:20:50
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Club Results 2018

Sewerby Parkrun 5K - 6th January

3	Nick Jordan	00:19:53	3rd M
4	Bill Pike	00:20:47	
5	Simon Ellerker	00:21:20	
8	Ashley Porter	00:22:21	
9	Michael Hirst	00:22:31	
14	Anthony Hughes	00:22:57	
17	Mollie Holehouse	00:23:12	3rd F
21	Graham Lonsdale	00:23:48	
25	Simon Porter	00:24:26	
28	Janet Potter	00:24:46	
30	Diane Palmer	00:24:49	
37	Kelly Palmer	00:25:33	
38	Luke Duffill	00:25:36	
39	Emma Artley	00:25:38	
47	Pete Royal	00:26:24	
53	Zoe Ellis	00:27:25	
74	Kirsten Porter	00:29:07	
82	Mandy Holah	00:29:37	
85	Stuart Bowes	00:29:58	
88	Sharon Bowes	00:30:13	
95	Lyndon Spivey	00:31:05	
96	Lynda Gent	00:31:22	
131	Robert Calthorpe	00:35:09	
132	Janet Downes	00:35:10	
140	Linda Hall	00:36:30	
143	Debbie Duffill	00:37:14	
144	David Duffill	00:38:17	
147	Tina Calthorpe	00:39:39	
152	Dian Crone	00:41:46	
153	Caroline Strathearn	00:41:47	

Huddersfield Parkrun 5K - 6th January

89	Patricia Bielby	00:23:24	
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EYXC Sledmere XC - 7th January

2	Phill Taylor	00:43:25	2nd Man
3	Scott Hargreaves	00:44:12	3rd Man
8	Josh Taylor	00:45:48	
46	John Potter	00:51:54	3rd M60
78	Andy Baker	00:56:17	
80	Tony Hughes	00:56:29	
88	Jim Riley	00:57:37	
92	Graham Lonsdale	00:57:57	
14	Becky Clifton	00:59:02	2nd L45
16	Justine Sutcliffe	01:00:40	3rd L45
17	Emma Artley	01:00:47	2nd L35
21	Janet Potter	01:01:54	2nd L60
118	Allan Clayton	01:04:00	
28	Jo Muir	01:04:06	

Club Results 2018

30	Cathy Wood	01:05:14
31	April-Marie Exley	01:05:26
38	Becky Gilbank	01:06:39
	131 Kevin Lewis	01:07:59
50	Dominique Webster	01:10:58
51	Heidi Baker	01:10:58
	137 Mark Loft	01:10:58
	144 Dave Foster	01:14:42

Humberside XC County Championship, Hull - 7th January

U17 Men - 6.5km

4	Lewis Dale	00:26:26
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Sewerby Parkrun 5K - 13th January

1	Scott Hargreaves	00:18:08	1st M
5	Nick Jordan	00:19:48	
8	Anthony Hughes	00:22:09	
9	Graham Lonsdale	00:22:17	
10	Ashley Porter	00:22:22	
12	Mollie Holehouse	00:22:26	1st F
22	Simon Porter	00:23:51	
24	Simon Knowles	00:24:08	
30	Emily Carver	00:24:24	2nd F
31	Justine Sutcliffe	00:24:26	3rd F
32	Andy Baker	00:24:29	
36	Allan Clayton	00:24:41	
41	Janet Potter	00:25:11	
47	Alexis Mae Zulueta (J)	00:25:48	
50	Emma Artley	00:26:11	
60	Chris Phelps Snr	00:27:30	
64	Zoe Ellis	00:27:43	
69	Kirsten Porter	00:28:13	
72	Stuart Bowes	00:28:32	
88	Katy Cawthorn	00:30:08	
91	Lyndon Spivey	00:30:27	
110	Amanda Tindall	00:32:34	
111	Janet Downes	00:32:34	
116	Sandra Orlando	00:33:33	
124	Luke Duffill	00:34:19	
132	Linda Hall	00:35:11	
137	Debbie Duffill	00:36:00	
145	David Duffill	00:37:38	
146	Kevin Sissons	00:38:08	
147	Tina Calthorpe	00:38:23	
148	Robert Calthorpe	00:38:24	
155	Caroline Strathearn	00:39:41	
156	Elizabeth Ingle	00:39:45	
159	Dian Crone	00:39:53	
160	Sam Adams	00:39:57	PB

Hull Parkrun 5K - 13th January

26 Michael Hirst 00:20:54

York Brass Monkey Half Marathon - 14th January

	Chip Time	Gun Time
15 Phill Taylor	01:12:54	01:12:59
95 Josh Taylor	01:20:21	01:20:32
121 Nick Jordan	01:22:03	01:22:14
279 Andy Baker	01:28:54	01:29:05
824 April Marie Exley	01:48:40	01:49:30
968 Dominique Webster	01:54:14	01:55:05

Sewerby Parkrun 5K - 20th January

1 Scott Hargreaves	18.22	1st M
3 Josh Taylor	19.10	3rd M
4 Nick Jordan	19.46	
9 Bill Pike	20.50	
10 John Potter	21.10	
19 Mollie Holeshouse	23.10	2nd F
21 Graham Lonsdale	23.18	
29 Simon Knowles	23.54	
30 Simon Porter	24.07	
31 Allan Clayton	24.22	
33 Justine Sutcliffe	24.25	3rd F
35 Gabriel Tenorio (J)	24.44	
46 Diane Palmer	25.53	
48 Raphael Tenorio (J)	26.20	
49 Alexis Zulueta (J)	26.21	
55 Dominique Webster	27.10	
62 Kirsten Porter (J)	27.58	
88 Lyndon Spivey	30.22	
89 Sharon Bowes	30.23	
121 Kevin Sissons	35.39	
123 Luke Duffill	35.43	
126 Sandra Orlando	35.59	
134 Janet Downes	37.01	
141 Robert Calthorpe	38.11	
144 David Duffill	38.42	
153 Sophie Wiles	41.19	
156 Dian Crone	42.30	
157 Tina Calthorpe	42.31	
160 Sam Adams	45.52	

Sewerby Parkrun 5K - 27th January

No Times - Stop-Watch Failure - Positions Only

1 Josh Taylor	1st M
2 Nick Jordan	2nd M
6 Andy Baker	
12 Graham Lonsdale	
22 Gabriel Tenorio (J)	

Club Results 2018

28 Alexis Zulueta (J)	2nd F
29 Diane Palmer	3rd F
35 Luke Duffill	
44 Chris Phelps Snr	
46 Raphael Tenorio (J)	
63 Lyndon Spivey	
75 Lynda Gent	
82 Janet Downes	
95 Linda Hall	
100 Robert Calthorpe	
102 Debbie Duffill	
103 Cindy Baker	
105 David Duffill	
108 Tina Calthorpe	
121 Sophie Wiles	
122 Sam Adams	
125 Dian Crone	
126 Caroline Strathearn	
128 Sandra Orlando	Tail Runner

Pontefract Parkrun 5K - 27th January

48 Simon Porter	00:23:23
154 Kirsten Porter	00:27:56
190 Amanda Tindall	00:29:34

Doncaster Parkrun 5K - 27th January

44 Kelly Palmer	00:24:35
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NoEgo Head Torch Challenge, Dalby Forest - 27th January

	Chip Time	Gun Time
1 Scott Hargreaves	00:33:56	00:33:59
4 Josh Taylor	00:37:23	00:37:25
42 Mike Hall	00:44:23	00:44:26
46 Jim Riley	00:44:31	00:44:36
59 Matt Pilling	00:45:36	00:46:04
178 Julie Madden	00:55:09	00:55:15
179 Jane Welbourn	00:55:09	00:55:15
185 April-Marie Exley	00:55:34	00:55:40
186 Becky Gilbank	00:55:34	00:55:40
219 Stuart Bowes	00:57:16	00:57:40
270 Dominique Webster	01:00:57	01:01:05
291 Sharon Bowes	01:02:26	01:02:48
293 Bob Eyre	01:02:44	01:02:53
364 Dave Foster	01:06:19	01:06:31
452 Wendy Foster	01:10:56	01:11:18
495 Sheila Preston	01:15:19	01:15:30
496 Cate Palmer	01:15:20	01:15:30

Club Results 2018

Ferriby 10 Mile - 28th January

	Chip Time	Gun Time
120 John Potter	01:10:25	01:10:39
200 Anthony Hughes	01:15:24	01:15:31
229 Mollie Holehouse	01:16:37	01:16:56
518 Ray Robinson	01:33:24	01:33:47
520 Zoe Ellis	01:33:45	01:34:04
593 Simon Porter	01:40:04	01:40:29
594 Amanda Tindall	01:39:50	01:40:31
605 Verona Petty	01:41:13	01:41:33
622 Lynda Gent	01:43:22	01:43:46
689 Sandra Orlando	01:56:44	01:57:08

Sewerby Parkrun 5K - 3rd February

1 Josh Taylor	00:18:21	1st M
5 Nick Jordan	00:19:21	
12 Graham Lonsdale	00:22:28	
13 Mollie Holehouse	00:22:33	1st F
27 Anthony Hughes	00:23:49	
32 Emily Carver (J)	00:23:58	3rd F
36 Luke Duffill	00:24:26	
39 Diane Palmer	00:24:43	
40 Simon Porter	00:24:54	
42 Gabriel Tenorio (J)	00:25:09	
44 Alexis Zulueta (J)	00:25:20	PB
45 Kelly Palmer	00:25:20	
50 Raphael Tenorio (J)	00:25:46	PB
60 Chris Phelps Snr	00:26:23	
80 Kirsten Porter (J)	00:28:42	
87 Lyndon Spivey	00:29:19	
94 Tracy Donaldson	00:30:35	
101 Sharon Bowes	00:31:06	
108 Lynda Gent	00:31:42	
120 Kevin Sissons	00:33:41	
128 Janet Downes	00:34:46	
130 Becky Lawry	00:34:57	
132 Cindy Baker	00:35:14	
133 Linda Hall	00:35:19	
135 Robert Calthorpe	00:35:32	
137 Debbie Duffill	00:36:21	
140 David Duffill	00:37:48	
145 Tina Calthorpe	00:38:38	
156 Sam Adams	00:41:37	
158 Caroline Strathearn	00:47:11	
159 Dian Crone	00:47:12	
161 Bob Eyre	00:49:08	Tail Runner

Hull Parkrun 5K - 3rd February

16 Bill Pike	00:19:31	PB
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Wetherby Parkrun 5K - 3rd February

7 Andy Baker 00:21:59

Knavesmire Junior Parkrun 2K - 4th February

29 James Ellerker (J) 00:11:04

Chichester 10K - 4th February

	Chip Time	Gun Time	
1161 Sandra Orlando	00:59:35	01:01:35	3rd LV70

Humberside Schools Cross Country Champs - 2nd February

Yr 11 - 5200m

6 Lewis Dale No Time

EYXC League, Welton - 4th February

1	Phill Taylor	00:38:48	1st M
3	Scott Hargreaves	00:39:40	3rd M
19	Josh Taylor	00:43:45	
44	John Potter	00:47:46	3rd M60
82	Tony Hughes	00:53:15	
13	Becky Clifton	00:53:58	1st L45
14	Emma Artley	00:54:38	1st L35
17	Justine Sutcliffe	00:55:16	
21	Pearl Bayford	00:57:45	1st L55
27	Jo Muir	01:00:25	
118	Allan Clayton	01:02:29	
31	Cathy Wood	01:02:30	
120	Kevin Lewis	01:04:15	
121	Mark Loft	01:04:17	
40	Dominique Webster	01:05:25	
123	Bob Eyre	01:06:36	
56	Heidi Baker	01:12:56	
131	Dave Foster	01:17:59	

Sewerby Parkrun 5K - 10th February

2	Josh Taylor	00:18:26	2nd M
6	Nick Jordan	00:19:48	
15	John Potter	00:21:32	
25	Mollie Holehouse	00:23:00	2nd F
31	Graham Lonsdale	00:23:43	
63	Zoe Ellis	00:27:31	
65	Pete Royal	00:27:38	
101	Lyndon Spivey	00:30:20	
110	Becky Lawry	00:31:08	
127	Sandra Orlando	00:32:56	
145	Janet Downes	00:35:06	
150	Linda Hall	00:35:48	
151	Debbie Duffill	00:35:54	
152	Luke Duffill	00:35:55	
153	Jason Pointez	00:35:56	

Club Results 2018

157 Dave Duffill	00:36:48
173 Tina Calthorpe	00:41:12
174 Rob Calthorpe	00:41:13
181 Sam Adams	00:42:50
186 Dian Crone	00:48:56
187 Bob Eyre	00:49:12 Tail Runner

Barnsley Parkrun 5K - 10th February

47 Simon Porter	00:24:33
166 Amanda Tindall	00:35:22
167 Kirsten Porter	00:35:22

Hull Parkrun 5K - 10th February

22 Bill Pike	00:19:54
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Huddersfield Parkrun 5K - 10th February

188 Patricia Bielby	00:26:43
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Wetherby Parkrun 5K - 10th February

9 Andy Baker	00:21:20
44 Cindy Baker	00:35:35

The Bloodaxe Challenge - 11th February

Number of 1K Laps withing 2 Hours

	Laps	Time
106 April-Marie Exley	16	01:24:54
188 Karen White	11	01:28:36
237 Dian Crone	10	01:28:35
291 Liz Stevenson	1	00:23:02
292 Emily Harrison	1	00:23:04

BRR Anniversary 3 Mile - 11th February

1 Phill Taylor	00:16:50	1st M35
2 Scott Hargreaves	00:17:55	
3 Josh Taylor	00:19:17	
4 Simon Ellerker	00:20:38	1st M40
5 Tony Hughes	00:21:13	
6 Mollie Holehouse	00:21:40	1st F
7 Graham Lonsdale	00:22:25	1st M50
8 Emma Artley	00:22:29	2nd F 1st F35
9 Diane Palmer	00:23:26	3rd F 1st F50
10 Kelly Palmer	00:24:06	
11 Jo Muir	00:24:41	1st F40
12 Kevin Lewis	00:24:58	
13 Mark Loft	00:25:10	
14 Tom Fynn (Gst)	00:25:17	
15 Peter Royal	00:25:49	1st M60
16 Bob Eyre	00:26:05	1st M70
17 Tracey Holehouse (Gst)	00:26:18	
18 Zoe Ellis	00:26:22	

Club Results 2018

19 Heidi Baker	00:26:31	
20 Ray Robinson	00:26:48	
21 Becky Lawry	00:27:23	
22 Hannah Taylor	00:27:23	
23 Lynda Gent	00:29:12	
24 Sandra Orlando	00:29:36	1st F70
25 Janet Downes	00:31:35	
26 Linda Hall	00:32:58	
27 Rob Calthorpe	00:33:26	
28 Tina Calthorpe	00:38:13	1st F60

