

CoH Champagne League, Wauldby Green 8.4 miles - 2nd July

	Finish Time	Actual Time
37 Scott Hargreaves	01:52:59	00:50:59
45 Martin Hutchinson	01:53:27	01:06:27
110 Simon Ellerker	02:01:31	01:10:01

Sewerby Parkrun 5K - 6th July

1 Scott Hargreaves	00:17:32	1st M
8 Nick Jordan	00:19:33	
12 Alan Feldberg	00:20:53	
15 Tom Woodhouse	00:21:13	
18 Bill Pike	00:21:32	
26 Martin Hutchinson	00:22:31	
27 Jason Pointez	00:22:51	
29 Adam Dyas	00:23:28	
32 Graham Lonsdale	00:23:40	
40 Andrew Baker	00:24:21	
41 Patricia Bielby	00:24:23	3rd F
44 Simon Porter	00:24:40	
47 Stephen Eblet	00:24:45	
62 Luke Duffill	00:25:44	
70 Bob Eyre	00:26:10	
77 Pete Royal	00:26:19	
88 Heidi Baker	00:26:44	
90 Ellis Hodges	00:26:53	
91 Zoe Ellis	00:26:54	
105 Miriam Ireland	00:27:44	
112 Stuart Bowes	00:28:06	
143 Stuart Gent	00:29:26	
148 Susan Reece	00:29:37	
149 Kirsten Porter	00:29:40	
172 Lynda Gent	00:31:19	
194 Sam Adams	00:34:25	
195 Janet Downes	00:34:28	
196 Becky Lawry	00:34:29	
204 Sandra Orlando	00:35:17	
213 Linda Hall	00:36:09	
214 Debbie Duffill	00:36:16	
224 Cindy Baker	00:37:10	
225 Elizabeth Ingle	00:37:10	
226 Lyndon Spivey	00:37:16	
248 David Duffill	00:40:15	
251 Tina Calthorpe	00:41:04	
252 Robert Calthorpe	00:41:04	

Withernsea 5 Miles - 7th July

	Chip Time	Gun Time
30 Bill Pike	00:33:57	00:34:02
44 Mollie Holehouse	00:36:09	00:36:15
68 Diane Palmer	00:38:17	00:38:24 1st LV50

75 Kelly Palmer	00:39:21	00:39:28
87 Stuart Gent	00:39:56	00:40:12
103 Pete Royal	00:42:10	00:42:25 1st V65
104 Heidi Baker	00:42:20	00:42:34
113 Tracey Holehouse	00:43:11	00:43:17
144 Lynda Gent	00:46:17	00:46:32
184 Robert Calthorpe	00:50:24	00:50:43
211 Linda Hall	00:54:36	00:54:55
218 Sandra Orlando	00:56:44	00:56:58
235 Tina Calthorpe	01:03:07	01:03:25

Winterton Show 10 Miles - 7th July

23 Josh Taylor	01:05:33
131 Jane Welbourn	01:32:13
132 Julie Madden	01:32:18
133 Donna Etchells	01:32:19

EHH Summer League, Skirlaugh 8 Mile - 9th July

4 Phill Taylor	00:45:57
5 Scott Hargreaves	00:46:21
10 Josh Taylor	00:48:40
47 Bill Pike	00:56:42
48 Andy Baker	00:56:54 1st H'cap
55 Martin Hutchinson	00:58:53
69 Graham Lonsdale	01:01:01
73 Janet Potter	01:01:41 1st F60
104 Patricia Bielby	01:05:29 1st F65
105 Diane Palmer	01:05:29
113 Kelly Palmer	01:06:41
114 Bob Eyre	01:06:45
124 Zoe Ellis	01:10:01
125 Heidi Baker	01:10:04
126 Dominique Webster	01:10:04

York 5K Series Race 6 - 11th July

	Chip Time	Gun Time
4 Phill Taylor	00:16:48	00:16:48
57 Mollie Holehouse	00:22:14	00:22:15

Walkington 10K - 12th July

	Chip Time	Gun Time
3 Scott Hargreaves	00:35:11	00:35:13
18 Nick Jordan	00:38:34	00:38:36
29 Alan Feldberg	00:40:13	00:40:21
57 Ashley Parcell	00:42:52	00:43:01
64 Tom Woodhouse	00:43:16	00:43:26
74 William Pike	00:44:06	00:44:17
88 John Nolan	00:44:59	00:45:16
93 Martin Hutchinson	00:45:18	00:45:27
137 Graham Lonsdale	00:47:27	00:47:38

238 Diane Palmer	00:50:39	00:51:11
260 Kara Mainprize	00:51:36	00:51:45
263 Kelly Palmer	00:51:21	00:51:52
264 Stuart Gent	00:51:23	00:51:56
308 Verona Petty	00:53:05	00:54:11
319 Heidi Baker	00:54:04	00:54:32
350 Becky Lawry	00:54:33	00:55:37
355 Ellis Hodges	00:54:44	00:55:47
409 Tracey Holehouse	00:56:09	00:57:15
418 Zoe Ellis	00:56:41	00:57:48
448 Susan Reece	00:59:00	00:59:09
481 Nicola Fowler	00:59:13	01:00:16
505 Lynda Gent	01:00:35	01:01:39
604 John Edwards	01:07:01	01:08:08
623 Janet Downes	01:09:15	01:10:26
628 Linda Hall	01:09:45	01:10:58
646 Elizabeth Ingle	01:14:09	01:15:22

