

Sewerby Parkrun 5K - 1st January 2019

(Alternative course Starting and Finishing near Hook & Parrot Pub, Bridlington)

1	Phill Taylor	00:16:56	1st M
2	Josh Taylor	00:17:07	2nd M
4	Nick Jordan	00:19:08	
5	Ashley Parcell	00:19:52	
6	Simon Ellerker	00:20:05	
11	Mollie Holehouse	00:22:12	1st F
12	Tony Hughes	00:22:33	
15	Martin Hutchinson	00:23:44	
25	Stuart Gent	00:25:49	
26	Pete Royal	00:26:05	
28	Heidi Baker	00:26:31	
32	Kara Mainprize	00:27:46	
33	Tracey Holehouse	00:27:54	
36	Hannah Little	00:28:23	
38	Miriam Ireland	00:28:27	
40	Lynda Gent	00:28:40	
43	Kevin Sissons	00:31:00	
45	Lyndon Spivey	00:31:29	
48	Sam Adams	00:31:54	
49	Janet Downes	00:32:04	
50	Nicola Fowler	00:32:25	
54	Robert Calthorpe	00:34:09	
57	Linda Hall	00:34:44	
58	Debbie Duffill	00:34:56	
59	Luke Duffill	00:34:57	
61	Elizabeth Ingle	00:36:53	
62	Sandra Orlando	00:37:31	
63	Dian Crone	00:38:04	
64	Tina Calthorpe	00:38:04	
67	David Duffill	00:46:52	

Huddersfield Parkrun 5K - 1st January 2019

154	Patricia Bielby	00:24:11	
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Dewbury Parkrun 5K - 1st January 2019

77	Patricia Bielby	00:24:12	
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Heslington Parkrun 5K - 1st January 2019

11	Danny Brunton	00:17:45	
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Pontefract Parkrun 5K - 1st January 2019

107	Simon Porter	00:23:17	
317	Kirsten Porter	00:29:43	
318	Amanda Tindall	00:29:43	

Nostell Priory Parkrun 5K - 1st January 2019

Club Results 2019

155 Simon Porter	00:26:27
406 Amanda Tindall	00:34:01
407 Kirsten Porter	00:34:03

Sewerby Parkrun 5K - 5th January

4 Nick Jordan	00:19:40
8 Ashley Parcell	00:20:57 PB
9 Simon Ellerker	00:21:00
20 Bill Pike	00:22:26
24 John Potter	00:22:48
26 Mollie Holehouse	00:23:03 2nd F
27 Graham Lonsdale	00:23:06
38 Martin Hutchinson	00:24:05
41 Miriam Ireland	00:24:10 PB
44 Janet Potter	00:24:29
47 Phil Lavery	00:24:39
49 Simon Porter	00:24:51
50 Mark Woodley	00:24:52
63 Stuart Gent	00:25:54
72 Justine Sutcliffe	00:26:39
78 Pete Royal	00:27:05
81 Kara Mainprize	00:27:11 PB
90 Ellis Hodges	00:27:35
93 Lisa Cockcroft	00:27:43
99 Becky Lawry	00:28:02
106 Tracey Holehouse	00:28:17
122 Danielle Whitehouse	00:29:29
123 Dominique Webster	00:29:30
127 Louise Taylor	00:29:37
128 Hannah Little	00:29:37
129 Lynda Gent	00:29:38
138 Kirsten Porter	00:30:26
153 Lyndon Spivey	00:31:05
164 Sam Adams	00:32:22
192 Kevin Sissons	00:34:54
194 Debbie Duffill	00:35:22
195 Luke Duffill	00:35:22
196 Janet Downes	00:35:26
204 Linda Hall	00:36:40
205 Robert Calthorpe	00:36:41
206 Elizabeth Ingle	00:37:15
209 David Duffill	00:38:43
212 Tina Calthorpe	00:39:08
214 Dian Crone	00:39:34

Huddersfield Parkrun 5K - 5th January

106 Patricia Bielby	00:23:25
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EYXC Sledmere - 6th January

2 Scott Hargreaves	00:41:54
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Club Results 2019

6	Danny Brunton	00:43:10
30	Josh Taylor	00:47:06
58	Simon Ellerker	00:50:13
76	Ashley Parcell	00:53:07
89	Tony Hughes	00:55:33
96	Graham Lonsdale	00:56:13
11	Katy Cawthorn	00:56:31
101	Simon Walker	00:56:35
13	April-Marie Exley	00:56:57
18	Cathy Wood	00:58:27
36	Kelly Palmer	01:03:00
139	Ben Smith	01:04:40
52	Becky Lawry	01:06:44
57	Jane Welbourn	01:07:07
58	Julie Madden	01:07:20
59	Zoe Ellis	01:07:30
152	Bob Eyre	01:11:18
68	Sharon Bowes	01:14:13
69	Dominique Webster	01:15:06
70	Danielle Woodhouse	01:15:07
82	Vickie Ellerker	01:24:06

Sewerby Parkrun 5K - 12th January

1	Phill Taylor	00:18:05	1st M
3	Nick Jordan	00:19:45	3rd M
10	Tom Woodhouse	00:21:45	
12	Bill Pike	00:22:17	
16	Graham Lonsdale	00:22:37	
25	Mollie Holehouse	00:23:25	3rd F
34	Miriam Ireland	00:24:09 PB	
36	Ashley Porter	00:24:18	
39	Simon Knowles	00:24:39	
43	Janet Potter	00:24:49	
45	Simon Porter	00:25:00	
49	Phil Lavery	00:25:24	
52	Allan Clayton	00:25:47	
59	Lisa Cockcroft	00:26:20 PB	
66	Justine Sutcliffe	00:26:44	
67	Kara Mainprize	00:26:46 PB	
73	Ellis Hodges	00:27:08	
80	Pete Royal	00:27:28	
87	Jason Pointez	00:27:52	
89	Tracey Holehouse	00:28:23	
91	Susan Reece	00:28:40 PB	
95	Stuart Bowes	00:28:48	
102	Dominique Webster	00:29:12	
126	Lynda Gent	00:30:38	
143	Amanda Tindall	00:31:50	
144	Kirsten Porter	00:31:50	
145	Nicola Fowler	00:31:55 PB	

Club Results 2019

146 Sam Adams	00:31:56 PB
153 Kirk Southern	00:32:08 PB
156 Dave Foster	00:32:28
158 Lyndon Spivey	00:32:42
180 Robert Calthorpe	00:35:29
181 Elizabeth Ingle	00:35:42
183 Linda Hall	00:36:17
184 Debbie Duffill	00:36:18
189 Sandra Orlando	00:36:46
196 Tina Calthorpe	00:38:25
200 Dave Duffill	00:39:32
205 Sophie Wiles	00:40:00

Brighthouse Parkrun 5K - 12th January

75 Patricia Bielby	00:24:27
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Humber Bridge Parkrun 5K - 12th January

103 Paul Brown	00:27:56
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York Brass Monkey Half Marathon - 13th January

	Chip Time	Gun Time
167 Josh Taylor	01:24:20	01:24:22
724 April-Marie Exley	01:44:08	01:45:21
Cathy Woods	01:47:00	**

** Not in results awaiting confirmation