BRR Winter League, Race 3 - BRR Anniversary 3 Mile

Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent	Pts
Men					
1 Rob Calthorpe	00:34:47	00:33:26	1.21	-3.88%	50
2 Tony Hughes	00:21:37	00:21:13	0.24	-1.85%	49
3 Pete Royal	00:25:48	00:25:49	-0.01	0.06%	48
4 Graham Lonsdale	00:22:14	00:22:25	-0.11	0.82%	47
5 Mark Loft	00:24:47	00:25:10	-0.23	1.55%	46
6 Scott Hargreaves	00:17:29	00:17:55	-0.26	2.48%	45
7 Simon Ellerker	00:20:01	00:20:38	-0.37	3.08%	44
8 Ray Robinson	00:25:55	00:26:48	-0.53	3.41%	43
9 Bob Eyre	00:25:04	00:26:05	-1.01	4.06%	42
10 Phill Taylor	00:15:59	00:16:50	-0.51	5.32%	41
11 Kevin Lewis	00:23:30	00:24:58	-1.28	6.24%	40
12 Josh Taylor	00:17:54	00:19:17	-1.23	7.73%	39
Women					
1 Emma Artley	00:24:08	00:22:29	1.39	-6.84%	50
2 Janet Downes	00:32:44	00:31:55	1.09	-3.51%	49
3 Linda Hall	00:33:58	00:32:58	1.00	-2.94%	48
4 Diane Palmer	00:24:07	00:23:26	0.41	-2.83%	47
5 Sandra Orlando	00:30:22	00:29:36	0.46	-2.52%	46
6 Lynda Gent	00:29:35	00:29:12	0.23	-1.30%	45
7 Kelly Palmer	00:24:13	00:24:06	0.07	-0.48%	44
8 Hannah Taylor	00:27:26	00:27:23	0.03	-0.18%	43
9 Jo Muir	00:24:41	00:24:41	0.00	0.00%	42
10 Molly Holehouse	00:21:35	00:21:40	-0.05	0.39%	41
11 Zoe Ellis	00:26:14	00:26:22	-0.08	0.51%	40
12 Tina Calthorpe	00:37:45	00:38:13	-0.28	1.24%	39
13 Becky Lawry	00:26:09	00:27:33	-1.14	4.72%	38
14 Heidi Baker	00:24:18	00:26:31	-2.13	9.12%	37

Club Results 2018

BRR Winter League 2017/2018

Men	Constable	Xmas	Anniv 3	Total
Mark Loft	49	49	46	144
Robert Calthorpe	50	36	50	136
Pete Royal	47	41	48	136
Simon Ellerker	45	47	44	136
Scott Hargreaves	40	43	45	128
Bob Eyre	46	39	42	127
Phill Taylor	43	42	41	126
Josh Taylor	42	44	39	125
Kevin Lewis	37	40	40	117
Tony Hughes		50	49	99
Graham Lonsdale		46	47	93
Allan Clayton	44	48		92
Ray Robinson		37	43	80
Andy Baker	39	35		74
Simon Porter	48			48
James Riley		45		45
John Nolan	41			41
David Foster		38		38
Lewis Dale	38			38
Women				
Sandra Orlando	50	49	46	145
Diane Palmer	45	46	47	138
Kelly Palmer	46	47	44	137
Emma Artley	41	43	50	134
Tina Calthorpe	49	41	39	129
Heidi Baker	47	37	37	121
Linda Hall		42	48	90
Lynda Gent	44		45	89
Janet Downes		39	49	88
Dominique Webster	43	44		87
Becky Gilbank	39	48		87
Mollie Holehouse	42		41	83
Sophie Wiles		50		50
Janet Potter	48			48
Patricia Bielby		45		45
Hannah Taylor			43	43
Jo Muir			42	42
Zoe Ellis			40	40
Amanda Tindall		40		40
April Exley	40			40
Becky Lawry			38	38
Dian Crone		38		38

Sewerby Parkrun 5K - 17th February

4 Josh Taylor	00:18:06 PB
5 Scott Hargreaves	00:18:09
6 Nick Jordan	00:18:52
10 Bill Pike	00:20:24

Club Results 2018

11	Andy Baker	00:20:27
16	Mollie Holehouse	00:21:26 PB 1F
25	Graham Lonsdale	00:22:25
28	Emily Carver (J)	00:23:09 2F
31	Anthony Hughes	00:23:23
38	Diane Palmer	00:23:41 3F
42	Simon Porter	00:24:14
45	Gabriel Tenorio (J)	00:24:43 PB
51	Rebecca Gaines	00:25:34
57	Chris Phelps Snr	00:26:11
62	Pete Royal	00:26:35
66	Zoe Ellis	00:26:56
69	Alexis Zulueta (J)	00:27:16
71	Tracey Holehouse	00:27:20
91	Kirsten Porter (J)	00:28:31
93	Raphael Tenorio (J)	00:28:37
99	Hannah Taylor	00:29:29
101	Becky Lawry	00:29:52
108	Lynda Gent	00:31:05
110	Dominique Webster	00:31:20
116	Bob Eyre	00:32:21
124	Luke Duffill	00:33:27
130	Janet Downes	00:34:39
136	Kevin Sissons	00:34:54
138	Robert Calthorpe	00:35:11
139	Cindy Baker	00:35:15
140	Linda Hall	00:35:17
149	David Duffill	00:38:30
154	Tina Calthorpe	00:40:14
165	Sam Adams	00:45:19
167	Dian Crone	00:45:38

Huddersfield Parkrun 5K - 17th February

139	Patricia Bielby	00:24:53
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Dalby Dark Run 5K - 17th February

I understand that NO Official results will be published

Here are a few Strava Times

Phill Taylor	00:17:11
Josh Taylor	00:18:10
Becky Gilbank	
Sharon Bowes	
Stuart Bowes	00:28:30
Dian Crone	
Linda Hall	
Janet Downes	
Lynda Gent	
Rob Calthorpe	
Tina Calthorpe	00:42:52
Jessica Woodley	

Sewerby Parkrun 5K - 24th February

5	Josh Taylor	00:19:21
6	Nick Jordan	00:19:40
10	John Potter	00:21:12
13	Mollie Holehouse	00:22:00 2nd F
16	Graham Lonsdale	00:22:39
26	Tony Hughes	00:23:56
28	Justine Sutcliffe	00:24:06 3rd F
38	Chris Phelps Snr	00:25:22
40	Jason Pointez	00:25:28
44	Katy Cawthorn	00:25:40
46	Mark Woodley	00:25:55
60	Tracey Holehouse	00:27:32
68	Heidi Baker	00:28:14
72	Becky Lawry	00:28:20
74	Adele Birbeck	00:28:25 PB
79	Stuart Bowes	00:28:51
88	Sharon Bowes	00:29:33
102	Dave Foster	00:31:26
103	Lynda Gent	00:31:40
127	Linda Hall	00:34:26
133	Jessica Woodley	00:35:08
135	Janet Downes	00:35:18
136	Kevin Sissons	00:35:19
148	Dave Duffill	00:38:15
154	Sam Adams	00:38:58 PB
159	Tina Calthorpe	00:40:19
160	Rob Calthorpe	00:40:20
163	Andy Baker	00:40:31 VI Guide
165	Dian Crone	00:42:04
178	Bob Eyre	00:50:56 Tail Walker

Huddersfield Parkrun 5K - 24th February

127	Patricia Bielby	00:24:22
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Beeston Parkrun 5K - 24th February

14	Ashley Porter	00:20:54
30	Simon Porter	00:22:11
132	Kirsten Porter	00:28:11
180	Amanda Tindall	00:31:43

Gasparilla Distance Classic 15K, Tampa, Florida - 24th February

	Chip Time	Gun Time
3656 Sandra Orlando	01:51:15	01:54:45

Harewood House off road Half Marathon - 25th February

	Chip Time	Gun Time
298 Cathy Wood	01:59:37	02:00:25

Club Results 2018

741 Karyn Hoggard 02:35:41 02:36:53

Snake Lane 10 Mile - 25th February

	Chip Time	Gun Time	
8 Phill Taylor	00:56:12	00:56:12	2nd V35
34 Nick Jordan	01:00:48	01:00:50	
38 Scott Hargreaves	01:01:01	01:01:03	
42 Josh Taylor	01:01:32	01:01:35	
102 Andy Baker	01:06:14	01:06:18	
142 Simon Ellerker	01:08:51	01:08:53	
173 John Nolan	01:10:23	01:10:37	
251 Tony Hughes	01:14:31	01:14:37	
304 Emma Artley	01:17:02	01:17:15	
465 April-Marie Exley	01:23:08	01:23:37	
514 Bob Eyre	01:25:34	01:25:47	2nd V70
534 Becky Gilbank	01:26:14	01:26:43	
553 Rebecca Gaines	01:26:34	01:27:31	
618 Zoe Ellis	01:29:42	01:30:42	
622 Heidi Baker	01:30:26	01:30:54	
719 Sharon Bowes	01:35:45	01:36:22	
720 Verona Petty	01:35:20	01:36:22	
753 Amanda Tindall	01:37:29	01:38:07	
754 Simon Porter	01:37:31	01:38:08	
799 Lynda Gent	01:41:17	01:41:57	
911 Cindy Baker	01:58:20	01:59:22	
915 Sophie Wiles	02:00:21	02:01:36	
917 Elizabeth Ingle	02:01:10	02:02:18	
928 Tina Calthorpe	02:08:51	02:09:53	
929 Rob Calthorpe	02:08:52	02:09:54	

Brid RR - 1st Men's Team

Gasparilla Distance Classic 8K, Tampa, Florida - 25th February

	Chip Time	Gun Time
2364 Sandra Orlando	00:59:31	01:01:18

Hull Parkrun 5K - 3rd March

17 Bill Pike 00:20:33

Alamo 26.2, San Antonio, Texas - 4th March

229 Sandra Orlando 05:55:04 1st LV70

Sewerby Parkrun 5K - 10th March

1 Phill Taylor	00:17:49	
3 Scott Hargreaves	00:18:10	
4 Josh Taylor	00:19:15	
8 Andy Baker	00:20:46	
21 Mollie Holehouse	00:22:55	2nd F
22 Graham Lonsdale	00:23:04	
28 Simon Porter	00:24:00	
36 Patricia Bielby	00:24:51	

Club Results 2018

38 Diane Palmer	00:24:57
40 Allan Clayton	00:25:14
41 Emma Artley	00:25:18
49 Zoe Ellis	00:26:41
50 Tony Hughes	00:26:42
59 Katy Cawthorn	00:27:38
63 Tracey Holehouse	00:27:52
69 Stuart Bowes	00:28:36
72 Kirsten Porter	00:28:42
75 Jason Pointez	00:28:58
86 Hannah Taylor	00:30:15
89 Sharon Bowes	00:30:32
90 Becky Lawry	00:30:33
92 Lyndon Spivey	00:30:56
94 Lynda Gent	00:31:11
114 Janet Downes	00:34:17
118 Robert Calthorpe	00:34:43
126 Debbie Duffill	00:38:06
127 Cindy Baker	00:38:13
129 Luke Duffill	00:38:14
128 Linda Hall	00:38:14
130 Kevin Sissons	00:38:50
134 Sophie Wiles	00:39:14
135 Craig Zipfell	00:39:35
140 David Duffill	00:40:24
142 Tina Calthorpe	00:41:24
146 Sam Adams	00:47:27
147 Bob Eyre	00:47:31 Tail Runner

NoEgo Dalby Forest Head Torch Run - 10th March

	Chip Time	Gun Time
13 Bill Pike	00:44:02	00:44:08
82 Dave Foster	01:00:27	01:00:38
92 Dominique Webster	01:03:07	01:03:17
93 Bob Eyre	01:03:07	01:03:17
149 Sheila Preston	01:19:58	01:20:09

Inter-Counties Cross Country, Prestwold Hall, Loughborough - 10th March

U17 Men - 6Km

254 Lewis Dale	00:26:56
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Sewerby Parkrun 5K - 17th March

1 Nick Jordan	00:19:23	
4 Andy Baker	00:21:36	
9 Mollie Holehouse	00:23:03	1st F
10 Graham Lonsdale	00:23:08	
13 Emily Carver (J)	00:23:52	2nd F
20 Patricia Bielby	00:25:42	3rd F
25 Jason Pointez	00:27:36	
29 Bob Eyre	00:28:14	

Club Results 2018

32	Dominique Webster	00:28:31
36	Tracey Holehouse	00:28:41
37	Becky Lawry	00:28:42
46	Heidi Baker	00:29:29
57	Lyndon Spivey	00:31:28
60	Hannah Taylor	00:31:56
61	Lynda Gent	00:32:20
68	Janet Downes	00:34:52
69	Kevin Sissons	00:34:53
73	Sandra Orlando	00:36:42
78	Debbie Duffill	00:37:35
79	Linda Hall	00:37:42
83	Tina Calthorpe	00:39:36
84	Robert Calthorpe	00:39:37
90	Dian Crone	00:43:50
91	Caroline Strathearn	00:43:50
95	Sam Adams	00:46:19

Barnsley Parkrun 5K - 17th March

37	Simon Porter	00:26:02
72	Kirsten Porter	00:30:36

Beeston Parkrun 5K - 17th March

54	Ashley Porter	00:23:31
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English Schools Cross Country Championship, Temple Newsam Park - 17th March

Intermediate Boys - 5200m

316	Lewis Dale	00:21:43
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Hardmoors 55 Mile - 17th March

Event Abandoned due to appalling weather conditions

Men

47	Mike Hall	12:01:26
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Women

	Pear Bayford	DNF
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Sewerby Parkrun 5K - 24th March

2	Nick Jordan	00:18:50
4	Lewis Dale (J)	00:19:26
10	Bill Pike	00:20:21
11	Simon Ellerker	00:20:26
13	Andy Baker	00:20:36
19	Martin Booth	00:21:45
24	Mollie Holehouse	00:22:13 1st F
26	Graham Lonsdale	00:22:36
33	Martin Hutchinson	00:23:24
34	Emily Carver (J)	00:23:30 3rd F
36	Anthony Hughes	00:23:45
38	Ashley Porter	00:23:52
41	Simon Porter	00:24:02

Club Results 2018

43 Diane Palmer	00:24:24
53 Allan Clayton	00:24:51
68 Pete Royal	00:26:23
70 Bob Eyre	00:26:34
75 Luke Duffill	00:26:56
76 Jason Pointez	00:26:58
77 Zoe Ellis	00:27:01
78 Tracey Holehouse	00:27:13
85 Heidi Baker	00:28:01
106 Kirsten Porter	00:30:00
109 Lyndon Spivey	00:30:09
113 Becky Lawry	00:30:22
119 Amanda Tindall	00:31:27
123 Stuart Bowes	00:32:22
124 Sharon Bowes	00:32:22
128 Sandra Orlando	00:32:42
135 Oscar Strathearn (J)	00:33:56
140 Linda Hall	00:34:57
146 Debbie Duffill	00:36:58
148 Janet Downes	00:37:24
149 Elizabeth Ingle	00:37:28
150 Craig Zipfel	00:37:51
154 Tina Calthorpe	00:38:43
155 Robert Calthorpe	00:38:44
158 Kevin Sissons	00:39:09
159 David Duffill	00:39:27
164 Caroline Strathearn	00:39:36
166 Sam Adams	00:40:13
169 Dian Crone	00:42:07