BRR Summer Challenge, Race 7 - Walkington 10K

Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Nick Jordan	00:39:50	00:38:34	1.16	-3.18%	9
2 Scott Hargreaves	00:36:19	00:35:11	1.08	-3.12%	9
3 Tom Woodhouse	00:44:37	00:43:16	1.21	-3.03%	9
4 Alan Feldberg	00:41:23	00:40:13	1.10	-2.82%	8
5 Ashley Parcell	00:43:29	00:42:52	0.37	-1.42%	7
6 Martin Hutchinson	00:45:54	00:45:18	0.36	-1.31%	7
7 Stuart Gent	00:52:03	00:51:23	0.40	-1.28%	7
8 John Nolan	00:44:19	00:44:59	-0.40	1.50%	4
9 Graham Lonsdale	00:46:30	00:47:27	-0.57	2.04%	3
10 Bill Pike	00:42:50	00:44:06	-1.16	2.96%	3
11 John Edwards	01:04:09	01:07:01	-2.52	4.47%	3
Women					
1 Ellis Hodges	00:56:24	00:54:44	1.40	-2.96%	8
2 Linda Hall	01:11:34	01:09:45	1.49	-2.54%	8
3 Kara Mainprize	00:52:55	00:51:36	1.19	-2.49%	8
4 Elizabeth Ingle	01:15:52	01:14:09	1.43	-2.26%	8
5 Nicola Fowler	01:00:33	00:59:13	1.20	-2.20%	8
6 Janet Downes	01:10:32	01:09:15	1.17	-1.82%	7
7 Heidi Baker	00:54:47	00:54:04	0.43	-1.31%	7
8 Lynda Gent	01:00:38	01:00:35	0.03	-0.08%	6
9 Kelly Palmer	00:51:08	00:51:21	-0.13	0.42%	5
10 Diane Palmer	00:50:09	00:50:39	-0.30	1.00%	5
11 Tracey Holehouse	00:55:33	00:56:09	-0.36	1.08%	4
12 Becky Lawry	00:53:51	00:54:33	-0.42	1.30%	4
13 Verona Petty	00:52:15	00:53:05	-0.50	1.59%	4
14 Susan Reece	00:57:54	00:59:00	-1.06	1.90%	4

WE ARE TRIALLING A NEW SCORING SYSTEM (See Web Site)

Sewerby Parkrun 5K - 13th July

7 Nick Jordan	00:19:54
9 Alan Feldberg	00:19:59
18 Bill Pike	00:21:12
22 Andy Baker	00:21:43
34 Mollie Holehouse	00:22:38
39 Martin Hutchinson	00:22:57
48 James Riley	00:23:31
53 Simon Porter	00:23:53
57 Patricia Bielby	00:24:08
59 Stephen Eblet	00:24:13
63 Tom Woodhouse	00:24:21
72 Jonathan Ogden	00:24:39
73 Janet Potter	00:24:41
85 Luke Duffill	00:25:43
97 Paul Brown	00:26:17
98 Pete Royal	00:26:20
122 Dave Pring	00:27:28
124 Tracey Holehouse	00:27:35
129 Sharon Bowes	00:27:51 PB
134 Rebecca Chapman	00:28:17 PB
135 Stuart Bowes	00:28:18
137 Heidi Baker	00:28:32
146 Kirsten Porter	00:29:05
149 Louise Taylor	00:29:09
159 Hannah Little	00:29:55
176 Miriam Ireland	00:30:37
177 Lynda Gent	00:30:37
202 Nicola Fowler	00:32:39
203 Stuart Gent	00:32:40
217 Sam Adams	00:34:42
221 Sandra Orlando	00:35:28
237 Janet Downes	00:36:35
243 Debbie Duffill	00:37:20
261 David Duffill	00:38:46
262 Linda Hall	00:38:49
294 Allan Clayton	00:50:58

Burnley Parkrun 5K - 13th July

377 Tina Calthorpe	00:40:50
378 Robert Calthorpe	00:40:50

Beverley Westwood Parkrun 5K - 13th July

115 Bob Eyre	00:25:22
154 Dominique Webster	00:26:56

Dishley Parkrun 5K, Loughborough - 13th July

277 Andy Godfrey 00:36:57 PB

The Pastures Parkrun 5K, Alnwick - 13th July

17 Katy Cawthorn 00:24:03

Ilkley Half Marathon - 14th July

	Chip Time	Gun Time
1623 Robert Calthorpe	03:15:24	03:17:27
1624 Tina Calthorpe	03:15:26	03:17:29

No Ego Dalby Forest Conquer the Forest Challenge - 14th July**Half Marathon**

	Chip Time	Gun Time
18 Josh Taylor	01:45:40	01:45:42
51 Graham Lonsdale	01:59:01	01:59:05
52 Lisa Cockcroft	01:59:19	01:59:23
59 Martin Hutchinson	02:01:37	02:01:41
65 Adam Dyas	02:04:21	02:04:26
139 Heidi Baker	02:33:36	02:33:41

