

Club Results 2019

April - June

CoH Champagne League, North Cave 4 miles - 2nd April

2	Scott Hargreaves	00:21:40	2nd M
34	Simon Ellerker	00:26:15	
74	Emma Artley	00:29:40	2nd LV40
82	Martin Hutchinson	00:30:19	
145	David Foster	00:36:51	

Sewerby Parkrun 5K - 6th April

3	Josh Taylor	00:18:48	3rd M
14	Alan Feldberg	00:21:40	
17	Tom Woodhouse	00:21:45	
25	Jason Pointez	00:22:48	
26	Graham Lonsdale	00:22:52	
32	Katy Cawthorn	00:23:37	
38	Martin Hutchinson	00:24:11	
66	Andy Baker	00:26:21	
72	Heidi Baker	00:26:27	
79	Ellis Hodges	00:26:43	
83	Pete Royal	00:27:12	
101	Sharon Bowes	00:28:36	
107	Dominique Webster	00:29:22	
115	Nicola Fowler	00:29:41	PB
142	John Edwards	00:31:32	
177	Robert Calthorpe	00:34:27	
180	Sam Adams	00:34:36	
183	Sandra Orlando	00:35:10	
186	Linda Hall	00:35:45	
191	David Duffill	00:36:40	
197	Cindy Baker	00:37:00	
198	Debbie Duffill	00:37:01	
208	Tina Calthorpe	00:39:45	
209	Becky Lawry	00:39:46	
213	Andy Godfrey	00:41:45	
214	Kevin Sissons	00:43:06	
220	Dian Crone	00:45:39	
221	Janet Downes	00:45:40	

Keswick Parkrun 5K - 6th April

18	Louise Taylor	00:22:08	1st F
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Beeston Parkrun 5K - 6th April

88	Simon Porter	00:23:50	
227	Kirsten Porter	00:28:45	
244	Amanda Tindall	00:29:06	PB

Marshall Drive Parkrun, Brotton 5K - 6th April Parkrun 5K - 6th April

17	Paul Brown	00:26:42	
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Huddersfield Parkrun 5K - 6th April

71	Patricia Bielby	00:22:55	
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Club Results 2019

April - June

Hull Parkrun 5K - 6th April

24 Bill Pike 00:20:19

Market Rasen Parkrun 5K - 6th April

80 Danielle Whitehouse 00:30:54

Greater Manchester Marathon - 7th April

Chip Time

2051 Andy Baker 03:23:16

Hornsea 1/3rd Marathon - 7th April

	Chip Time	Gun Time	
1 Phill Taylor	00:48:23	00:48:23	1st M
3 Scott Hargreaves	00:49:40	00:49:42	3rd M
5 Danny Brunton	00:51:27	00:51:29	
17 Nick Jordan	00:56:26	00:56:28	
20 Alan Feldberg	00:56:41	00:56:49	
27 Bill Pike	00:58:21	00:58:30	1st MV50
46 John Nolan	01:01:46	01:01:55	
58 Mollie Holehouse	01:04:09	01:04:19	
77 Janet Potter	01:06:34	01:06:45	1st LV60
88 April-Marie Exley	01:07:35	01:07:44	1st LV35
115 Kelly Palmer	01:10:11	01:10:22	
127 Adam Dyas	01:10:46	01:10:59	
141 Liz Stevenson	01:11:50	01:11:50	
142 Diane Palmer	01:11:49	01:12:03	
144 Martin Hutchinson	01:12:07	01:12:18	
154 Bob Eyre	01:13:12	01:13:26	
161 Pete Royal	01:13:44	01:13:58	
171 Heidi Baker	01:15:34	01:15:46	
172 Zoe Ellis	01:15:37	01:15:51	
174 Dominique Webster	01:15:38	01:15:52	
206 Tracey Holehouse	01:20:43	01:20:56	
281 Sandra Orlando	01:31:29	01:31:53	1st LV70

Brid Men - 1st Team

BRR Summer Challenge, Race 1 - Hornsea One Third

Handicaps points based on Percentage Under/Over Target

SEE BELOW FOR NEW SCORING SYSTEM

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Alan Feldberg	01:02:45	00:56:41	6.04	-9.67%	10
2 Pete Royal	01:19:34	01:13:44	5.50	-7.33%	10
3 Bob Eyre	01:18:16	01:13:12	5.04	-6.47%	10
4 Phill Taylor	00:51:06	00:48:23	2.43	-5.32%	10
5 Nick Jordan	00:58:34	00:56:26	2.08	-3.64%	9
6 Bill Pike	01:00:24	00:58:21	2.03	-3.39%	9