York Parkrun 5K - 24th March

1 Phill Taylor	00:16:32
145 Josh Taylor	00:24:31

Huddersfield Parkrun 5K - 24th March

84 Patricia Bielby	00:22:44
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East Hull 20 Mile - 25th March

	Chip Time	Gun Time
103 Josh Taylor	02:28:25	02:28:34
358 Amanda Tindall	03:38:43	03:39:28
359 Simon Porter	03:38:42	03:39:28

CoH Champagne League, Hessle Foreshore 4 Mile - 27th March

1 Danny Brunton	00:22:34
2 Scott Hargreaves	00:22:43
44 Anthony Hughes	00:27:45
77 Emma Artley	00:29:52
136 Dave Foster	00:36:30

Club Results 2018

Bridlington Easter 5 Mile Dash - 30th March

	Chip Time	Gun Time	
1 Phill Taylor	00:28:09	00:28:09	1st M
2 Scott Hargreaves	00:28:55	00:28:55	2nd M
31 Andy Baker	00:35:14	00:35:31	
34 Anthony Hughes	00:35:42	00:35:44	
36 Mollie Holehouse	00:35:48	00:35:48	1st F
39 Becky Clifton	00:36:03	00:36:05	2nd FV45
88 Kevin Lewis	00:41:41	00:41:44	
118 Pete Royal	00:44:05	00:44:13	
133 Tracey Holehouse	00:45:00	00:45:05	
142 Stuart Bowes	00:45:34	00:45:52	
193 Sharon Bowes	00:51:45	00:52:04	
227 Rob Calthorpe	00:55:38	00:55:55	
233 Cindy Baker	00:56:19	00:56:53	
234 Linda Hall	00:56:39	00:56:56	2nd FV70
243 Sophie Wiles	00:59:19	00:59:39	
246 Elizabeth Ingle	01:00:11	01:00:45	
256 Tina Calthorpe	01:02:33	01:02:50	1st FV65

Brid RR - 1st Men's Team

Sewerby Parkrun 5K - 31st March

4 Lewis Dale (J)	00:19:32	
5 Nick Jordan	00:19:40	
13 Simon Ellerker	00:21:09	
27 Mollie Holehouse	00:23:29	
60 Andy Baker	00:26:13	
65 Simon Porter	00:26:43	
76 Graham Lonsdale	00:27:35	
80 Pete Royal	00:27:46	
82 Becky Lawry	00:27:52	
86 Jason Pointez	00:28:02	
90 Tracey Holehouse	00:28:09	
93 Stuart Bowes	00:28:17	
94 Zoe Ellis	00:28:22	
95 Dominique Webster	00:28:23	
101 Heidi Baker	00:29:04	
108 Kirsten Porter	00:29:52	
114 Lyndon Spivey	00:30:20	
131 Luke Duffill	00:32:26	
133 Chris Phelps Snr	00:32:30	
163 Debbie Duffill	00:36:54	
170 Sam Adams	00:37:41	PB
173 Linda Hall	00:39:52	
174 Dave Duffill	00:40:03	
177 Tina Calthorpe	00:40:48	
178 Robert Calthorpe	00:40:49	
188 Dian Crone	00:49:14	
189 Robert Eyre	00:53:10	Tail Runner

Hull Parkrun 5K - 31st March

20 Bill Pike 00:20:17

Humber Bridge Parkrun 5K - 31st March

1 Phill Taylor 00:17:40

3 Josh Taylor 00:18:52

Huddersfield Parkrun 5K - 31st March

89 Patricia Bielby 00:23:17

Helmsley 10K Challenge - 1st April

3 Scott Hargreaves 00:38:12

250 Dave Foster 01:11:33

Elvington Flyer 10 Mile - 1st April

	Chip Time	Gun Time
45 Becky Gilbank	01:25:23	01:25:32

Elvington Flyer 5 Mile - 1st April

	Chip Time	Gun Time
108 Linda Hall	00:58:52	00:59:01
110 Janet Downes	00:58:53	00:59:02
133 Dian Crone	01:09:48	01:09:58

CoH Champagne League, North Cave 4 Mile - 3rd April

2 Danny Brunton	00:22:31
4 Scott Hargreaves	00:22:45
42 Anthony Hughes	00:27:59
79 Emma Artley	00:30:25
131 Dave Foster	00:36:44

Sewerby Parkrun 5K - 7th April

5 Nick Jordan	00:18:58
6 Lewis Dale (J)	00:20:02
12 Bill Pike	00:21:29
48 Gabriel Tenorio (J)	00:24:50
49 Graham Lonsdale	00:24:54
60 Ysabelle Tenorio (J)	00:25:35
67 Anthony Hughes	00:26:05
68 Andy Baker	00:26:06
84 Simon Porter	00:27:26
85 Jason Pointez	00:27:26
87 Luke Duffill	00:27:29
91 Becky Lawry	00:27:30
93 Heidi Baker	00:27:34
103 Kirsten Porter	00:28:31
104 Lyndon Spivey	00:28:37
116 Zoe Ellis	00:29:09
136 Sharon Bowes	00:30:22

Club Results 2018

137 Stuart Bowes	00:30:22
147 Lynda Gent	00:31:01
150 Raphael Tenorio (J)	00:31:27
183 Janet Downes	00:35:37
185 Linda Hall	00:35:56
191 Cindy Baker	00:37:09
192 Debbie Duffill	00:37:09
196 Elizabeth Ingle	00:37:39
205 David Duffill	00:39:24
209 Tina Calthorpe	00:39:39
211 Robert Calthorpe	00:39:42
219 Sam Adams	00:41:08
227 Sophie Wiles	00:44:38
232 Bob Eyre	00:51:49 Tail Runner

Hull Parkrun 5K - 7th April

4 Danny Brunton	00:16:58
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Huddersfield Parkrun 5K - 7th April

71 Patricia Bielby	00:23:24
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Sherwood Pines Parkrun 5K - 7th April

22 Simon Knowles	00:22:43
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Asics Greater Manchester Marathon - 8th April

Chip Time

1144 Andy Baker	03:16:53
2590 Tony Hughes	03:40:00
4062 Richard Crawford	03:56:37
4185 Becky Gilbank	03:57:31
4390 Emma Artley	03:59:10
7856 Amanda Tindall	04:56:37
7857 Simon Porter	04:56:37

Hornsea 1/3rd Marathon - 8th April

	Chip Time	Gun Time	Age Cat Placings
1 Phill Taylor	00:47:52	00:47:53	1st SM
10 Scott Hargreaves	00:52:39	00:52:42	
13 Josh Taylor	00:53:05	00:53:08	
43 Bill Pike	00:59:06	00:59:16	3rd V50
81 Mollie Holehouse	01:03:43	01:03:46	3rd SL
86 Graham Lonsdale	01:04:02	01:04:13	
134 Martin Hutchinson	01:08:42	01:08:52	
143 Andy Long	01:09:35	01:09:54	
145 Diane Palmer	01:09:40	01:09:57	1st LV50
153 Kelly Palmer	01:10:45	01:11:01	
179 Allan Clayton	01:13:06	01:13:24	
193 Heidi Baker	01:14:24	01:14:40	
196 April-Marie Exley	01:15:05	01:15:23	
210 Bob Eyre	01:16:05	01:16:23	

Club Results 2018

231 Zoe Ellis	01:17:37	01:17:57	
232 Dominique Webster	01:17:38	01:17:57	
241 Dave Foster	01:18:38	01:18:56	
273 Tracey Holehouse	01:22:12	01:22:30	
323 Lynda Gent	01:26:33	01:26:54	
355 Sandra Orlando	01:32:56	01:33:17	2nd LV70
401 Robert Calthorpe	01:44:31	01:44:54	
413 Tina Calthorpe	01:51:59	01:52:21	3rd LV65

BRR Summer Challenge, Race 1 - Hornsea 1/3rd Marathon
Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Graham Lonsdale	01:09:55	01:04:02	5.53	-8.41%	50
2 Martin Hutchinson	01:13:52	01:08:42	5.10	-6.99%	49
3 Dave Foster	01:23:38	01:18:38	5.00	-5.98%	48
4 Phill Taylor	00:50:50	00:47:52	2.58	-5.84%	47
5 Bill Pike	01:01:38	00:59:06	2.32	-4.11%	46
6 Josh Taylor	00:55:15	00:53:05	2.10	-3.92%	45
7 Bob Eyre	01:17:50	01:16:05	1.45	-2.25%	44
8 Allan Clayton	01:13:41	01:13:06	0.35	-0.79%	43
9 Andy Long **	01:09:35	01:09:35	0.00	0.00%	42
10 Scott Hargreaves	00:52:37	00:52:39	-0.02	0.06%	41
11 Robert Calthorpe	01:42:40	01:44:31	-1.51	1.80%	40
Women					
1 Heidi Baker	01:23:47	01:14:24	9.23	-11.20%	50
2 Lynda Gent	01:33:33	01:26:33	7.00	-7.48%	49
3 Zoe Ellis	01:23:39	01:17:37	6.02	-7.21%	48
4 Kelly Palmer	01:14:28	01:10:45	3.43	-4.99%	47
5 Mollie Holehouse	01:06:56	01:03:43	3.13	-4.81%	46
6 Tina Calthorpe	01:57:09	01:51:59	5.10	-4.41%	45
7 Diane Palmer	01:12:18	01:09:40	2.38	-3.64%	44
8 Sandra Orlando	01:35:28	01:32:56	2.32	-2.65%	43
9 Dominique Webster	01:19:38	01:17:38	2.00	-2.51%	42
10 Tracey Holehouse	01:21:58	01:22:12	-0.14	0.28%	41
11 April-Marie Exley	01:12:24	01:15:05	-2.41	3.71%	40

** No current Race data for Andy Long - so his Target Time is his Actual Time

CoH Champagne League, Race 3, Beverley Westwood 3.7 Mile - 10th April

3 Scott Hargreaves	00:19:54
65 Anthony Hughes	00:27:21
69 Emma Artley	00:27:26
77 Danny Brunton	00:28:03
121 Dave Foster	00:33:09

York 5K Series Race 1 - 12th April

	Chip Time	Gun Time
4 Phill Taylor	00:16:21	00:16:22
63 Mollie Holehouse	00:21:02	00:21:03

Sewerby Parkrun 5K - 14th April

5 Nick Jordan	00:18:51	
6 Lewis Dale (J)	00:19:22	
18 Mollie Holehouse	00:22:05	3rd F
21 Ashley Porter	00:22:42	
28 Simon Porter	00:23:06	
32 Josh Taylor	00:23:29	
35 Louise Taylor	00:23:51	
63 Janet Potter	00:25:44	
67 Pete Royal	00:26:03	
69 Jane Welbourn	00:26:14	
78 Miriam Ireland	00:26:53	PB
83 Luke Duffill	00:27:24	
84 Jason Pointez	00:27:25	
93 Heidi Baker	00:27:59	
95 Tracey Holehouse	00:28:03	
103 Stuart Bowes	00:28:44	
117 Hannah Taylor	00:29:40	
122 Kirsten Porter	00:29:51	
124 Dominique Webster	00:30:02	
127 Lyndon Spivey	00:30:08	
129 Bob Eyre	00:30:15	
131 Becky Lawry	00:30:16	
135 Lynda Gent	00:30:23	
136 Sharon Bowes	00:30:34	
144 Wendy Foster	00:32:17	
145 Sandra Orlando	00:32:23	
159 Janet Downes	00:34:33	
160 Robert Calthorpe	00:34:34	
164 Kevin Sissons	00:35:03	
170 Linda Hall	00:35:54	
172 Debbie Duffill	00:36:01	
188 Tina Calthorpe	00:38:33	
189 David Duffill	00:38:54	
207 Dian Crone	00:47:45	

Huddersfield Parkrun 5K - 14th April

196 Patricia Bielby	00:25:28
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Brighouse Parkrun 5K - 14th April

161 Caroline Strathearn	00:34:27
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Vale of York 10 Mile - 15th April

	Chip Time	Gun Time
29 Josh Taylor	01:03:16	01:03:16

Dalton Dash 10K - 15th April

	Chip Time	Gun Time
6 Scott Hargreaves	00:36:54	00:36:56
35 Andy Baker	00:43:08	00:43:13

EHH Summer League Race 1, New Ellerby 5 Mile - 17th April

2 Phill Taylor	00:27:13	2nd M
9 Scott Hargreaves	00:28:48	
10 Josh Taylor	00:28:55	
26 Lewis Dale	00:31:51	1st JM
31 Simon Ellerker	00:32:14	
35 Tony Smith	00:32:28	
51 John Potter	00:33:35	
56 Andy Baker	00:34:05	
71 Graham Lonsdale	00:35:25	
74 Becky Clifton	00:35:44	1st F45
82 Tony Hughes	00:36:05	
88 Martin Hutchinson	00:36:33	4th H'cap
112 Emma Artley	00:38:05	1st F35
113 Janet Potter	00:38:14	1st F60
120 Andrew Long	00:38:51	
144 Diane Palmer	00:40:23	
145 Kelly Palmer	00:40:29	
159 Heidi Baker	00:41:53	
160 Bob Eyre	00:41:58	
161 Pete Royal	00:42:03	
166 April-Marie Exley	00:42:31	
167 Dominique Webster	00:42:32	
194 Zoe Ellis	00:45:24	
199 Amanda Tindall	00:46:22	
200 Kirsten Porter	00:46:22	
201 Verona Petty	00:46:26	

BRR Summer Challenge, Race 2 - EHH New Ellerby 5 Mile**Handicaps points based on Percentage Under/Over Target**

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Martin Hutchinson	00:39:18	00:36:33	2.45	-7.00%	50
2 Graham Lonsdale	00:37:52	00:35:25	2.27	-6.47%	49
3 Pete Royal	00:44:16	00:42:03	2.13	-5.01%	48
4 Simon Ellerker	00:33:48	00:32:14	1.34	-4.64%	47
5 Josh Taylor	00:30:07	00:28:55	1.12	-3.98%	46
6 John Potter	00:34:31	00:33:35	0.56	-2.70%	45
7 Tony Smith	00:33:09	00:32:28	0.41	-2.06%	44
8 Lewis Dale	00:32:20	00:31:51	0.29	-1.49%	43
9 Phill Taylor	00:27:27	00:27:13	0.14	-0.85%	42
10 Andy Baker	00:34:22	00:34:05	0.17	-0.82%	41
11 Bob Eyre	00:42:16	00:41:58	0.18	-0.71%	40