10K

12 Tom Woodhouse	00:56:01	00:56:04
16 April-Marie Exley	00:57:00	00:57:03 1st Lady
60 Stephen Eblet	01:06:54	01:06:59
62 Becky Lawry	01:08:35	01:08:42
63 Ellis Hodges	01:08:35	01:08:42
67 Stuart Gent	01:09:10	01:09:19
70 Bob Eyre	01:09:42	01:09:49 1st V70
74 Stuart Bowes	01:10:10	01:10:17
76 Miriam Ireland	01:10:40	01:10:47
80 Pete Royal	01:11:20	01:11:28 1st V65
94 Sharon Bowes	01:14:14	01:14:20
102 Becky Gilbank	01:15:05	01:15:08
103 Rebecca Chapman	01:15:05	01:15:09
104 Dominique Webster	01:15:12	01:15:20
108 Verona Petty	01:17:02	01:17:11
109 Zoe Ellis	01:17:02	01:17:11
117 Vickie Ellerker	01:18:08	01:18:17
146 Danielle Whitehouse	01:26:01	01:26:11
157 Janet Downes	01:28:49	01:28:56
181 Dian Rewston	01:59:51	01:59:58
182 Linda Hall	01:59:50	01:59:58 1st FV70

Fun Run

31 James Ellerker 00:08:38

CoH Champagne League, Hessele Foreshore 4 miles - 16th July

2 Scott Hargreaves	00:21:42
32 Simon Ellerker	00:27:17
40 Martin Hutchinson	00:27:59

Sewerby Parkrun 5K - 20th July

1	Scott Hargreaves	00:17:28	1st M
8	Nick Jordan	00:20:06	
12	Bill Pike	00:20:41	
23	Tom Woodhouse	00:21:42	
31	Martin Hutchinson	00:22:49	
35	Mollie Holehouse	00:23:20	
43	Isaac McNulty (J)	00:23:43	
44	Adam Dyas	00:23:44	
47	Jason Pointez	00:23:54	
55	Diane Palmer	00:24:19	
60	Patricia Bielby	00:24:35	
62	Simon Porter	00:24:47	
69	Andy Baker	00:25:06	
71	Stephen Eblet	00:25:29	
78	Bob Eyre	00:25:45	
79	Alexis Zulueta (J)	00:25:48	
97	Luke Duffill	00:26:33	
99	Ellis Hodges	00:26:48	
100	Kara Mainprize	00:26:49	
102	Justine Sutcliffe	00:26:54	
105	Pete Royal	00:27:03	
109	Tracey Holehouse	00:27:22	
125	Dave Pring	00:28:28	
128	Stuart Gent	00:28:47	
130	Kirsten Porter	00:28:56	
136	T J Choat (J)	00:29:11	
144	Louise Taylor	00:29:39	
145	Hannah Little	00:29:40	
146	William McNulty (J)	00:29:41	
152	Susan Reece	00:30:03	
161	John Edwards	00:30:41	
168	Lynda Gent	00:31:23	
185	Robert Calthorpe	00:32:46	
188	Sandra Orlando	00:33:32	
193	Sam Adams	00:34:20	
202	Jayne Sharples	00:34:49	
211	Linda Hall	00:36:17	
216	Debbie Duffill	00:36:44	
226	Cindy Baker	00:37:31	
227	Elizabeth Ingle	00:37:32	
241	Andy Godfrey	00:39:53	
242	Tina Calthorpe	00:40:21	
257	Dave Foster	00:51:27	Tail Walker

Heslington Parkrun 5K - 20th July

10	Simon Ellerker	00:19:40	
215	Vickie Ellerker	00:36:50	
231	James Ellerker (J)	00:42:54	

Conyngnam Parkrun 5K - 20th July

66 Paul Brown 00:27:53

Yorkshire Wolds Half Marathon, Bishop Wilton - 20th July

3 Phill Taylor 01:22:21 1st V40
10 Josh Taylor 01:31:02
22 Alan Feldberg 01:35:36
40 Ashley Parcell 01:43:45
142 Heidi Baker 02:13:07
145 Jane Welbourn 02:14:12
175 Colin Parcell 02:26:51

3rd Men's Team

Great Grimsby 10K - 21st July

	Chip Time	Gun Time
68 Nick Jordan	00:38:04	00:38:09
809 Stuart Gent	00:50:21	00:51:03
1061 Kara Mainprize	00:53:07	01:00:06
1813 Susan Reece	01:00:25	01:07:24
1900 Lynda Gent	01:01:40	01:03:14

Castle Howard 10K - 21st July

156 Di Raper 01:13:38

EHH Summer League, Hedon 4 Mile - 23rd July

2 Phill Taylor 00:22:01 2nd M
3 Scott Hargreaves 00:22:02 3rd M
17 Josh Taylor 00:24:08
51 Andy Baker 00:27:21
56 Martin Hutchinson 00:28:00
68 April-Marie Exley 00:28:34 1st F35
81 Graham Lonsdale 00:29:41
83 Mollie Holehouse 00:29:48
86 Lisa Cockcroft 00:30:02
104 Diane Palmer 00:30:54
107 Janet Potter 00:31:00 1st F60
130 Liz Stevenson 00:32:16
131 Patricia Bielby 00:32:20
141 Bob Eyre 00:32:49
144 Kelly Palmer 00:33:01
153 Dominique Webster 00:34:01
154 Zoe Ellis 00:34:02
161 Heidi Baker 00:34:41
171 Tracey Holehouse 00:35:31
177 Rebecca Chapman 00:37:03
188 Paul Brown 00:37:51
191 Ray Robinson 00:38:19
196 Amanda Tindall 00:40:13
197 Kirsten Porter 00:40:14