Club Results 2019

April - June

7	Scott Hargreaves	00:51:16	00:49:40	1.36	-3.12%	9
8	Danny Brunton	00:52:34	00:51:27	1.07	-2.12%	8
9	Adam Dyas	01:11:01	01:10:46	0.15	-0.35%	6
10	John Nolan**	01:01:46	01:01:46	0	0.00%	6
11	Martin Hutchinson	01:09:09	01:12:07	-2.58	4.29%	3

Women

1	Janet Potter	01:12:51	01:06:34	6.17	-8.63%	10
2	Zoe Ellis	01:21:43	01:15:37	6.06	-7.46%	10
3	Sandra Orlando	01:37:16	01:31:29	5.47	-5.95%	10
4	Dominique Webster	01:19:35	01:15:38	3.57	-4.96%	10
5	Heidi Baker	01:19:24	01:15:34	3.50	-4.83%	10
6	Mollie Holehouse	01:06:58	01:04:09	2.49	-4.21%	10
7	April-Marie Exley	01:09:03	01:07:35	1.28	-2.12%	8
8	Liz Stevenson	01:13:21	01:11:50	1.31	-2.07%	8
9	Tracey Holehouse	01:22:03	01:20:43	1.20	-1.63%	7
10	Diane Palmer	01:12:44	01:11:49	0.55	-1.26%	7
11	Kelly Palmer	01:10:12	01:10:11	0.01	-0.02%	6

WE ARE TRIALLING A NEW SCORING SYSTEM

UNDER TARGET TIME

Band 1	Beat Target Time by	4%	10pts
Band 2	ditto	3%	9pts
Band 3	ditto	2%	8pts
Band 4	ditto	1%	7pts
Band 5	equal target time	0%	6pts

OVER TARGET TIME

Band 6	Over Target Time by	1%	5pts
Band 7	ditto	2%	4pts
Band 8	ditto	3%	3pts
Band 9	ditto	4%	3pts
Band 10	ditto	5%	3pts

In the case of a tie overall finish positions will be taken into account.

** John Nolan had no recent Road Race data - so his Target was his Actual time

CoH Champagne League, Beverley Westwood 3.7 miles - 9th April

2	Scott Hargreaves	00:18:49	2nd M
30	Simon Ellerker	00:22:56	
55	Martin Hutchinson	00:25:08	
68	Emma Artley	00:26:06	2nd LV40
139	David Foster	00:32:56	

York 5K Series Race 3 - 11th April

	Chip Time	Gun Time	
2	Phill Taylor	00:16:25	00:16:26
62	Mollie Holehouse	00:20:52	00:20:54

Sewerby Parkrun 5K - 13th April

Club Results 2019

April - June

1	Scott Hargreaves	00:17:24	1st M
3	Nick Jordan	00:19:38	3rd M
9	Bill Pike	00:20:43	
19	Andy Baker	00:21:15	
20	Tom Woodhouse	00:21:18	
30	Mollie Holehouse	00:22:03	1st F
41	Martin Hutchinson	00:22:53	
42	James Riley	00:23:09	
53	Adam Dyas	00:23:55	
56	Simon Porter	00:24:12	
84	Bob Eyre	00:26:03	
85	Heidi Baker	00:26:10	
91	Zoe Ellis	00:26:26	
92	Emma Artley	00:26:30	
94	Pete Royal	00:26:40	
103	Becky Lawry	00:27:08	
104	Ellis Hodges	00:27:09	
106	Tracey Holehouse	00:27:16	
117	Stuart Bowes	00:27:41	
123	Kirk Southern	00:27:55	PB
126	Kirsten Porter	00:28:00	
127	Sharon Bowes	00:28:02	
186	Dave Foster	00:32:18	
202	Luke Duffill	00:34:22	
210	Lyndon Spivey	00:34:42	
211	Linda Hall	00:34:48	
212	Debbie Duffill	00:34:48	
220	Cindy Baker	00:35:53	
223	David Duffill	00:36:18	
228	Sandra Orlando	00:36:59	
236	Tina Calthorpe	00:40:32	
237	Robert Calthorpe	00:41:07	
240	Dian Crone	00:43:49	
247	Bruce Pawson	00:49:16	
254	Dominique Webster	00:54:42	Tail Walker

Dishley Parkrun 5K, Loughborough - 13th April

306 Andy Godfrey 00:37:15

Rushmere Parkrun 5K - 13th April

3 Alan Feldberg 00:20:39 PB 3rd M

Frickley Country Parkrun 5K - 13th April

35 Paul Brown 00:26:04

Burton Pidsea 10K - 14th April

5 Danny Brunton 00:35:52
 31 Bill Pike 00:41:12
 221 Robert Calthorpe 01:04:29

Club Results 2019

April - June

Boston Marathon, UK - 14th April

	Chip Time	Gun Time
374 Josh Taylor	03:27:19	03:27:27

KuH Open Athletics Meeting, Hull - 14th April**SM 5000m**

2 Phill Taylor	00:16:22
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SW3000m

3 Mollie Holehouse	00:12:32
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EHH Summer League, New Ellerby 5 miles - 16th April