Club Results 2018

12 Tony Hughes	00:36:10	00:36:05	0.05	-0.23%	39
13 Andy Long	00:38:32	00:38:51	-0.19	0.82%	38
14 Scott Hargreaves	00:28:24	00:28:48	-0.24	1.41%	37

Women

1 Amanda Tindall	00:49:33	00:46:22	3.11	-6.42%	50
2 Janet Potter	00:40:37	00:38:14	2.23	-5.87%	49
3 Heidi Baker	00:44:12	00:41:53	2.19	-5.24%	48
4 Dominique Webster	00:44:47	00:42:32	2.15	-5.02%	47
5 Kirsten Porter	00:48:22	00:46:22	2.00	-4.14%	46
6 Becky Clifton	00:36:47	00:35:44	1.03	-2.85%	45
7 Zoe Ellis	00:45:51	00:45:24	0.27	-0.98%	44
8 Kelly Palmer	00:40:43	00:40:29	0.14	-0.57%	43
9 Emma Artley	00:37:50	00:38:05	-0.15	0.66%	42
10 Diane Palmer	00:39:56	00:40:23	-0.27	1.13%	41
11 Verona Petty	00:45:44	00:46:26	-0.42	1.53%	40
12 April-Marie Exley	00:40:32	00:42:31	-1.59	4.89%	39

Sewerby Parkrun 5K - 21st April

1 Scott Hargreaves	00:17:43
14 Martin Booth	00:21:26
19 Mollie Holehouse	00:22:05 3rd F
20 Graham Lonsdale	00:22:10
27 Ysabelle Tenorio (J)	00:22:50 PB
29 Clayton Hellewell (J)	00:23:09 PB
38 Louise Taylor	00:23:36
43 Martin Hutchinson	00:24:03
54 Janet Potter	00:25:01
58 Jason Pointez	00:25:05
61 Pete Royal	00:25:24
69 Miriam Ireland	00:25:54 PB
81 Stuart Bowes	00:27:08
82 Heidi Baker	00:27:13
88 Tracey Holehouse	00:27:25
110 Zoe Ellis	00:29:10
115 Sharon Bowes	00:29:26
130 Lynda Gent	00:31:03
134 Hannah Taylor	00:31:10
138 Wendy Foster	00:31:34
140 Becky Lawry	00:31:35
152 Luke Duffill	00:32:25
167 Janet Downes	00:34:24
176 Kevin Sissons	00:36:02
181 Elizabeth Ingle	00:37:27
184 Craig Zipfel	00:38:22
193 Tina Calthorpe	00:40:27
194 Robert Calthorpe	00:40:27
199 Dian Crone	00:43:06
203 James Riley	00:47:57

Club Results 2018

Hull Parkrun 5K - 21st April

47 Ashley Porter	00:21:33
69 Simon Porter	00:22:13
267 Amanda Tindall	00:27:47
268 Kirsten Porter	00:27:49

Humber Bridge Parkrun 5K - 21st April

115 Lyndon Spivey	00:30:21
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Bournemouth Parkrun 5K - 21st April

88 Allan Clayton	00:23:18
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Canons Park Parkrun 5K - 21st April

3 Peter Gulc	00:20:31
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Virgin Money London Marathon - 22nd April

2118 Nick Jordan	03:12:16
5891 Karon Colley	03:40:03
6290 Emma Brown	03:42:39
14399 Sarah Wood	04:23:36
21950 Patricia Bielby	04:55:32

CoH Champagne League, Elloughton Dale Road 4.7 miles - 24th April

2 Scott Hargreaves	00:27:42
58 Anthony Hughes	00:35:52
71 Emma Artley	00:37:08
131 Dave Foster	00:48:21

Sewerby Parkrun 5K - 28th April

1 Phill Taylor	00:17:44
2 Nick Jordan	00:18:45
8 Bill Pike	00:20:33
17 Simon Ellerker	00:21:54
26 Andy Baker	00:22:57
40 Janet Potter	00:24:00
45 Patricia Bielby	00:24:18
47 Emma Artley	00:24:29
48 Graham Lonsdale	00:24:30
53 Alexis Zulueta (J)	00:24:48 PB
54 Diane Palmer	00:24:50
57 Kelly Palmer	00:25:04
61 Simon Porter	00:25:43
71 Pete Royal	00:26:14
76 Miriam Ireland	00:26:37
81 Luke Duffill	00:26:49
82 Dominique Webster	00:27:02
83 Bob Eyre	00:27:04
95 Zoe Ellis	00:28:08
107 Kirsten Porter	00:28:53
112 Lynden Spivey	00:29:16

Club Results 2018

114 Dave Foster	00:29:26
119 Hannah Little	00:30:19
121 Wendy Foster	00:30:27
125 Becky Lawry	00:30:46
128 Lynda Gent	00:31:08
165 Janet Downes	00:34:24
173 Caroline Strathearn	00:35:24
177 Sam Adams	00:36:23 PB
185 Dave Duffill	00:37:00
186 Linda Hall	00:37:12
187 Cindy Baker	00:37:13
188 Debbie Duffill	00:37:13
190 Kevin Sissons	00:38:04
194 Simon Knowles	00:39:19
200 Tina Calthorpe	00:39:55
201 Dian Crone	00:39:56
202 Robert Calthorpe	00:39:56

Yorkshire Wildlife Park - Run for Wildlife 5K, Doncaster - 29th April

33 Mollie Holehouse	00:21:46 3rd F (1st SL)
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Fountains 10K - 29th April

	Chip Time	Gun Time
395 Tina Calthorpe	01:23:59	01:24:36
396 Robert Calthorpe	01:23:59	01:24:36

EHH Summer League Race 2, Sproatley 6 Mile - 1st May

4 Phill Taylor	00:32:18
10 Scott Hargreaves	00:34:35
25 Simon Ellerker	00:37:45
28 Josh Taylor	00:38:07
33 Tony Smith	00:38:30
55 Andy Baker	00:40:28
64 John Potter	00:41:28
77 Becky Clifton	00:42:53
78 Graham Lonsdale	00:42:53
96 Emma Artley	00:44:20
100 Martin Hutchinson	00:44:53
106 Janet Potter	00:45:19 1st F60
120 Simon Porter	00:46:28
133 Diane Palmer	00:47:40 1st F50
134 Kelly Palmer	00:48:00
156 Bob Eyre	00:50:10
157 Dominique Webster	00:50:22
162 Ben Smith	00:50:42
166 Heidi Baker	00:51:29
169 Pete Royal	00:52:01
181 Zoe Ellis	00:52:58
189 Verona Petty	00:54:28
192 Amanda Tindall	00:54:52

Club Results 2018

193 Kirsten Porter 00:54:52

Sewerby Parkrun 5K - 5th May

5 Nick Jordan 00:18:23 PB
14 Josh Taylor 00:20:08
19 Nick Hellewell 00:20:44
29 Mollie Holehouse 00:21:54 2nd F
44 Clayton Hellewell (J) 00:23:18
47 Simon Knowles 00:23:25
54 Emma Artley 00:23:51
59 Alexis Zulueta (J) 00:24:22 PB
60 Allan Clayton 00:24:29
61 Janet Potter 00:24:33
62 Diane Palmer 00:24:33
70 Pete Royal 00:24:57
77 Bob Eyre 00:25:29
79 Justine Sutcliffe 00:25:36
89 Stuart Bowes 00:26:35
91 Heidi Baker 00:26:46
92 Miriam Ireland 00:26:50
94 Luke Duffill 00:26:54
97 Jason Pointez 00:26:57
108 Dominique Webster 00:27:38
110 Tracey Holehouse 00:27:40
119 Dave Foster 00:28:05
130 Sharon Bowes 00:29:02
157 Becky Lawry 00:30:34
170 Wendy Foster 00:31:14
195 Robert Calthorpe 00:33:07
209 Linda Hall 00:34:22
216 Janet Downes 00:34:45
217 Kevin Sissons 00:34:47
219 Debbie Duffill 00:35:18
236 Tina Calthorpe 00:37:04
237 Sam Adams 00:37:07
246 David Duffill 00:38:14
268 Dian Crone 00:41:14
275 Caroline Strathearn 00:41:41

Dalby Forest Parkrun 5K - 5th May

82 Kirsten Porter 00:26:47
83 Simon Porter 00:26:48
112 Amanda Tindall 00:28:46 PB

Heslington Parkrun 5K - 5th May

20 Andy Baker 00:19:51
219 Cindy Baker 00:32:37

Huddersfield Parkrun 5K - 5th May

101 Patricia Bielby 00:22:59

North Lincolnshire Half Marathon - 6th May

	Chip Time	Gun Time
606 Louise Taylor	01:55:50	01:56:24
721 April-Marie Exley	01:59:17	01:59:51
723 Martin Hutchinson	01:59:17	01:59:52
1261 Hannah Little	02:24:07	02:25:18
1288 Lynda Gent	02:25:45	02:26:56

Birmingham 10K - 6th May

62 Sandra Orlando	01:08:27	5th LV70
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Kirkbymoorside 10K - 6th May

5 Scott Hargreaves	00:37:39
346 Mark Loft	01:08:01

Keswick Half Marathon - 6th May

636 Paul Smith	02:43:18
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CoH Champagne League, Brantingham to Raywell 3.6 miles - 8th May

4 Scott Hargreaves	00:21:28
49 Anthony Hughes	00:27:23
62 Emma Artley	00:28:36
123 Dave Foster	00:35:47

York 5K Series Race 2 - 10th May

	Chip Time	Gun Time
2 Phill Taylor	00:16:14	00:16:15
22 Josh Taylor	00:17:57	00:17:57
55 Mollie Holehouse	00:20:54	00:20:55

Huddersfield Parkrun 5K - 12th May

78 Patricia Bielby	00:22:21	PB
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Sewerby Parkrun 5K - 12th May

5 Nick Jordan	00:19:18
8 Simon Ellerker	00:20:25
12 John Potter	00:20:57
13 Lewis Dale (J)	00:21:20
29 James Riley	00:22:59
37 Simon Knowles	00:23:53
39 Andy Baker	00:24:10
40 Allan Clayton	00:24:11
42 Graham Lonsdale	00:24:16
52 Diane Palmer	00:25:10
65 Miriam Ireland	00:25:54
69 Mark Woodley	00:26:05
71 Simon Porter	00:26:15
72 Jason Pointez	00:26:17
74 Heidi Baker	00:26:23

Club Results 2018

102 Sharon Bowes	00:28:52
103 Kirsten Porter	00:28:56
124 Wendy Foster	00:31:03
127 Becky Lawry	00:31:20
133 Luke Duffill	00:31:36
152 Lyndon Spivey	00:34:49
155 Debbie Duffill	00:35:28
159 Linda Hall	00:35:52
162 Cindy Baker	00:36:02
163 Sam Adams	00:36:17 PB
170 David Duffill	00:37:17
174 Dian Crone	00:38:12
175 Janet Downes	00:38:13
183 Lynda Gent	00:40:18
182 Tina Calthorpe	00:40:18
184 Robert Calthorpe	00:40:19
185 Andy Godfrey	00:41:30
195 Sandra Orlando	00:49:50 Tail Runner

Beverley 10K - 13th May

	Chip Time	Gun Time	Cat Pos
6 Phill Taylor	00:33:39	00:33:41	
22 Scott Hargreaves	00:36:07	00:36:10	
42 Nick Jordan	00:37:48	00:37:52	
75 Josh Taylor	00:39:52	00:39:52	
114 Andy Baker	00:41:31	00:41:38	
141 William Pike	00:42:14	00:42:33	
190 Graham Lonsdale	00:43:33	00:43:53	
239 Mollie Holehouse	00:44:54	00:45:07	
306 Simon Porter	00:46:27	00:46:38	
355 Anthony Hughes	00:46:48	00:47:37	
393 Janet Potter	00:47:31	00:48:20	2nd LV60
426 Emma Artley	00:48:02	00:48:51	
578 Justine Sutcliffe	00:50:35	00:51:23	
580 Kelly Palmer	00:49:56	00:51:25	
601 Diane Palmer	00:50:19	00:51:47	
647 Heidi Baker	00:51:43	00:52:31	
673 Dominique Webster	00:51:39	00:52:52	
685 Bob Eyre	00:51:48	00:53:01	
843 Stuart Bowes	00:54:19	00:55:41	
899 Dave Foster	00:55:49	00:56:26	
973 Ray Robinson	00:56:17	00:57:31	
1001 Zoe Ellis	00:56:23	00:57:58	
1030 Amanda Tindall	00:57:18	00:58:32	
1053 Verona Petty	00:57:26	00:59:00	
1055 Sharon Bowes	00:57:40	00:59:02	
1085 Tracey Holehouse	00:57:52	00:59:25	
1086 Becky Lawry	00:57:16	00:59:26	
1199 Sarah Murray	00:59:49	01:01:18	
1283 Lynda Gent	01:01:22	01:02:58	

Club Results 2018

1359 Sandra Orlando	01:03:01	01:04:38	1st LV70
1482 Janet Downes	01:06:30	01:08:40	
1515 Linda Hall	01:08:01	01:10:13	2nd LV70
1537 Robert Calthorpe	01:09:53	01:11:42	
1552 Sam Adams	01:10:39	01:12:51	
1586 Elizabeth Ingle	01:13:14	01:15:01	
1596 Caroline Strathearn	01:13:56	01:16:08	
1598 Tina Calthorpe	01:14:55	01:16:42	
1614 Jessica Woodley	01:17:48	01:19:58	
1619 Dian Crone	01:18:08	01:20:19	