Sewerby Parkrun 5K - 27th July

1	Scott Hargreaves	00:17:44	1st M
4	Josh Taylor	00:19:20	
6	Nick Jordan	00:19:41	
7	Alan Feldberg	00:19:53	
10	Tom Woodhouse	00:20:34	PB
11	Simon Ellerker	00:20:47	
12	Nick Craggs	00:21:02	
14	Bill Pike	00:21:15	
16	Andy Baker	00:21:31	
24	Martin Hutchinson	00:22:35	
28	April-Marie Exley	00:22:49	1st F
32	Graham Lonsdale	00:23:11	
45	Mollie Holehouse	00:23:53	
49	Adam Dyas	00:24:16	
52	Jonathan Ogden	00:24:32	
58	Patricia Bielby	00:24:45	
60	Liz Stevenson	00:24:51	PB
62	Diane Palmer	00:25:01	
63	Stuart Gent	00:25:05	
66	Rebecca Addison (J)	00:25:12	
67	Kelly Palmer	00:25:18	
71	Justine Sutcliffe	00:25:37	
72	Ellis Hodges	00:25:49	PB
73	Becky Lawry	00:25:50	
78	Kara Mainprize	00:26:03	
79	Janet Potter	00:26:04	
80	Bob Eyre	00:26:09	
82	Zoe Ellis	00:26:32	
96	Tracey Holehouse	00:27:20	
98	Miriam Ireland	00:27:22	
108	Heidi Baker	00:27:52	
110	Rebecca Chapman	00:27:58	PB
112	Dave Pring	00:28:02	
132	Lynda Gent	00:29:25	
134	Susan Reece	00:29:27	
145	John Edwards	00:29:54	
146	Kirk Southern	00:29:56	
147	Nicola Fowler	00:29:58	
148	Emma Artley	00:30:03	
160	Vickie Ellerker	00:30:56	
162	Ray Robinson	00:31:30	
180	Sam Adams	00:32:47	
194	Janet Downes	00:33:39	
196	Robert Calthorpe	00:33:46	
199	Dave Foster	00:34:18	
200	Linda Hall	00:34:23	
208	Debbie Duffill	00:35:31	
209	Cindy Baker	00:35:40	
231	Dave Duffill	00:39:12	

232 Andy Godfrey 00:39:41
 238 Tina Calthorpe 00:40:22
 242 Paul Brown 00:56:25 Tail Walker

Dalby Forest Parkrun 5K - 27th July

55 Stephen Eblet 00:24:43

Barnsley Parkrun 5K - 27th July

59 Simon Porter 00:24:45
 173 Amanda Tindall 00:35:34
 174 Kirsten Porter 00:35:35

Sunderland Parkrun 5K - 27th July

117 Elizabeth Ingle 00:35:35

Gainsborough Parkrun 5K - 27th July

27 Danielle Whitehouse 00:32:47

Lakeland 100 - 27th July

113 Mike Hall 32:46:30

Lakeland 50 - 27th July

351 Danny Brunton 13:47:37

Ryedale Running Festival 10K, Ampleforth - 28th July

	Chip Time	Gun Time
11 Bill Pike	00:44:18	00:44:23
26 Martin Hutchinson	00:50:06	00:50:10

BRR Summer Challenge, Race 8 - Sewerby Parkrun 5K

Handicaps points based on Percentage Under/Over Target

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Tom Woodhouse	00:21:07	00:20:34	0.33	-2.60%	8
2 John Edwards	00:30:40	00:29:54	0.46	-2.50%	8
3 David Duffill	00:39:37	00:39:12	0.25	-1.05%	7
4 Jonathan Ogden	00:24:45	00:24:32	0.13	-0.88%	6
5 Martin Hutchinson	00:22:25	00:22:35	-0.10	0.74%	5
6 David Pring	00:27:43	00:28:02	-0.19	1.14%	4
7 Alan Feldberg	00:19:38	00:19:53	-0.15	1.27%	4
8 Andy Baker	00:21:14	00:21:31	-0.17	1.33%	4
9 Bill Pike	00:20:55	00:21:15	-0.20	1.59%	4
10 Graham Lonsdale	00:22:36	00:23:11	-0.35	2.58%	3
11 Bob Eyre	00:25:22	00:26:09	-0.47	3.09%	3
12 Pete Royal	00:26:12	00:27:01	-0.49	3.12%	3
13 Adam Dyas	00:23:29	00:24:16	-0.47	3.34%	3
14 Nick Craggs	00:20:21	00:21:02	-0.41	3.36%	3
15 Kirk Southern	00:28:52	00:29:56	-1.04	3.70%	3
16 Stuart Gent	00:24:09	00:25:05	-0.56	3.86%	3