2 Phill Taylor	00:26:57	2nd M
5 Scott Hargreaves	00:27:23	
57 Andy Baker	00:34:27	
61 Graham Lonsdale	00:34:47	
64 Martin Hutchinson	00:34:54	5th Handicap
66 Mollie Holehouse	00:34:56	
74 Katy Cawthorn	00:35:52	
78 Ashley Porter	00:36:07	
88 Janet Potter	00:36:47	1st F60
91 Lisa Cockcroft	00:36:53	
98 April-Marie Exley	00:37:13	
123 Chris Yeomans	00:38:46	1st M65
125 Samantha Bollon	00:38:49	2nd Handicap
132 Liz Stevenson	00:39:11	
133 Ben Smith	00:39:19	
135 Diane Palmer	00:39:24	
146 Kelly Palmer	00:39:59	
147 Paul Brown	00:40:05	
160 Verona Petty	00:40:40	
161 Jane Welbourn	00:40:42	
164 Bob Eyre	00:40:59	
168 Dominique Webster	00:41:24	
172 Peter Royal	00:41:47	
173 Zoe Ellis	00:41:52	
174 Heidi Baker	00:41:57	
187 Becky Gilbank	00:43:34	
189 Tracey Holehouse	00:43:51	
195 Amanda Tindall	00:45:15	
196 Kirsten Porter	00:45:15	
203 Nicola Fowler	00:46:52	

Bridlington Easter 5 Mile Dash - 19th April

	Chip Time	Gun Time
2 Scott Hargreaves	00:27:43	00:27:43
7 Nick Jordan	00:30:57	00:30:59
9 Alan Feldberg	00:31:19	00:31:21
21 Nick Craggs	00:32:26	00:32:32
22 Bill Pike	00:32:24	00:32:32
29 Andy Baker	00:33:42	00:33:46

Club Results 2019

April - June

34	John Nolan	00:34:14	00:34:18
36	Tom Woodhouse	00:34:23	00:34:26
41	Graham Lonsdale	00:35:06	00:35:09
49	Mollie Holehouse	00:36:05	00:36:08
62	Lisa Cockcroft	00:37:48	00:38:00
107	Kevin Lewis	00:40:58	00:41:00
110	Stuart Gent	00:40:47	00:41:07
126	Ellis Hodges	00:42:17	00:42:30
127	Pete Royal	00:42:13	00:42:32
140	Stuart Bowes	00:43:50	00:44:07
141	Tracey Holehouse	00:44:11	00:44:18
146	Sharon Bowes	00:44:38	00:44:55
149	Susan Reece	00:44:48	00:45:06
152	Kara Mainprize	00:44:57	00:45:15
175	Lynda Gent	00:46:37	00:46:54
193	Nicola Fowler	00:48:50	00:49:09
211	Robert Calthorpe	00:49:57	00:50:18
233	Sam Adams	00:52:15	00:52:35
234	Janet Downes	00:52:16	00:52:36
254	Linda Hall	00:54:48	00:55:08
272	Elizabeth Ingle	00:58:21	00:58:42
275	Julia Waines	00:59:04	00:59:19
288	Tina Calthorpe	01:04:21	01:04:39

Fun Run

42	Sophie Wiles	00:15:56	00:15:59
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EHH Brantingham 7 mile Hill Race - 19th April

9	Danny Brunton	00:51:39
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BRR Summer Challenge, Race 2 - Bridlington 5 Mile Dash

Handicaps points based on Percentage Under/Over Target

SEE BELOW FOR NEW SCORING SYSTEM

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1	00:53:23	00:49:57	3.26	-6.43%	10
2	00:33:28	00:31:19	2.09	-6.42%	10
3	00:34:30	00:32:26	2.04	-5.99%	10
4	00:36:30	00:35:06	1.24	-3.84%	9
5	00:31:54	00:30:57	0.57	-2.98%	8
6	00:45:09	00:43:50	1.19	-2.92%	8
7	00:35:21	00:34:23	0.58	-2.73%	8
8	00:34:16	00:33:42	0.34	-1.65%	7
9	00:32:42	00:32:24	0.18	-0.92%	6
10	00:40:41	00:40:47	-0.06	0.25%	5
11	00:40:48	00:40:58	-0.10	0.41%	5
12	00:27:33	00:27:43	-0.10	0.60%	5
13	00:41:55	00:42:13	-0.18	0.72%	5
14	00:33:57	00:34:14	-0.17	0.83%	5