BRR Summer Challenge, Race 3 - Beverley 10K

Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Stuart Bowes	01:00:15	00:54:19	5.56	-9.85%	50
2 Simon Porter	00:51:26	00:46:27	4.59	-9.69%	49
3 Dave Foster	01:00:25	00:55:49	4.36	-7.61%	48
4 Bob Eyre	00:54:19	00:51:48	2.31	-4.63%	47
5 Graham Lonsdale	00:45:31	00:43:33	1.58	-4.32%	46
6 Phill Taylor	00:35:01	00:33:39	1.22	-3.90%	45=
7 Nick Jordan	00:39:20	00:37:48	1.32	-3.90%	45=
8 Robert Calthorpe	01:11:58	01:09:53	2.05	-2.89%	43
9 Andy Baker	00:42:32	00:41:31	1.01	-2.39%	42
10 Bill Pike	00:43:11	00:42:14	0.57	-2.20%	41
11 Scott Hargreaves	00:36:55	00:36:07	0.48	-2.17%	40
12 Ray Robinson	00:57:14	00:56:17	0.57	-1.66%	39
13 Tony Hughes	00:46:36	00:46:48	-0.12	0.43%	38
14 Josh Taylor	00:37:35	00:39:52	-2.17	6.08%	37
Women					
1 Becky Lawry	01:04:47	00:57:16	7.31	-11.60%	50
2 Linda Hall	01:14:58	01:08:01	6.57	-9.27%	49
3 Tina Calthorpe	01:22:09	01:14:55	7.14	-8.81%	48
4 Janet Downes	01:12:26	01:06:30	5.56	-8.19%	47
5 Sam Adams	01:16:51	01:10:39	6.12	-8.07%	46
6 Dominique Webster	00:55:53	00:51:39	4.14	-7.58%	45
7 Sandra Orlando	01:07:43	01:03:01	4.42	-6.94%	44
8 Dian Crone	01:23:37	01:18:08	5.29	-6.56%	43
9 Heidi Baker	00:55:14	00:51:43	3.31	-6.37%	42
10 Elizabeth Ingle	01:18:11	01:13:14	4.57	-6.33%	41
11 Sharon Bowes	01:01:01	00:57:40	3.21	-5.49%	40
12 Lynda Gent	01:04:42	01:01:22	3.20	-5.15%	39
13 Janet Potter	00:49:49	00:47:31	2.18	-4.62%	38
14 Zoe Ellis	00:58:39	00:56:23	2.16	-3.86%	37
15 Kelly Palmer	00:51:31	00:49:56	1.35	-3.07%	36
16 Justine Sutcliffe	00:51:44	00:50:35	1.09	-2.22%	35
17 Diane Palmer	00:51:27	00:50:19	1.08	-2.20%	34
18 Caroline Strathearn	01:15:05	01:13:56	1.09	-1.53%	33

Club Results 2018

19 Verona Petty	00:58:15	00:57:26	0.49	-1.40%	32
20 Emma Artley	00:48:33	00:48:02	0.31	-1.06%	31
21 Mollie Holehouse	00:45:13	00:44:54	0.19	-0.70%	30
22 Tracey Holehouse	00:58:04	00:57:52	0.12	-0.34%	29
23 Amanda Tindall	00:56:46	00:57:18	-0.32	0.94%	28
24 Sarah Murray	00:57:33	00:59:49	-2.16	3.94%	27
25 Jessica Woodley	01:07:50	01:17:48	-9.58	14.69%	26

EHH Summer League Race 3, East Park 4 Mile - 15th May

4 Phill Taylor	00:21:19	
7 Scott Hargreaves	00:22:18	
20 Josh Taylor	00:23:46	
32 Simon Ellerker	00:24:47	
41 Lewis Dale	00:25:37	1st JM
48 Andy Baker	00:25:46	
50 Bill Pike	00:25:52	
64 John Potter	00:26:43	
76 Graham Lonsdale	00:27:31	
92 Martin Hutchinson	00:28:14	**
95 Anthony Hughes	00:28:20	
112 Janet Potter	00:28:58	1st F60
117 Emma Artley	00:29:32	
137 Kelly Palmer	00:30:31	
141 Diane Palmer	00:30:42	
148 Simon Porter	00:31:00	
161 Heidi Baker	00:31:28	4th H'cap
171 Bob Eyre	00:32:15	
183 Dominique Webster	00:33:26	
198 Kirsten Porter	00:34:09	
202 Zoe Ellis	00:34:38	
208 Verona Petty	00:34:52	
209 Amanda Tindall	00:34:52	
211 Ray Robinson	00:35:07	
230 Wendy Foster	00:37:02	

Martin - current leader of handicap league

Rock n Roll 5K, Liverpool - 19th May

3468 Mandy Miller	00:42:39
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Sewerby Parkrun 5K - 19th May

4 Phill Taylor	00:18:03
7 Nick Jordan	00:18:40
9 Josh Taylor	00:19:00
15 Nick Hellewell	00:20:20
22 Lewis Dale	00:21:25
27 Mollie Holehouse	00:22:08
36 Graham Lonsdale	00:22:46
39 Simon Knowles	00:22:57
46 Clayton Hellewell	00:23:19

Club Results 2018

50 Janet Potter	00:23:39
52 Allan Clayton	00:24:04
57 Diane Palmer	00:24:11
63 Justine Sutcliffe	00:24:33
71 Miriam Ireland	00:25:11 PB
79 Heidi Baker	00:25:31
86 Bob Eyre	00:25:42
97 Zoe Ellis	00:26:24
98 Dominique Webster	00:26:24
126 Tracey Holehouse	00:28:24
137 Dave Foster	00:29:08
139 Becky Lawry	00:29:23
144 Jason Pointez	00:29:35
154 Luke Duffill	00:30:06
160 Lynda Gent	00:31:08
178 Sandra Orlando	00:33:27
186 Debbie Duffill	00:34:57
188 Wendy Foster	00:35:05
194 Linda Hall	00:35:42
195 Janet Downes	00:35:46
204 Elizabeth Ingle	00:36:41
214 David Duffill	00:38:53
216 Tina Calthorpe	00:39:13
217 Robert Calthorpe	00:39:14
222 Andy Godfrey	00:42:01
229 Sam Adams	00:47:14
230 Dian Crone	00:47:14
231 Kevin Sissons	00:47:16
232 Caroline Strathearn	00:47:16

Hull Parkrun 5K - 19th May

229 Kirsten Porter	00:26:16
261 Amanda Tindall	00:26:55 PB
262 Simon Porter	00:26:55

Huddersfield Parkrun 5K - 19th May

79 Patricia Bielby	00:22:20 PB
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Heslington Parkrun 5K - 19th May

17 Andy Baker	00:19:58
211 Cindy Baker	00:33:18

Ravenscar Half Marathon - 20th May

	Chip Time	Gun Time	Cat Pos
98 Simon Porter	02:11:54	02:11:57	
128 Emma Atley	02:19:24	02:19:29	
168 Dave Foster	02:28:01	02:28:06	
183 Heidi Baker	02:31:56	02:32:08	
220 Julie Madden	02:41:03	02:41:14	1st F60
221 Jane Welbourn	02:41:03	02:41:15	

Club Results 2018

Ravenscar 10K - 20th May

	Chip Time	Gun Time	Cat Pos
8 Scott Hargreaves	00:48:29	00:48:30	2nd MSEN
57 Stuart Bowes	01:03:11	01:03:19	2nd M55
73 Sharon Bowes	01:07:33	01:07:42	
105 Amanda Tindall	01:15:07	01:15:11	
106 Wendy Foster	01:15:07	01:15:11	

Great Manchester Run 10K - 20th May

1315 Bill Pike	00:48:20
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Rock n Roll Half Marathon, Liverpool - 20th May

8851 Mandy Miller	03:25:35
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CoH Champagne League, Wauldby Green 3.8 miles - 22nd May

1 Scott Hargreaves	00:22:20
64 Anthony Hughes	00:30:01
66 Emma Artley	00:30:10
117 Dave Foster	00:35:50

BRR Three Hills Race - 24th May

1 Phill Taylor	00:34:35	1st M
2 Scott Hargreaves	00:35:50	2nd M
3 Josh Taylor	00:38:42	3rd M
4 Simon Ellerker	00:40:52	1st V40
5 Tony Smith	00:41:31	1st V50
6 Andy Baker	00:43:59	
7 Graham Lonsdale	00:45:22	
8 Becky Clifton	00:45:45	1st L
9 Simon Knowles	00:46:07	
10 James Riley	00:46:46	
11 Martin Hutchinson	00:48:10	
12 Andy Long	00:48:39	
13 Allan Clayton	00:49:07	1st V60
14 Kelly Palmer	00:51:03	2nd L
15 Justine Sutcliffe	00:52:10	3rd L
16 Diane Palmer	00:52:13	1st LV50
17 Heidi Baker	00:52:46	1st LV40
18 Kevin Lewis	00:53:33	
19 Ben Smith	00:53:55	
20 Becky Lawry	00:53:57	
21 Stuart Bowes	00:54:24	
22 Miriam Ireland	00:54:31	
23 Zoe Ellis	00:55:53	
24 David Foster	00:57:59	
25 Sharon Bowes	00:59:11	
26 Lynda Gent	01:01:49	
27 Sandra Orlando	01:08:32	1st LV70
28 Janet Downes	01:12:06	

Club Results 2018

29 Sam Adams	01:12:48	
30 Tina Calthorpe	01:14:53	1st LV60
31 Dian Crone	01:18:50	
32 Dominique Webster	01:18:52	Support Runner
33 Elizabeth Ingle	01:22:14	

BRR Summer Challenge, Race 4 - BRR Three Hills Race

Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Allan Clayton	00:51:08	00:49:07	2.01	-3.94%	50
2 Stuart Bowes	00:56:08	00:54:24	1.44	-3.09%	49
3 James Riley	00:47:55	00:46:46	1.09	-2.40%	48
4 Dave Foster	00:59:22	00:57:59	1.23	-2.33%	47
5 Phill Taylor	00:35:20	00:34:35	0.45	-2.12%	46
6 Scott Hargreaves	00:36:33	00:35:50	0.43	-1.96%	45
7 Josh Taylor	00:39:28	00:38:42	0.46	-1.94%	44
8 Simon Knowles	00:47:01	00:46:07	0.54	-1.91%	43
9 Andy Long	00:49:33	00:48:39	0.54	-1.82%	42
10 Simon Ellerker	00:41:00	00:40:52	0.08	-0.33%	41
11 Graham Lonsdale	00:45:30	00:45:22	0.08	-0.29%	40
12 Ben Smith	00:53:54	00:53:55	-0.01	0.03%	39
13 Martin Hutchinson	00:48:06	00:48:10	-0.04	0.14%	38
14 Kevin Lewis	00:53:21	00:53:33	-0.12	0.37%	37
15 Tony Smith	00:41:18	00:41:31	-0.13	0.52%	36
16 Andy Baker	00:41:54	00:43:59	-2.05	4.97%	35
Women					
1 Becky Lawry	00:58:19	00:53:57	4.22	-7.49%	50
2 Tina Calthorpe	01:18:37	01:14:53	3.44	-4.75%	49
3 Lynda Gent	01:04:44	01:01:49	2.55	-4.51%	48
4 Sam Adams	01:16:08	01:12:48	3.20	-4.38%	47
5 Dian Crone	01:22:10	01:18:50	3.20	-4.06%	46
6 Sharon Bowes	01:00:17	00:59:11	1.06	-1.82%	45
7 Zoe Ellis	00:56:29	00:55:53	0.36	-1.06%	44
8 Miriam Ireland	00:54:52	00:54:31	0.21	-0.64%	43
9 Justine Sutcliffe	00:52:16	00:52:10	0.06	-0.19%	42
10 Becky Clifton	00:45:47	00:45:45	0.02	-0.07%	41
11 Sandra Orlando	01:08:29	01:08:32	-0.03	0.07%	40
12 Heidi Baker	00:52:30	00:52:46	-0.16	0.51%	39
13 Janet Downes	01:11:33	01:12:06	-0.33	0.77%	38
14 Kelly Palmer	00:50:21	00:51:03	-0.42	1.39%	37
15 Diane Palmer	00:50:36	00:52:13	-1.37	3.19%	36
16 Elizabeth Ingle	01:17:34	01:22:14	-4.40	6.02%	35
17 Dominique Webster	00:54:12	01:18:52	-24.40	45.51% **	34

** Support Runner

Club Results 2018

1	Phill Taylor	00:17:08	1st M
4	Scott Hargreaves	00:17:39	PB
6	Josh Taylor	00:19:28	
12	Lewis Dale (J)	00:20:48	
13	Daniel Simons	00:20:57	
15	Andy Baker	00:21:09	
34	Simon Knowles	00:23:02	
45	Katy Cawthorn	00:23:49	
47	Allan Clayton	00:24:01	
48	Clayton Hellewell (J)	00:24:10	
51	Simon Porter	00:24:17	
58	Diane Palmer	00:24:43	
81	Heidi Baker	00:25:39	
112	Miriam Ireland	00:26:58	
127	Dave Foster	00:28:10	
145	Becky Lawry	00:29:18	
149	Kirsten Porter	00:29:26	
162	Hannah Little	00:30:19	
165	Lynda Gent	00:30:31	
178	Luke Duffill	00:31:21	
207	Robert Calthorpe	00:33:37	
210	Sandra Orlando	00:34:00	
211	Debbie Duffill	00:34:01	
219	Linda Hall	00:34:51	
238	Dave Duffill	00:37:22	
241	Cindy Baker	00:37:34	
244	Elizabeth Ingle	00:38:06	
247	Tina Calthorpe	00:38:21	
251	Andy Godfrey	00:39:45	
253	Zoe Ellis	00:39:58	
254	Jack Ellis (J)	00:40:00	
258	Kevin Sissons	00:40:21	
259	Janet Downes	00:40:22	
260	Dian Crone	00:40:23	

Dewsbury Parkrun 5K - 26th May

22	Patricia Bielby	00:23:08	PB
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Middleton Woods Parkrun 5K - 26th May

11	John Potter	00:21:30	VM60-64 Course Record
39	Janet Potter	00:24:58	1st F VW60-64 Course Record

Hull Parkrun 5K - 26th May

33	Bill Pike	00:19:38	
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Humber Bridge 10K - 27th May

	Chip Time	Gun Time	
16	Josh Taylor	00:40:03	00:40:04
61	Mollie Holehouse	00:45:33	00:45:35
210	Tracey Holehouse	00:57:35	00:57:44

Hardmoors 110 miles - 26th/27th May

13 Pearl Bayford 28:48:09 1st Lady & 1st FV50

EHH Summer League Race 4, Leven 10K - 29th May

4	Phill Taylor	00:33:57
6	Scott Hargreaves	00:35:24
14	Josh Taylor	00:36:51
42	Simon Ellerker	00:40:26
43	Tony Smith	00:40:26
50	Lewis Dale	00:41:40 1st JM
63	John Potter	00:42:50
85	Graham Lonsdale	00:44:43
95	Emma Artley	00:45:58 1st F35
96	Janet Potter	00:46:07 1st F60
97	Martin Hutchinson	00:46:09 **
121	Kelly Palmer	00:48:01
129	Diane Palmer	00:48:46
143	Heidi Baker	00:50:11
156	Dominique Webster	00:51:53
161	Miriam Ireland	00:52:47
168	Verona Petty	00:53:33 5th H'cap
176	Zoe Ellis	00:54:21
177	Kirsten Porter	00:54:21
186	Ray Robinson	00:55:54
190	Sharon Bowes	00:56:38
195	Amanda Tindall	00:57:36
208	Wendy Foster	01:00:33

** Martin is currently 3rd in Handicap League

Sewerby Parkrun 5K - 2nd June

1	Phill Taylor	00:17:11 1st M
9	Simon Ellerker	00:19:47
13	Lewis Dale (J)	00:20:07
26	Mollie Holehouse	00:21:50 3rd F
29	Simon Knowles	00:22:06 PB
32	Martin Hutchinson	00:22:33 PB
33	Katy Cawthorn	00:22:34
42	Bill Pike	00:23:07
53	Clayton Hellewell (J)	00:24:13
55	Graham Lonsdale	00:24:27
64	Heidi Baker	00:25:18
66	Simon Porter	00:25:24
73	Jason Pointez	00:25:43
74	Chris Phelps Snr	00:25:45
89	Luke Duffill	00:26:39
96	Miriam Ireland	00:27:10
112	Tracey Holehouse	00:27:46
114	Kirsten Porter	00:27:49