17	Scott Hargreaves	00:17:03	00:17:44	-0.41	4.01%	3
18	Nick Jordan	00:18:49	00:19:41	-0.52	4.61%	3
19	Simon Ellerker	00:19:50	00:20:47	-0.57	4.79%	3
20	Josh Taylor	00:18:14	00:19:20	-1.06	6.03%	3
21	Dave Foster	00:32:18	00:34:18	-2.00	6.19%	3
22	Ray Robinson	00:29:36	00:31:30	-1.54	6.42%	3
23	Robert Calthorpe	00:31:40	00:33:46	-2.06	6.63%	3

Women

1	Sam Adams	00:34:27	00:32:47	1.40	-4.84%	10
2	Cindy Baker	00:37:11	00:35:40	1.31	-4.08%	10
3	Justine Sutcliffe	00:26:37	00:25:37	1.00	-3.76%	9
4	Debbie Duffill	00:36:45	00:35:31	1.14	-3.36%	9
5	Ellis Hodges	00:26:31	00:25:49	0.42	-2.64%	8
6	Sandra Orlando	00:34:07	00:33:32	0.35	-1.71%	7
7	Miriam Ireland	00:27:49	00:27:22	0.27	-1.62%	7
8	Rebecca Chapman	00:28:18	00:27:58	0.20	-1.18%	7
9	Tracey Holehouse	00:27:26	00:27:20	0.06	-0.36%	6
10	Becky Lawry	00:25:46	00:25:50	-0.04	0.26%	5
11	Patricia Bielby	00:24:32	00:24:45	-0.13	0.88%	5
12	Janet Downes	00:33:21	00:33:39	-0.18	0.90%	5
13	Zoe Ellis	00:26:17	00:26:32	-0.15	0.95%	5
14	Susan Reece	00:28:58	00:29:27	-0.29	1.67%	4
15	Kara Mainprize	00:25:34	00:26:03	-0.29	1.89%	4
16	Kelly Palmer	00:24:46	00:25:18	-0.32	2.15%	3
17	Lynda Gent	00:28:44	00:29:25	-0.41	2.38%	3
18	Liz Stevenson	00:24:16	00:24:51	-0.35	2.40%	3
19	Linda Hall	00:33:34	00:34:23	-0.49	2.43%	3
20	Tina Calthorpe	00:39:15	00:40:22	-1.07	2.85%	3
21	April-Marie Exley	00:22:02	00:22:49	-0.47	3.56%	3
22	Mollie Holehouse	00:22:58	00:23:53	-0.55	3.99%	3
23	Diane Palmer	00:24:03	00:25:01	-0.58	4.02%	3
24	Nicola Fowler	00:28:41	00:29:58	-1.17	4.47%	3
25	Vickie Ellerker	00:29:29	00:30:56	-1.27	4.92%	3
26	Heidi Baker	00:26:03	00:27:52	-1.49	6.97%	3
27	Janet Potter	00:23:45	00:26:04	-2.19	9.75%	3

WE ARE TRIALLING A NEW SCORING SYSTEM (See Web Site)

CoH Champagne League, Lockington 4.3 miles - 30th July

2	Scott Hargreaves	00:23:18
28	Simon Ellerker	00:29:07
39	Martin Hutchinson	00:30:13
53	Emma Artley	00:32:29
115	Dave Foster	00:46:21

Sewerby Parkrun 5K - 3rd August

1	Josh Taylor	00:18:24	1st M
6	Nick Jordan	00:19:29	
7	Alan Feldberg	00:19:33	PB

8 Tom Mullen	00:19:51 PB
9 Tom Woodhouse	00:20:05 PB
13 Bill Pike	00:20:42
32 Martin Hutchinson	00:22:23
38 Mollie Holehouse	00:22:51
39 Adam Dyas	00:22:54
47 Graham Lonsdale	00:23:14
51 Mike Hall	00:23:41
52 Jonathan Ogden	00:23:42
67 Janet Potter	00:24:30
68 Emma Artley	00:24:31
69 Diane Palmer	00:24:32
70 Patricia Bielby	00:24:47
72 Stephen Eblet	00:24:52
75 Justine Sutcliffe	00:25:02
78 Bob Eyre	00:25:09 V70 Course Record
82 Kara Mainprize	00:25:27 PB
92 Ellis Hodges	00:25:55
105 Pete Royal	00:26:25
108 Zoe Ellis	00:26:33
112 Tracey Holehouse	00:26:45
118 Heidi Baker	00:27:02
125 Paul Brown	00:27:28
158 Miriam Ireland	00:28:40
159 Becky Lawry	00:28:40
160 Dave Pring	00:28:41
179 T J Choat (J)	00:29:31
185 John Edwards	00:29:44
187 Stuart Gent	00:29:51
188 Andy Baker	00:29:52
198 Sharon Bowes	00:30:25
200 Stuart Bowes	00:30:33
205 Lynda Gent	00:30:55
250 Dave Foster	00:35:39
254 Linda Hall	00:35:57
261 Cindy Baker	00:36:15
267 Robert Calthorpe	00:36:45
268 Lyndon Spivey	00:37:05 V80 Course Record
270 Mark Woodley	00:37:11
277 Anne Hunter	00:37:52
278 Dave Duffill	00:37:53
286 Andy Godfrey	00:38:40
301 Tina Calthorpe	00:40:27
314 Sandra Orlando	00:46:42
324 Tony Hughes	00:56:51