Club Results 2019

April - June

Women

1	Linda Hall	00:58:24	00:54:48	3.36	-6.16%	10
2	Lynda Gent	00:48:53	00:46:37	2.16	-4.64%	10
3	Janet Downes	00:54:44	00:52:16	2.28	-4.51%	10
4	Ellis Hodges	00:43:56	00:42:17	1.39	-3.76%	9
5	Sharon Bowes	00:46:20	00:44:38	1.42	-3.67%	9
6	Tina Calthorpe	01:06:31	01:04:21	2.10	-3.26%	9
7	Lisa Cockcroft	00:38:57	00:37:48	1.09	-2.95%	8
8	Susan Reece	00:45:44	00:44:48	0.56	-2.04%	8
9	Tracey Holehouse	00:44:16	00:44:11	0.05	-0.19%	6
10	Julia Waines **	00:59:04	00:59:04	0.00	0.00%	6
11	Nicola Fowler	00:48:17	00:48:50	-0.33	1.14%	4
12	Mollie Holehouse	00:35:00	00:36:05	-1.05	3.10%	3
13	Elizabeth Ingle	00:54:59	00:58:21	-3.22	6.12%	3
14	Sam Adams	00:48:58	00:52:15	-3.17	6.71%	3
15	Kara Mainprize	00:41:07	00:44:57	-3.50	9.32%	3

** We do not have recent Road Race data for Julia Waines therefore her Target was her Actual time

WE ARE TRIALLING A NEW SCORING SYSTEM

UNDER TARGET TIME

Band 1	Beat Target Time by	4%	10pts
Band 2	ditto	3%	9pts
Band 3	ditto	2%	8pts
Band 4	ditto	1%	7pts
Band 5	equal target time	0%	6pts

OVER TARGET TIME

Band 6	Over Target Time by	1%	5pts
Band 7	ditto	2%	4pts
Band 8	ditto	3%	3pts
Band 9	ditto	4%	3pts
Band 10	ditto	5%	3pts

In the case of a tie overall finish positions will be taken into account.

Hull Parkrun 5K - 20th April

23 Bill Pike 00:20:10

New Earswick Parkrun 5K - 20th April

1 Phill Taylor 00:17:07
2 Josh Taylor 00:18:12

Sewerby Parkrun 5K - 20th April

9 Nick Jordan 00:19:34
15 Simon Ellerker 00:20:24
22 Tom Woodhouse 00:20:56 PB
25 Alan Feldberg 00:21:24
30 Martin Hutchinson 00:21:53 PB

Club Results 2019

April - June

46 Jason Pointez	00:22:32	
50 Mollie Holehouse	00:22:41	3rd F
80 Adam Dyas	00:24:05	
82 Martin McPheat	00:24:09	PB
92 Patricia Bielby	00:24:32	
94 Graham Lonsdale	00:24:33	
102 Diane Palmer	00:25:00	
106 Paul Brown	00:25:07	
122 Bob Eyre	00:25:45	
124 Pete Royal	00:25:46	
136 Dominique Webster	00:26:16	
143 Lisa Cockcroft	00:26:33	
146 Stuart Gent	00:26:38	
156 Heidi Baker	00:27:07	
166 Tracey Holehouse	00:27:27	
190 Kirk Southern	00:28:13	
192 Sharon Bowes	00:28:15	
193 Becky Lawry	00:28:16	
196 Ellis Hodges	00:28:18	
200 Miriam Ireland	00:28:24	
216 Bruce Pawson	00:28:54	
243 Lynda Gent	00:29:40	
259 Rebecca Gaines	00:30:09	
281 Stuart Bowes	00:30:49	
283 Vickie Ellerker	00:30:56	
306 John Edwards	00:32:03	
311 Wendy Foster	00:32:19	
350 Martin Smith	00:34:31	
386 Linda Hall	00:35:50	
392 Cindy Baker	00:36:27	
393 Debbie Duffill	00:36:31	
403 Justine Sutcliffe	00:37:11	
415 Susan Reece	00:38:07	
420 Dave Duffill	00:39:10	
424 Andy Godfrey	00:39:39	
432 Janet Downes	00:41:29	
438 Tina Calthorpe	00:41:43	
439 Rob Calthorpe	00:42:39	
454 Dian Crone	00:47:16	
460 Nicola Fowler	00:49:01	Tail Walker

York Parkrun 5K - 20th April

132 Simon Porter	00:22:38
367 Amanda Tindall	00:28:57
368 Kirsten Porter	00:28:58

Lincoln Parkrun 5K - 20th April

389 Danielle Whitehouse	00:30:57
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Skipton Parkrun 5K - 20th April

Club Results 2019

April - June

82 Janet Potter 00:24:49

Jersey Parkrun 5K - 20th April

310 Kevin Sissons 00:31:14

Sherwood Pines Parkrun 5K - 20th April

27 Simon Knowles 00:22:30 PB

Helmsley 10K - 21st April (Results Awaited)

4 Scott Hargreaves 00:36:21

Heidi Baker 00:57:52 Strava