Club Results 2018

120 Dave Foster	00:28:18
121 Sharon Bowes	00:28:19
161 Amanda Tindall	00:30:44
162 Lynda Gent	00:30:44
175 Sandra Orlando	00:31:49
193 Debbie Duffill	00:34:03
226 Linda Hall	00:36:28
227 Diane Crone	00:36:40
228 Kevin Sissons	00:36:41
234 Janet Downes	00:37:11
235 Sam Adams	00:37:14
240 David Duffill	00:38:11
242 Tina Calthorpe	00:38:27
243 Robert Calthorpe	00:38:28
248 Andy Godfrey	00:39:33
257 Zoe Ellis	00:41:47

Skipton Parkrun 5K - 2nd June

43 Janet Potter	00:24:09
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Dalby Forest Parkrun 5K - 2nd June

107 Becky Gilbank	00:27:44
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Huddersfield Half Marathon - 3rd June

44 Patricia Bielby	02:06:26
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Top of the Wolds 10K, Warter - 3rd June

	Chip Time	Gun Time
3 Scott Hargreaves	00:37:36	00:37:36
8 Josh Taylor	00:40:06	00:40:06
20 Bill Pike	00:44:22	00:44:25
36 Andy Baker	00:46:54	00:47:10
41 Graham Lonsdale	00:48:04	00:48:07
70 Allan Clayton	00:51:41	00:51:48
81 Andy Long	00:52:19	00:52:36
84 Emma Artley	00:52:55	00:52:59
91 Diane Palmer	00:53:45	00:54:00
107 Kelly Palmer	00:54:49	00:55:04
115 Heidi Baker	00:55:44	00:55:47
132 Dominique Webster	00:56:25	00:56:42
146 David Foster	00:58:09	00:58:26
147 Bob Eyre	00:58:25	00:58:39
148 Jane Welbourn	00:58:25	00:58:39
162 Rebecca Gaines	01:00:29	01:00:43
175 Julie Madden	01:02:24	01:02:39
176 Zoe Ellis	01:02:21	01:02:39
184 Sharon Bowes	01:03:29	01:03:45
190 Sarah Murray	01:04:03	01:04:20
194 Hannah Little	01:04:33	01:04:47
198 Lynda Gent	01:05:30	01:05:44

Club Results 2018

215 Stuart Bowes	01:08:48	01:09:05
221 Becky Lawrie	01:10:05	01:10:20
223 Janet Downes	01:10:12	01:10:27
230 Sandra Orlando	01:11:37	01:11:45
233 Robert Calthorpe	01:12:15	01:12:29
237 Sophie Wiles	01:14:11	01:14:31
244 Linda Hall	01:17:03	01:17:22
247 Sam Adams	01:19:48	01:20:08
248 Elizabeth Ingle	01:20:52	01:21:11
249 Tina Calthorpe	01:24:06	01:24:19
250 Diane Crone	01:24:16	01:24:19

BRR Summer Challenge, Race 5 - Top of the Wolds 10K

Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Dave Foster	01:00:49	00:58:09	2.40	-4.38%	50
2 Robert Calthorpe	01:13:12	01:12:15	0.57	-1.30%	49
3 Josh Taylor	00:40:10	00:40:06	0.04	-0.17%	48
4 Allan Clayton	00:51:25	00:51:41	-0.16	0.52%	47
5 Graham Lonsdale	00:47:17	00:48:04	-0.47	1.66%	46
6 Scott Hargreaves	00:36:54	00:37:36	-0.42	1.90%	45
7 Bill Pike	00:42:57	00:44:22	-1.25	3.30%	44
8 Andy Long	00:50:28	00:52:19	-1.51	3.67%	43
9 Andy Baker	00:43:51	00:46:54	-3.03	6.96%	42
10 Bob Eyre	00:54:29	00:58:25	-3.56	7.22%	41
11 Stuart Bowes	00:56:35	01:08:48	-12.13	21.59%	40
Women					
1 Sophie Wiles	01:17:50	01:14:11	3.39	-4.69%	50
2 Janet Downes	01:13:24	01:10:12	3.12	-4.36%	49
3 Hannah Little	01:06:52	01:04:33	2.19	-3.46%	48
4 Lynda Gent	01:05:49	01:05:30	0.19	-0.48%	47
5 Elizabeth Ingle	01:20:40	01:20:52	-0.12	0.25%	46
6 Sandra Orlando	01:11:14	01:11:37	-0.23	0.54%	45
7 Dominique Webster	00:55:52	00:56:25	-0.33	0.98%	44
8 Linda Hall	01:15:28	01:17:03	-1.35	2.10%	43
9 Diane Palmer	00:52:34	00:53:45	-1.11	2.25%	42
10 Heidi Baker	00:54:12	00:55:44	-1.32	2.83%	41
11 Dian Crone	00:21:31	01:24:16	-2.45	3.37%	40
12 Jane Welbourn	00:56:13	00:58:25	-2.12	3.91%	39
13 Sam Adams	01:16:20	01:19:48	-3.28	4.54%	38
14 Tina Calthorpe	01:20:14	01:24:06	-3.52	4.82%	37
15 Sharon Bowes	01:00:33	01:03:29	-2.56	4.84%	36
16 Sarah Murray	01:00:13	01:04:03	-3.50	6.37%	35
17 Emma Artley	00:49:36	00:52:55	-3.19	6.69%	34
18 Kelly Palmer	00:51:06	00:54:49	-3.43	7.27%	33
19 Zoe Ellis	00:57:08	01:02:21	-5.13	9.13%	32
20 Rebecca Gaines	00:55:19	01:00:29	-5.10	9.34%	31

Club Results 2018

21 Julie Madden	00:56:09	01:02:24	-6.15	11.13%	30
22 Becky Lawry	00:58:11	01:10:05	-11.54	20.45%	29

Derby Half Marathon - 3rd June

	Chip Time	Gun Time
1223 Kevin Lewis	02:03:44	02:04:45

CoH Champagne League, Kiplingcotes Crossroad 5.5 miles - 5th June

Staggered Start Race	Finish Time	H'Cap	Actual Time
4 Dave Foster	00:59:49	14.45	00:45:04
62 Scott Hargreaves	01:04:51	35.30	00:29:21
141 Emma Artley	01:08:14	26.30	00:41:44

That's so Hebden Bridge Fell Race 10K - 7th June

116 Heidi Baker	01:19:15
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Sewerby Parkrun 5K - 9th June

2 Scott Hargreaves	00:17:31 PB	2nd M
5 Josh Taylor	00:18:46	
6 Nick Jordan	00:19:08	
10 Simon Ellerker	00:19:58	
16 Andy Baker	00:21:19	
17 Mollie Holehouse	00:21:20 PB	1st F
18 Bill Pike	00:21:28	
43 Graham Lonsdale	00:23:22	
46 Simon Porter	00:23:31	
48 Clayton Hellewell	00:23:53	
50 Janet Potter	00:23:57	
52 Diane Palmer	00:24:04	
61 Heidi Baker	00:24:29 PB	
73 Miriam Ireland	00:25:09 PB	
83 Bob Eyre	00:25:45	
91 Zoe Ellis	00:26:18	
107 Dominique Webster	00:27:30	
113 Kirsten Porter	00:27:49	
114 Tracey Holehouse	00:27:50	
124 Sharon Bowes	00:28:31	
134 Lynda Gent	00:29:33	
161 Lyndon Spivey	00:32:46	
168 Janet Downes	00:33:32	
170 Debbie Duffill	00:33:38	
171 Luke Duffill	00:33:38	
174 Sophie Wiles	00:34:11	
183 Linda Hall	00:35:13	
184 Kevin Sissons	00:35:24	
185 Cindy Baker	00:35:30	
191 David Duffill	00:36:36	
192 Tina Calthorpe	00:36:56	
193 Robert Calthorpe	00:36:57	
202 Diane Crone	00:38:32	

Club Results 2018

207 Andy Godfrey 00:39:23

Dalby Forest Parkrun 5K - 9th June

64 Dave Foster 00:27:57

91 Wendy Foster 00:30:50

Hull Parkrun 5K - 9th June

22 Peter Gulc 00:19:44

Huddersfield Parkrun 5K - 9th June

89 Patricia Bielby 00:23:15

Asda Foundation Hull 10K - 10th June

	Chip Time	Gun Time
95 Bill Pike	00:41:26	00:42:13
231 Nick Hellewell	00:45:45	00:46:16
1034 Becky Lawry	00:55:44	00:57:36

Asda Foundation Hull Half Marathon - 10th June

283 Ian Midgely 01:42:48 01:44:03

370 Andy Long 01:46:33 01:47:59

Hardmoors White Horse Marathon - 10th June

36 Cathy Wood 05:51:55 6th Lady

EHH Summer League Race 5, Sproatley 7 Mile - 12th June

3 Phill Taylor	00:37:54	3rd M
5 Scott Hargreaves	00:40:12	
14 Josh Taylor	00:42:37	
21 Simon Ellerker	00:44:59	
36 Bill Pike	00:47:47	
42 John Potter	00:48:31	1st M60
49 Lewis Dale	00:49:57	1st JM
68 Graham Lonsdale	00:51:45	
74 Janet Potter	00:52:41	1st F60
75 Simon Porter	00:53:12	
82 Martin Hutchinson	00:54:27	**
104 Emma Artley	00:57:10	
106 Heidi Baker	00:57:45	
113 Verona Petty	00:58:53	
114 Anthony Hughes	00:58:53	
119 Bob Eyre	00:59:27	
128 Ben Smith	01:01:28	
136 Zoe Ellis	01:02:12	
137 Dominique Webster	01:02:12	
150 Amanda Tindall	01:06:00	
151 Kirsten Porter	01:06:00	1st JF

** Martin is 4th in the overall Handicap Table

Club Results 2018

Sledmere Sunset Trail 10K - 15th June

	Chip Time	Gun Time	
1 Phill Taylor	00:36:07	00:36:08	1st SNR
2 Scott Hargreaves	00:36:24	00:36:24	2nd SNR
5 Josh Taylor	00:39:30	00:39:31	3rd SNR
44 Graham Lonsdale	00:46:49	00:46:55	
50 James Riley	00:47:45	00:47:51	
57 Anthony Hughes	00:48:26	00:48:30	
63 Emma Artley	00:48:57	00:49:02	
67 Andrew Long	00:49:20	00:49:27	
87 Martin Hutchinson	00:51:36	00:51:43	
96 Justine Sutcliffe	00:52:11	00:52:18	
103 Simon Porter	00:52:51	00:52:51	
120 Heidi Baker	00:53:53	00:54:01	
130 Miriam Ireland	00:54:25	00:54:41	
135 Bob Eyre	00:54:53	00:55:01	1st V70
148 Dominique Webster	00:55:45	00:56:04	
159 Becky Lawry	00:56:37	00:57:11	
171 Stuart Bowes	00:57:58	00:58:15	
179 Zoe Ellis	00:58:21	00:58:40	
190 Caroline Chard	00:59:35	01:00:07	
208 Tracey Holehouse	01:00:45	01:01:05	
221 Sharon Bowes	01:02:12	01:02:29	
225 Hannah Little	01:02:28	01:03:00	
227 Dave Foster	01:02:48	01:03:06	
236 Wendy Foster	01:03:24	01:03:53	
252 Lynda Gent	01:05:08	01:05:39	
253 Amanda Tindall	01:05:08	01:05:40	
311 Janet Downes	01:13:13	01:13:47	
312 Robert Calthorpe	01:13:12	01:13:48	

Brid Men = 1st Team

BRR Summer Challenge, Race 6 - Sledmere Sunset Trail 10K
Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Graham Lonsdale	00:48:41	00:46:49	1.52	-3.83%	50
2 Andy Long	00:50:41	00:49:20	1.21	-2.66%	49
3 Scott Hargreaves	00:37:13	00:36:24	0.49	-2.19%	48
4 James Riley	00:48:39	00:47:45	0.54	-1.85%	47
5 Bob Eyre	00:55:30	00:54:53	0.37	-1.11%	46
6 Josh Taylor	00:39:43	00:39:30	0.13	-0.55%	45
7 Robert Calthorpe	01:12:55	01:13:12	-0.17	0.39%	44
8 Anthony Hughes	00:47:56	00:48:26	-0.30	1.04%	43
9 Phill Taylor	00:35:21	00:36:07	-0.46	2.17%	42
10 Simon Porter	00:51:35	00:52:51	-1.16	2.46%	41
11 Stuart Bowes	00:56:30	00:57:58	-1.28	2.60%	40
12 Martin Hutchinson	00:48:51	00:51:36	-2.45	5.63%	39

Club Results 2018

13 Dave Foster 00:57:50 01:02:48 -4.58 8.59% 38

Women

1 Hannah Little	01:05:33	01:02:28	3.05	-4.70%	50
2 Dominique Webster	00:57:55	00:55:45	2.10	-3.74%	49
3 Miriam Ireland	00:56:06	00:54:25	1.41	-3.00%	48
4 Becky Lawry	00:57:39	00:56:37	1.02	-1.79%	47
5 Justine Sutcliffe	00:52:53	00:52:11	0.42	-1.32%	46
6 Emma Artley	00:49:33	00:48:57	0.36	-1.21%	45
7 Lynda Gent	01:05:36	01:05:08	0.28	-0.71%	44
8 Heidi Baker	00:53:59	00:53:53	0.06	-0.19%	43
9 Janet Downes	01:12:36	01:13:13	-0.37	0.85%	42
10 Caroline Chard	00:59:01	00:59:35	-0.34	0.96%	41
11 Tracey Holehouse	00:59:58	01:00:45	-0.47	1.31%	40
12 Sharon Bowes	01:00:54	01:02:12	-1.18	2.13%	39
13 Zoe Ellis	00:57:06	00:58:21	-1.15	2.19%	38
14 Wendy Foster	01:01:42	01:03:24	-1.42	2.76%	37
15 Amanda Tindall	01:00:09	01:05:08	-4.59	8.28%	36