Beverley Parkrun 5K - 3rd August

1 Phill Taylor	00:17:52
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Hull Parkrun 5K - 3rd August

40 Katy Cawthorn 00:20:49

Pontefract Parkrun 5K - 3rd August

36 Simon Porter 00:22:58

122 Kirsten Porter 00:28:02

Catterick Parkrun 5K - 3rd August

99 Susan Reece 00:28:29

Asda York 10K - 4th August

	Chip Time	Gun Time
338 April-Marie Exley	00:44:23	00:44:50
615 Liz Stevenson	00:48:31	00:48:59
1290 Rebecca Chapman	00:55:42	00:56:10
4642 Julia Waines	01:19:24	01:31:02

Ravenscar Rumble - 6th August

37 Martin Hutchinson 00:44:53

79 Heidi Baker 01:07:49

Howden Ashes 10K - 7th August

	Chip Time	Gun Time
15 Bill Pike	00:43:50	00:44:18

York 5K Series Race 6 - 8th August

	Chip Time	Gun Time
6 Phill Taylor	00:16:21	00:16:22
20 Josh Taylor	00:17:26	00:17:27
61 Mollie Holehouse	00:22:06	00:22:08

Sewerby Parkrun 5K - 10th August

1 Josh Taylor	00:18:56	1st M
5 Tom Mullen	00:19:57	
8 Nick Jordan	00:20:11	
11 Ashley Parcell	00:20:55	
46 Adam Dyas	00:23:39	
49 Jason Pointez	00:23:46	
50 Jonathan Ogden	00:23:55	
65 Janet Potter	00:25:26	
66 Graham Lonsdale	00:25:28	
69 Justine Sutcliffe	00:25:31	
79 Bob Eyre	00:26:03	
98 Pete Royal	00:27:19	
111 Becky Lawry	00:27:54	
112 Miriam Ireland	00:27:56	
118 T J Choat (J)	00:28:12	PB
153 John Edwards	00:29:59	
166 Dominique Webster	00:30:39	
173 Dave Pring	00:31:37	

230 Sandra Orlando	00:35:10
234 Janet Downes	00:35:35
236 Linda Hall	00:35:39
250 Lyndon Spivey	00:36:17 V80 Course Record
255 Cindy Baker	00:36:40
256 Debbie Duffill	00:36:40
288 Sophie Wiles	00:39:31
289 Dian Rewston	00:39:46
290 David Duffill	00:39:57
291 Tina Calthorpe	00:40:03
297 Dave Foster	00:41:00
302 Anne Hunter	00:44:51
310 Sam Adams	00:54:39

Dalby Forest Parkrun 5K - 10th August

10 Alan Feldberg	00:19:32
13 Bill Pike	00:20:10
29 Martin Hutchinson	00:21:30 PB
77 Stephen Eblet	00:24:23
131 Stuart Bowes	00:27:45
149 Sharon Bowes	00:28:56
159 Nicola Fowler	00:30:05

Beverley Westwood Parkrun 5K - 10th August

67 Patricia Bielby	00:25:20
109 Paul Brown	00:27:07

Pomphrey Hill Parkrun 5K - 10th August

122 Danielle Whitehouse	00:29:44
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Concord Parkrun 5K - 10th August

12 Simon Porter	00:23:40
80 Amanda Tindall	00:32:00
81 Kirsten Porter	00:32:01

Heslington Parkrun 5K - 10th August

113 Zoe Ellis	00:25:32
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Morecambe Prom Parkrun 5K - 10th August

14 Katy Cawthorn	00:21:33
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Chocolate 10K, York - 11th August

	Chip Time	Gun Time
2 Nick Jordan	00:38:37	00:38:38
4 Josh Taylor	00:39:27	00:39:28
18 Martin Hutchinson	00:44:17	00:44:19
28 Graham Lonsdale	00:45:54	00:45:56
39 Mollie Holehouse	00:47:30	00:47:42
40 Lisa Cockcroft	00:47:36	00:47:47
83 Stuart Gent	00:53:17	00:53:30

108 Tracey Holehouse	00:55:35	00:55:47
145 Lynda Gent	00:58:41	00:58:53
256 Janet Downes	01:08:50	01:09:05
263 Linda Hall	01:09:29	01:10:00
281 Elizabeth Ingle	01:12:16	01:12:32
317 Dian Rewston	01:20:33	01:20:36

Whitby Regatta 5K - 11th August

April-Marie Exley 00:20:59 1st Lady

York Millennium Bridge 5K - 13th August

19 Phill Taylor 00:16:34
29 Josh Taylor 00:17:12

Sewerby Parkrun 5K - 17th August

1 Scott Hargreaves	00:17:39	1st M
4 Josh Taylor	00:19:02	
7 Tom Mullen	00:19:53	
10 Nick Jordan	00:20:13	
18 Bill Pike	00:21:04	
24 Alan Feldberg	00:21:49	
32 Andy Baker	00:22:28	
43 Adam Dyas	00:23:07	
47 Graham Lonsdale	00:23:25	
53 Mollie Holehouse	00:23:42	
56 Jason Pointez	00:24:01	
60 Jonathan Ogden	00:24:14	
64 Simon Porter	00:24:44	
65 Justine Sutcliffe	00:24:50	
67 Tom Woodhouse	00:25:01	
82 Gillian Taylor	00:25:38	
89 Bob Eyre	00:25:58	
95 Pete Royal	00:26:15	
100 Stephen Eblet	00:26:28	
102 Zoe Ellis	00:26:39	
109 Tracey Holehouse	00:27:02	
110 Becky Lawry	00:27:03	
112 Rebecca Addison (J)	00:27:07	
126 Heidi Baker	00:28:28	
129 Dave Pring	00:28:38	
147 Kirsten Porter	00:29:34	
148 John Edwards	00:29:38	
196 Emma Artley	00:33:15	
201 Sandra Orlando	00:34:08	
214 Linda Hall	00:34:46	
220 Cindy Baker	00:35:04	
221 Debbie Duffill	00:35:05	
236 Susan Reece	00:35:53	
240 Dave Foster	00:36:08	
250 Mark Woodley	00:37:16	

256 Louise Foster	00:37:51
257 Wendy Foster	00:37:52
262 Lyndon Spivey	00:38:32
263 David Duffill	00:38:40
273 Tina Calthorpe	00:39:46
274 Robert Calthorpe	00:39:47

Sherwood Pines Parkrun 5K - 17th August

98 Stuart Bowes	00:28:11	PB
108 Sharon Bowes	00:28:51	

Upton Court Parkrun 5K - 17th August

11 Simon Ellerker	00:21:01
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Millfield Parkrun 5K - 17th August

48 Patricia Bielby	00:24:13
71 Paul Brown	00:26:29

Lincoln Parkrun 5K - 17th August

348 Danielle Whitehouse	00:33:57
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Run the Lights 10K, Blackpool - 17th August

56 April-Marie Exley	00:44:50	3rd F
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Escrick 10K - 18th August

	Chip Time	Gun Time
26 Nick Jordan	00:39:42	00:39:43
34 Alan Feldberg	00:40:48	00:40:51
78 Bill Pike	00:44:59	00:45:02
226 Heidi Baker	00:53:48	00:53:58
237 Janet Potter	00:53:54	00:54:23
254 Kara Mainprize	00:54:38	00:55:02
256 Pete Royal	00:54:41	00:55:07
299 Sharon Bowes	00:56:46	00:57:11
302 Miriam Ireland	00:56:58	00:57:22
339 Stuart Bowes	00:58:59	00:59:25
386 Susan Reece	01:01:59	01:02:24
449 Robert Calthorpe	01:06:21	01:06:50
485 Sandra Orlando	01:08:46	01:09:26
505 Linda Hall	01:11:07	01:11:35
536 Elizabeth Ingle	01:15:39	01:16:07
565 Tina Calthorpe	01:25:34	01:26:02

BRR Summer Challenge, Race 9 - Escrick 10K

Handicaps points based on Percentage Under/Over Target

In case of a Tie after Race 10 - overall finish positions will be used as a Tie Break

	Target Time	Actual Time	Time Diff	Percent Diff	Pts
Men					
1 Pete Royal	00:56:39	00:54:41	0.58	-1.74%	7

2	Nick Jordan	00:40:11	00:39:42	0.29	-1.20%	7
3	Alan Feldberg	00:40:44	00:40:48	-0.04	0.16%	5
4	Robert Calthorpe	01:06:11	01:06:21	-0.10	0.25%	5
5	Stuart Bowes	00:58:02	00:58:59	-0.57	1.64%	4
6	Bill Pike	00:43:07	00:44:59	-1.52	4.33%	3

Women

1	Sharon Bowes	00:58:25	00:56:46	1.39	-2.82%	8
2	Heidi Baker	00:55:17	00:53:48	1.29	-2.68%	8
3	Miriam Ireland	00:58:26	00:56:58	1.28	-2.51%	8
4	Sandra Orlando	01:10:04	01:08:46	1.18	-1.86%	7
5	Linda Hall	01:11:35	01:11:07	0.28	-0.65%	6
6	Kara Mainprize	00:53:34	00:54:38	-1.04	1.99%	4
7	Susan Reece	01:00:42	01:01:59	-1.17	2.11%	3
8	Tina Calthorpe	01:23:45	01:25:34	-1.49	2.17%	3
9	Elizabeth Ingle	01:13:47	01:15:39	-1.52	2.53%	3
10	Janet Potter	00:51:23	00:53:54	-2.31	4.90%	3

WE ARE TRIALLING A NEW SCORING SYSTEM (See Web Site)

Riverside Half Marathon, Lancaster - 18th August

105 Kevin Lewis 02:04:46

Superhero Tri Solo Half - 18th August (400m Swim, 10K Bike, 2.5K Run)