Sewerby Parkrun 5K - 16th June

5 Nick Jordan	00:19:12
6 Josh Taylor	00:19:26
9 Lewis Dale	00:20:49
13 Bill Pike	00:21:26
32 Simon Knowles	00:23:44
35 Matt Pilling	00:24:03
36 Allan Clayton	00:24:08
42 April-Marie Exley	00:24:36
49 Martin Hutchinson	00:25:14
50 Andy Baker	00:25:14
52 Phil Lavery	00:25:22
62 Graham Lonsdale	00:26:12
63 Jason Pointez	00:26:13
74 Luke Duffill	00:27:52
75 Heidi Baker	00:28:01
79 Becky Lawry	00:28:17
97 Dave Foster	00:29:25
104 Lynda Gent	00:30:14
109 Lyndon Spivey	00:30:39
117 Wendy Foster	00:32:10
145 Linda Hall	00:35:32
147 Kevin Sissons	00:35:36
154 Cindy Baker	00:36:38
155 Tina Calthorpe	00:36:43
157 Janet Downes	00:36:49
160 Sharon Bowes	00:37:03
162 Sandra Orlando	00:37:11
164 Sam Adams	00:37:19
175 Dian Crone	00:38:40
176 Andy Godfrey	00:39:08

Middleton Woods Parkrun 5K - 16th June

22 Patricia Bielby 00:23:59

Heslington Parkrun 5K - 16th June

96 Ashley Porter 00:22:36
 125 Simon Porter 00:23:37
 226 Kirsten Porter 00:26:25
 300 Amanda Tindall 00:29:16

Burton Pidsea 10K - 17th June

42 William Pike 00:41:48
 43 Andy Baker 00:41:57
 91 Janet Potter 00:47:16
 99 Mollie Holehouse 00:47:41
 115 Martin Hutchinson 00:49:39
 191 Tracey Holehouse 00:58:31
 244 Linda Hall 01:09:32
 258 Elizabeth Ingle 01:15:28

CoH Champagne League, Wauldby Green 8.4 miles - 19th June

Staggered Start Race	Finish Time	H'Cap	Actual Time
49 Dave Foster	01:53:58	00:33:15	01:20:43
54 Scott Hargreaves	01:54:09	01:01:15	00:52:54

Solstice Saunter 5 Mile, Bolton Abbey - 21st June

	Chip Time	Gun Time
638 Rob Calthorpe	01:06:44	01:07:19
639 Tina Calthorpe	01:06:45	01:07:19

Sewerby Parkrun 5K - 23rd June

1 Scott Hargreaves	00:17:28	1st M	PB
6 Nick Jordan	00:20:18		
7 Bill Pike	00:20:26		
8 John Potter	00:20:51		
9 Simon Ellerker	00:21:07		
25 Andy Baker	00:22:20		
27 Mollie Holehouse	00:22:29	3rd F	
35 Simon Porter	00:23:08		
38 Patricia Bielby	00:23:19		PB
45 Janet Potter	00:23:46		
47 Diane Palmer	00:24:01		
50 Louise Taylor	00:24:11		
53 Justine Sutcliffe	00:24:20		
65 Heidi Baker	00:25:28		
68 Jason Pointez	00:25:49		
70 Chris Phelps Snr	00:25:54		
79 Becky Lawry	00:26:22		PB
81 Mark Woodley	00:26:37		

Club Results 2018

85 Zoe Ellis	00:26:51
97 Dave Foster	00:27:11
100 Miriam Ireland	00:27:18
103 Stuart Bowes	00:27:34
114 Tracey Holehouse	00:28:26
118 Kirsten Porter	00:28:38
125 Sharon Bowes	00:28:55
134 Lyndon Spivey	00:29:58
142 Hannah Little	00:30:40
157 Janet Downes	00:33:15
158 Dominique Webster	00:33:17
161 Luke Duffill	00:33:22
162 Bob Eyre	00:33:23
170 Robert Calthorpe	00:34:11
172 Linda Hall	00:34:28
183 Kevin Sissons	00:35:52
186 Cindy Baker	00:36:21
188 Tina Calthorpe	00:36:49
204 Andy Godfrey	00:38:39

Humber Bridge Half Marathon - 24th June

	Chip Time	Gun Time
6 Phill Taylor	01:17:25	01:17:28
38 Nick Jordan	01:28:29	01:28:33
101 Josh Taylor	01:34:45	01:34:48
415 Simon Knowles	01:49:33	01:49:50
1245 Lynda Gent	02:14:54	02:16:20

EHH Summer League Race 6, Coniston 10K - 26th June

6 Scott Hargreaves	00:35:35	
23 Simon Ellerker	00:40:02	
33 Lewis Dale	00:41:26	
35 Bill Pike	00:41:29	
40 Andy Baker	00:42:06	
45 John Potter	00:43:12	
65 Mollie Holehouse	00:44:58	
76 Anthony Hughes	00:46:07	
77 Janet Potter	00:46:17	1st F60
78 Graham Lonsdale	00:46:20	
82 Martin Hutchinson	00:46:53	
104 Patricia Bielby	00:48:48	
115 Kelly Palmer	00:49:43	
116 Diane Palmer	00:49:49	
128 Heidi Baker	00:51:57	
133 Verona Petty	00:52:27	**
147 Dominique Webster	00:54:08	
148 Zoe Ellis	00:54:09	

** Verona is currently 3rd in the overall Handicap

Club Results 2018

Sewerby Parkrun 5K - 30th June

3	Josh Taylor	00:18:46	3rd M
7	Nick Jordan	00:19:40	
45	Allan Clayton	00:23:58	
46	Patricia Bielby	00:24:00	
60	Jason Pointez	00:24:58	
61	Chris Phelps Snr	00:25:07	
71	Becky Lawry	00:25:45	
109	Stuart Bowes	00:28:08	
131	Sharon Bowes	00:29:16	
138	Hannah Little	00:30:02	
141	Lynda Gent	00:30:11	
187	Debbie Duffill	00:33:54	
192	Janet Downes	00:34:36	
212	Linda Hall	00:37:06	
218	David Duffill	00:38:44	
219	Kevin Sissons	00:39:08	
222	Tina Calthorpe	00:39:21	
223	Robert Calthorpe	00:39:22	
228	Andy Godfrey	00:40:04	

Hull Parkrun 5K - 30th June

25	Bill Pike	00:20:46	
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Fountains Abbey Parkrun 5K - 30th June

219	Lyndon Spivey	00:30:14	
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Withernsea 5 Mile - 1st July

	Chip Time	Gun Time	Cat Pos
4	Scott Hargreaves	00:28:07	
36	Mollie Holehouse	00:35:19	00:35:20 2nd F
63	Andy Long	00:37:36	00:37:43
65	Diane Palmer	00:37:56	00:38:01 1st LV50
70	Patricia Bielby	00:38:26	00:38:32 1st LV65
72	Kelly Palmer	00:38:36	00:38:41
104	Miriam Ireland	00:41:21	00:41:29
133	Tracey Holehouse	00:44:27	00:44:34
145	Sharon Bowes	00:45:23	00:45:32
158	Stuart Bowes	00:46:42	00:46:51
164	Lynda Gent	00:47:22	00:47:37
182	Luke Duffill	00:50:35	00:50:51
221	Linda Hall	00:55:56	00:56:12
222	Robert Calthorpe	00:55:55	00:56:12
231	Tina Calthorpe	01:00:42	01:00:58

Endurance 24 Hour, Bramham Park - 30th June/1st July

Approx 5 mile Laps Over 24 hours

Female Solo	Laps	Time
35 Jane Welbourn	12	22:01:58

Male Solo

Club Results 2018

13 Anthony Hughes 20 23:40:51

Female Team

4 Shake, Rattle & Run 31 24:28:36

Mixed Team

17 Wendy's Winners 33 24:27:53

22 Bobettes 32 24:32:31

Shake, Rattle & Run

Justine Sutcliffe
Liz Stevenson
Heidi Baker
Dominique Webster
April-marie Exley
Becky Gilbank

Wendy's Winners

Wendy Foster
Amanda Tindall
Simon Porter
Janet Potter
John Potter
Ashley Porter
Graham Lonsdale
David Foster

Bobettes

Robert Erye
Verona Petty
Kerry Whitehead
Martin Hutchinson
Zoe Ellis
Julie Madden
Andy Baker
Pearl Bayford

BRR Summer Challenge, Race 7 - Withernsea 5 Mile

Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Andy Long	00:38:57	00:37:36	1.21	-3.47%	50
2 Scott Hargreaves	00:28:38	00:28:06	0.32	-1.86%	49
3 Robert Calthorpe	00:55:42	00:55:55	-0.13	0.39%	48
4 Stuart Bowes	00:45:42	00:46:42	-1.00	2.19%	47
5 Luke Duffill	00:45:08	00:50:35	-5.27	12.08%	46
Women					
1 Diane Palmer	00:39:58	00:37:56	2.02	-5.09%	50
2 Tracey Holehouse	00:46:49	00:44:27	2.22	-5.06%	49
3 Sharon Bowes	00:47:33	00:45:23	2.10	-4.56%	48
4 Lynda Gent	00:49:24	00:47:22	2.02	-4.12%	47
5 Miriam Ireland	00:43:00	00:41:21	1.39	-3.84%	46
6 Mollie Holehouse	00:36:18	00:35:19	0.59	-2.71%	45
7 Linda Hall	00:57:17	00:55:56	1.21	-2.36%	44
8 Kelly Palmer	00:39:30	00:38:36	0.54	-2.28%	43
9 Patricia Bielby	00:39:16	00:38:26	0.50	-2.12%	42
10 Tina Calthorpe	01:01:13	01:00:42	0.31	-0.84%	41

CoH Champagne League, Kiplingcotes Crossroad 5.1 miles - 3rd July

1 Scott Hargreaves 00:29:13

88 Dave Foster 00:54:19

Sewerby Parkrun 5K - 7th July

5 Nick Jordan 00:19:32

21 John Potter 00:21:58

25 Mollie Holehouse 00:22:23 3rd F

29 Graham Lonsdale 00:22:38

42 Kelly Palmer 00:24:06 PB

Club Results 2018

44 Janet Potter	00:24:14
46 Justine Sutcliffe	00:24:43
47 Jason Pointez	00:24:44
51 Clayton Hellewell	00:25:07
52 Miriam Ireland	00:25:08 PB
53 Chris Phelps Snr	00:25:16
64 Heidi Baker	00:26:14
65 Luke Duffill	00:26:19
68 Becky Lawry	00:26:31
77 Zoe Ellis	00:27:17
80 Tracey Holehouse	00:27:29
85 Stuart Bowes	00:27:52
91 Sharon Bowes	00:28:58
95 Lynda Gent	00:29:27
108 Kirsten Porter	00:30:24
109 Lyndon Spivey	00:30:25
116 Andy Baker	00:30:52
129 Amanda Tindall	00:31:46
130 Simon Porter	00:31:47
157 Kevin Sissons	00:35:23
161 Debbie Duffill	00:35:35
163 Janet Downes	00:35:37
170 Sam Adams	00:35:57 PB
172 Linda Hall	00:36:06
176 Bob Eyre	00:37:12
177 Dominique Webster	00:37:13
178 Emma Artley	00:37:13
179 Allan Clayton	00:37:14
180 Cindy Baker	00:37:14
181 Dave Foster	00:37:15
182 Tina Calthorpe	00:37:15
183 Robert Calthorpe	00:37:16
184 Elizabeth Ingle	00:37:17
197 Dave Duffill	00:38:51
202 Andy Godfrey	00:39:21

Huddersfield Parkrun 5K - 7th July

96 Patricia Bielby	00:23:04
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Caistor Sting in the Tail 10K - 8th July

56 Bill Pike	00:44:15
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Chocolate 10K, York - 8th July

	Chip Time	Gun Time
240 Dian Crone	01:23:11	01:23:13
241 Karen White	01:23:11	01:23:14

Kilburn 7 mile - 8th July

5 Scott Hargreaves	00:43:24
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Club Results 2018

Allerthorpe Sprint Triathlon - 7th July

	Swim	Cycle	Run	Total
65 Katy Cawthorn	00:17:36	00:34:18	00:25:06	01:19:19
76 Jim Riley	00:20:34	00:35:56	00:23:40	01:21:59

EHH Summer League Race 7, Skirlaugh 8 Mile - 10th July

14 Josh Taylor	00:49:56	
24 Simon Ellerker	00:52:56	
32 Andy Baker	00:54:28	7th H'cap
45 John Potter	00:56:32	
61 Lewis Dale	00:59:59	1st JM
65 Janet Potter	01:01:04	1st F60
68 Graham Lonsdale	01:01:54	
73 Martin Hutchinson	01:02:23	
80 Emma Artley	01:03:52	
84 Kelly Palmer	01:04:41	
89 Diane Palmer	01:05:50	
96 Verona Petty	01:07:32	**
97 Heidi Baker	01:07:36	
99 Bob Eyre	01:09:11	
106 Dominique Webster	01:11:14	
107 Zoe Ellis	01:11:17	

** Verona is currently 2nd in the overall EHH Handicap

Walkington 10K - 13th July

	Chip Time	Gun Time
5 Scott Hargreaves	00:35:54	00:35:55
144 Martin Hutchinson	00:47:27	00:48:11
274 Verona Petty	00:52:37	00:53:25
327 Zoe Ellis	00:55:36	00:56:23

Sewerby Parkrun 5K - 14th July

9 Josh Taylor	00:19:56
10 Bill Pike	00:20:28
22 Mollie Holehouse	00:22:41 1F
29 Simon Knowles	00:23:13
33 Martin Hutchinson	00:23:31
36 Allan Clayton	00:23:37
41 Simon Porter	00:23:50
42 Jason Pointez	00:23:58
43 Justine Sutcliffe	00:24:04
47 Louise Taylor	00:24:30
48 Chris Phelps Snr	00:24:32
50 Diane Palmer	00:24:38
52 Graham Lonsdale	00:25:05
62 Heidi Baker	00:26:02
72 David Foster	00:26:42
81 Tracey Holehouse	00:27:05
90 Pete Royal	00:27:36

Club Results 2018

94 Stuart Bowes	00:27:48
99 Sharon Bowes	00:28:16
116 Amanda Tindall	00:29:36
117 Kirsten Porter	00:29:36
128 Lynda Gent	00:30:33
149 Zoe Ellis	00:31:53
171 Kevin Sissons	00:34:26
176 Janet Downes	00:35:30
177 Sam Adams	00:35:30 PB
180 Debbie Duffill	00:35:38
181 Luke Duffill	00:35:38
182 Linda Hall	00:35:48
190 Elizabeth Ingle	00:36:28
206 David Duffill	00:38:59
208 Tina Calthorpe	00:39:51
209 Robert Calthorpe	00:39:51
213 Hannah Little	00:41:06
222 Wendy Foster	00:45:19

Huddersfield Parkrun 5K - 14th July

73 Patricia Bielby	00:22:49
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Wilmslow Parkrun 5K - 14th July

125 Lyndon Spivey	00:31:08
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NoEgo Dalby Forest - 15th July

10K

1 Scott Hargreaves	00:43:15
5 Josh Taylor	00:52:38
43 Miriam Ireland	01:08:02
49 Stuart Bowes	01:11:01
59 Verona Petty	01:12:20
60 Dominique Webster	01:12:53
61 Bob Eyre	01:12:53
62 Zoe Ellis	01:12:53
71 Sharon Bowes	01:16:00
86 Vickie Ellerker	01:23:06
87 Wendy Foster	01:23:16
137 Dian Crone	01:49:20
138 Karen White	01:49:20
142 Linda Hall	02:00:50
143 Janet Downes	02:00:57
144 Tina Calthorpe	02:01:12
145 Robert Calthorpe	02:01:12

Half Marathon

37 Graham Lonsdale	02:04:13
51 Andy Long	02:07:57
77 Emma Artley	02:18:19
139 Heidi Baker	02:44:19

Club Results 2018

Dave Foster

DNF

York Triathlon - 15th July

5th Mixed Team

Swim	Martin Hutchinson	00:14:06
Bike	Liz Stevenson	00:47:16
Run	April-Marie Exley	00:23:51
Team Total Time		01:26:49

CoH Champagne League, Lockington 4.3 miles - 17th July

1	Scott Hargreaves	00:24:15
87	Dave Foster	00:37:04

Sewerby Parkrun 5K - 21st July

1	Scott Hargreaves	00:17:40	1M
3	Nick Jordan	00:19:47	3M
6	Simon Ellerker	00:20:31	
8	Bill Pike	00:21:00	
11	Graham Lonsdale	00:21:13	
15	James Riley	00:21:49	
16	Mollie Holehouse	00:22:18	1F
19	Andy Long	00:22:41	
30	Simon Porter	00:23:33	
32	Jason Pointez	00:23:42	
34	Louise Taylor	00:23:48	2F
35	Janet Potter	00:24:01	3F
38	Kelly Palmer	00:24:05	PB
41	Diane Palmer	00:24:16	
44	Miriam Ireland	00:24:51	PB
57	Judy Allison	00:26:07	
58	Bob Eyre	00:26:07	
66	Tracey Holehouse	00:26:59	
72	Stuart Bowes	00:27:16	
85	Sharon Bowes	00:28:01	PB
87	Dave Foster	00:28:15	
101	Lynda Gent	00:29:07	
114	Kirsten Porter	00:29:53	
117	Vickie Ellerker	00:30:05	
122	Hannah Little	00:30:17	
130	Lyndon Spivey	00:31:02	
154	Janet Downes	00:32:44	
158	Robert Calthorpe	00:33:21	
160	Debbie Duffill	00:33:49	
166	Sam Adams	00:33:55	PB
177	Linda Hall	00:35:19	
178	Elizabeth Ingle	00:35:44	
181	Tina Calthorpe	00:36:39	
191	Dave Duffill	00:37:56	
196	Andy Godfrey	00:39:22	

Club Results 2018

210 Dian Crone No Time
 211 Kevin Sissons 00:46:06

Hull Parkrun 5K - 21st July

11 Peter Gulc 00:18:51

Yorkshire Wolds HM, Bishop Wilton - 21st July

13 Josh Taylor 01:34:06 5th M
 19 Andy Baker 01:36:29 2nd V50
 137 Heidi Baker 02:23:52
 143 Colin Parcell 02:24:54

Ironman UK, Bolton - 15th July

	Swim	Cycle	Run	Total
1151 Becky Clifton	01:46:51	06:22:56	04:45:03	13:08:17
120th Female - 12th 45-49				

BRR Summer Challenge, Race 8 - Sewerby Parkrun 5K

Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts	
Men						
1	Graham Lonsdale	00:22:12	00:21:13	0.59	-4.43%	50
2	Jason Pointez	00:24:31	00:23:42	0.49	-3.33%	49
3	James Riley	00:22:25	00:21:49	0.36	-2.68%	48
4	David Duffill	00:38:49	00:37:56	0.53	-2.28%	47
5	Stuart Bowes	00:27:53	00:27:16	0.37	-2.21%	46
6	Robert Calthorpe	00:33:42	00:33:21	0.21	-1.04%	45
7	Andy Long	00:22:52	00:22:41	0.11	-0.80%	44
8	Simon Porter	00:23:33	00:23:33	0.00	0.00%	43
9	Lyndon Spivey	00:30:45	00:31:02	-0.17	0.92%	42
10	Nick Jordan	00:19:21	00:19:47	-0.26	2.24%	41
11	Scott Hargreaves	00:17:13	00:17:40	-0.27	2.61%	40
12	Bob Eyre	00:25:27	00:26:07	-0.40	2.62%	39
13	Simon Ellerker	00:19:59	00:20:31	-0.32	2.67%	38
14	Bill Pike	00:20:25	00:21:00	-0.35	2.86%	37
15	Dave Foster	00:26:39	00:28:15	-1.36	6.00%	38
Women						
1	Janet Downes	00:34:25	00:32:44	1.41	-4.89%	50
2	Sam Adams	00:35:10	00:33:55	1.15	-3.55%	49
3	Debbie Duffill	00:35:00	00:33:49	1.11	-3.38%	48
4	Miriam Ireland	00:25:43	00:24:51	0.52	-3.37%	47
5	Eliabeth Ingle	00:36:37	00:35:44	0.53	-2.41%	46
6	Lynda Gent	00:29:27	00:29:07	0.20	-1.13%	45
7	Louise Taylor	00:24:04	00:23:48	0.16	-1.11%	44
8	Tina Calthorpe	00:36:50	00:36:39	0.11	-0.50%	43
9	Sharon Bowes	00:28:08	00:28:01	0.07	-0.41%	42
10	Tracey Holehouse	00:27:04	00:26:59	0.05	-0.31%	41

Club Results 2018

11 Vickie Ellerker	00:30:05	00:30:05 **		0.00%	40
12 Judy Allison	00:26:07	00:26:07 **		0.00%	40
13 Mollie Holehouse	00:22:04	00:22:18	-0.14	1.06%	39
14 Kelly Palmer	00:23:44	00:24:05	-0.21	1.47%	38
15 Hannah Little	00:29:46	00:30:17	-0.31	1.74%	37
16 Diane Palmer	00:23:47	00:24:16	-0.29	2.03%	36
17 Linda Hall	00:34:36	00:35:19	-0.43	2.07%	35
18 Janet Potter	00:23:02	00:24:01	-0.59	4.27%	34
19 Kirsten Porter	00:28:16	00:29:53	-1.37	5.72%	33

** Vickie and Judy have no recent road race stats - therefore their handicap time is their actual time

Grimsby 10K - 22nd July

	Chip Time	Gun Time
107 Nick Jordan	00:39:15	00:39:24
217 Bill Pike	00:42:15	00:42:34
1328 Caroline Chard	00:55:11	00:56:28
1742 Lynda Gent	00:59:04	00:59:44

EHH Summer League Race 8, Hedon 4 Mile - 24th July

8 Scott Hargreaves	00:22:29	
14 Josh Taylor	00:23:16	
37 Simon Ellerker	00:25:44	
42 Lewis Dale	00:26:00	
54 Bill Pike	00:26:48	
67 John Potter	00:27:41	
71 Graham Lonsdale	00:27:55	
74 Andy Baker	00:28:14	
75 Ashley Porter	00:28:21	
82 Mollie Holehouse	00:28:40	
100 Martin Hutchinson	00:30:06	
103 Janet Potter	00:30:16	1st F60
107 Emma Artley	00:30:38	
109 Patricia Bielby	00:30:44	1st F65
123 Anthony Hughes	00:31:39	
128 Diane Palmer	00:31:52	
133 Simon Porter	00:32:11	
141 Verona Petty	00:32:38	3rd H'cap League
153 Heidi Baker	00:33:59	
154 Bob Eyre	00:34:07	
160 Dominique Webster	00:34:51	
162 Zoe Ellis	00:34:55	
165 Kirsten Porter	00:35:29	
173 Peter Royal	00:36:17	
192 Amanda Tindall	00:39:19	

Rough Runner Obstacle Race 10K - 21st/22nd July

Kevin Lewis	01:50:00
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Club Results 2018

Sewerby Parkrun 5K - 28th July

7	Nick Jordan	00:19:36
14	Bill Pike	00:20:54
23	Mollie Holehouse	00:22:11 2nd F
38	Simon Knowles	00:23:46
93	Tracey Holehouse	00:27:14
104	Rebecca Gaines	00:27:38
149	Becky Lawry	00:31:35
157	Kevin Sissons	00:32:37
170	Sam Adams	00:34:28

Fountains Abbey Parkrun 5K - 28th July

3	Josh Taylor	00:17:51 3rd M
26	Andy Baker	00:20:34 PB
34	Graham Lonsdale	00:21:01
69	Allan Clayton	00:22:59
70	Jason Pointez	00:23:00
91	Patricia Bielby	00:23:43
95	Emma Artley	00:23:55
131	Bob Eyre	00:25:50
136	Stuart Bowes	00:26:09
146	Pete Royal	00:26:35
161	Stuart Gent	00:27:01
180	Zoe Ellis	00:27:46
191	Dominique Webster	00:28:11
201	Sharon Bowes	00:28:28
211	David Foster	00:29:06
214	Lynda Gent	00:29:19
267	Janet Downes	00:32:05
268	Wendy Foster	00:32:07
307	Linda Hall	00:34:46
325	Debbie Duffill	00:36:01
326	Cindy Baker	00:36:01
327	Diane Crone	00:36:11
331	Tina Calthorpe	00:36:35
332	Robert Calthorpe	00:36:35
336	David Duffill	00:37:03

Dalby Forest Parkrun 5K - 28th July

180	Andy Godfrey	00:39:14
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Selby Parkrun 5K - 28th July

2	Danny Brunton	00:18:05
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Sewerby Parkrun 5K - 4th August

2	Scott Hargreaves	00:17:39 2nd M
5	Josh Taylor	00:19:08
8	Nick Jordan	00:19:40
16	Bill Pike	00:20:38
25	Graham Lonsdale	00:21:31

Club Results 2018

28 Mollie Holehouse	00:22:06 2nd F
29 Andy Baker	00:22:18
63 Jason Pointez	00:24:23
66 Simon Porter	00:24:49
83 Heidi Baker	00:26:02
93 Bob Eyre	00:26:19
101 Stuart Gent	00:26:32
122 Pete Royal	00:27:43
126 Tracey Holehouse	00:27:50
130 Dave Foster	00:28:19
168 Lynda Gent	00:30:07
169 Kirsten Porter	00:30:07
193 Wendy Foster	00:31:51
208 Lyndon Spivey	00:33:19
215 Sam Adams	00:34:08
228 Linda Hall	00:34:45
232 Cindy Baker	00:35:11
268 Simon Knowles	00:38:16
271 David Duffill	00:38:52
284 Sandra Orlando	00:40:45
293 Janet Downes	00:41:50
294 Kevin Sissons	00:41:50
296 Tina Calthorpe	00:42:30
297 Robert Calthorpe	00:42:32

Huddersfield Parkrun 5K - 4th August

110 Patricia Bielby	00:23:31
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ASDA Foundation York 10K - 5th August

	Chip Time	Gun Time
618 April-Marie Exley	00:47:31	00:48:02
1466 Becky Gilbank	00:56:05	00:56:37
1977 Sharon Bowes	00:56:32	01:00:43
2349 Stuart Bowes	00:59:42	01:03:54
4656 Andy Godfrey	01:23:41	01:33:54

Ravenscar Rumble - 7th August

41 Martin Hutchinson	00:48:59
62 Heidi Baker	00:58:21
64 Wendy Foster	00:59:52
72 Dave Foster	01:04:46

York 5K Series - Race 5 - 9th August

	Chip Time	Gun Time
10 Josh Taylor	00:17:07	00:17:08
70 Mollie Holehouse	00:21:03	00:21:05

Sewerby Parkrun 5K - 11th August

10 Nick Jordan	00:19:58
11 Bill Pike	00:20:18

Club Results 2018

12	Andy Baker	00:20:25
24	Katy Cawthorn	00:22:14 1st F
28	Mollie Holehouse	00:22:30 2nd F
29	Martin Hutchinson	00:22:38
34	Graham Lonsdale	00:22:56
43	Jason Pointez	00:23:30
44	Allan Clayton	00:23:33
52	Janet Potter	00:24:37
79	Pete Royal	00:26:32
82	Zoe Ellis	00:26:39
89	Tracey Holehouse	00:27:17
96	Stuart Bowes	00:27:58
100	David Foster	00:28:11
106	Sharon Bowes	00:28:27
118	Miriam Ireland	00:29:10
120	Becky Lawry	00:29:11
137	Lyndon Spivey	00:30:39
176	Elizabeth Ingle	00:34:58
180	Linda Hall	00:35:43
182	Kevin Sissons	00:35:58
193	Debbie Duffill	00:37:01
194	Cindy Baker	00:37:03
195	Sandra Orlando	00:37:32
201	Dian Crone	00:38:38
205	David Duffill	00:38:53
207	Andy Godfrey	00:39:18
216	Anthony Hughes	00:41:00

Bournemouth Parkrun 5K - 11th August

68 April-Marie Exley 00:22:25

Bradford Parkrun 5K - 11th August

67 Simon Porter 00:23:36
195 Kirsten Porter 00:28:39
234 Amanda Tindall 00:29:39

Dalby Forest Parkrun 5K - 11th August

65 Heidi Baker 00:25:22
77 Stuart Gent 00:26:05
120 Lynda Gent 00:28:33 PB
173 Robert Calthorpe 00:32:50 PB
205 Tina Calthorpe 00:38:34

Huddersfield Parkrun 5K - 11th August

98 Patricia Bielby 00:23:02

Sewerby Parkrun 5K - 18th August

3 Scott Hargreaves 00:17:38 3M
4 Josh Taylor 00:18:36
6 Nick Jordan 00:19:22

Club Results 2018

12	Andy Baker	00:20:31
13	Bill Pike	00:20:33
25	Mollie Holehouse	00:21:57 2F
37	Graham Lonsdale	00:23:06
50	Jason Pointez	00:24:12
58	Miriam Ireland	00:24:48 PB
60	Diane Palmer	00:24:54
70	Heidi Baker	00:25:34
93	Stuart Gent	00:26:39
101	Dave Foster	00:27:21
111	Becky Lawry	00:27:56
130	Sharon Bowes	00:29:04
135	Lynda Gent	00:29:20
136	Kirsten Porter	00:29:21
162	Lyndon Spivey	00:30:36
194	Sam Adams	00:33:29 PB
204	Linda Hall	00:34:37
214	Chris Phelps Snr	00:35:17
215	Debbie Duffill	00:35:17
220	Sandra Orlando	00:35:39
227	Kevin Sissons	00:37:07
228	Janet Downes	00:37:09
229	Dian Crone	00:37:09
232	David Duffill	00:37:37
236	Tina Calthorpe	00:38:09
237	Robert Calthorpe	00:38:09
245	Andy Godfrey	00:39:31

Dalby Forest Parkrun 5K - 18th August

31 Katy Cawthorn 00:22:03

Huddersfield Parkrun 5K - 18th August

85 Patricia Bielby 00:22:44