Nicola Fowler 02:22:00

Sewerby Parkrun 5K - 24th August

1	Scott Hargreaves	00:17:17	1st M
6	Josh Taylor	00:19:17	
8	Nick Jordan	00:19:19	
11	Alan Feldberg	00:19:41	
12	Tom Mullen	00:19:46	PB
14	Nick Craggs	00:20:29	PB
17	Tom Woodhouse	00:20:40	
36	Bill Pike	00:22:01	
40	April-Marie Exley	00:22:10	PB 2nd F
51	Jason Pointez	00:22:52	
62	Mollie Holehouse	00:23:21	3rd F
77	Patricia Bielby	00:24:07	
81	Stephen Eblet	00:24:21	
100	Isaac McNulty (J)	00:25:17	
107	Gillian Taylor	00:25:39	
108	Bob Eyre	00:25:40	
109	Graham Lonsdale	00:25:41	
114	Ellis Hodges	00:25:48	PB
125	Anthony Hughes	00:26:19	
129	Heidi Baker	00:26:21	
134	Miriam Ireland	00:26:34	
138	Tracey Holehouse	00:26:38	PB
170	Stuart Bowes	00:28:35	

176 Dave Pring	00:28:48
186 John Edwards	00:29:01
196 Hannah Little	00:29:27
198 Nicola Fowler	00:29:31
241 William McNulty (J)	00:31:35
252 Anne Hunter	00:32:26
261 Simon Knowles	00:32:59
262 Susan Reece	00:33:05
265 Wendy Foster	00:33:10
272 Sam Adams	00:33:40
273 Mark Woodley	00:33:41
274 Andy Baker	00:33:42
287 Debbie Duffill	00:34:38
310 Cindy Baker	00:36:12
331 Linda Hall	00:38:10
339 David Duffill	00:39:04
343 Dave Foster	00:40:24
348 Dian Rewston	00:41:08

Beverley Parkrun 5K - 24th August

293 Robert Calthorpe	00:37:17
322 Tina Calthorpe	00:41:02

Northallerton Parkrun 5K - 24th August

17 Martin Hutchinson	00:22:14
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Severn Valley Parkrun 5K - 24th August

41 Paul Brown	00:27:28
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Barnsley Parkrun 5K - 24th August

47 Simon Porter	00:25:08
132 Amanda Tindall	00:32:47
133 Kirsten Porter	00:32:48

Gilberdyke 10 Mile - 25th August

	Chip Time	Gun Time
110 Bill Pike	01:17:34	01:17:43

Sewerby Parkrun 5K - 31st August

5 Tom Mullen	00:19:26	PB
10 Tom Woodhouse	00:20:55	
23 Martin Hutchinson	00:22:06	
32 Mollie Holehouse	00:23:09	1st F
36 Mike Hall	00:23:31	
40 Jonathan Ogden	00:24:06	
42 Simon Porter	00:24:08	
50 Jason Pointez	00:24:25	
52 Patricia Bielby	00:24:30	
54 Justine Sutcliffe	00:24:39	
55 Andy Baker	00:24:40	

68	Stephen Eblet	00:25:25
83	Alan Feldberg	00:26:04
87	Ellis Hodges	00:26:09
91	Becky Lawry	00:26:15
100	Pete Royal	00:26:52
103	Anthony Hughes	00:27:00
109	Tracey Holehouse	00:27:12
121	Stuart Bowes	00:28:11
129	Stuart Gent	00:28:46
152	Kirk Southern	00:29:42
160	Sharon Bowes	00:30:05
167	Louise Taylor	00:30:20
168	Hannah Little	00:30:27
169	Lynda Gent	00:30:31
177	T J Choat (J)	00:31:05
186	Susan Reece	00:31:44
204	Mark Woodley	00:33:25
205	Janet Potter	00:33:26
221	Robert Calthorpe	00:34:57
233	Elizabeth Ingle	00:35:47
234	Sophie Wiles	00:35:49
240	Debbie Duffill	00:36:29
254	Sandra Orlando	00:38:53
260	David Duffill	00:39:50
273	Kirsten Porter	00:43:30
289	Kara Mainprize	00:53:46 Tail Walker

Dalby Forest Parkrun 5K - 31st August

14	April-Marie Exley	00:21:18 PB - 2nd F
34	Liz Stevenson	00:23:17 PB
87	Rebecca Chapman	00:26:59

Beverly Westwood Parkrun 5K - 31st August

10	Bill Pike	00:22:37
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Colby Parkrun 5K - 31st August

44	Paul Brown	00:26:51
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Princess Challenge, Ravenscar - 31st August

Ultra

	Heidi Baker	08:54:13
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SnS

	Janet Downes	02:19:20
	Sam Adams	02:19:20
	Di Raper	02:19:20
	Cindy Baker	03:04:36
	Linda Hall	03:04:36 1st LV70
	Tina Calthorpe	03:04:36
	Dian Rewston	03:04:56

Major Stone Half Marathon, Lockington - 1st September

	Chip Time	Gun Time	
3 Phill Taylor	01:16:23	01:16:45	3rd M & 1st V40
39 Bill Pike	01:36:24	01:36:29	
84 Bob Eyre	01:52:31	01:52:39	
101 Zoe Ellis	01:57:55	01:58:08	
113 Jane Welbourn	02:05:03	02:05:15	

Tholthorpe 10K - 1st September

	Chip Time	Gun Time
397 Robert Calthorpe	01:07:41	01:08:02

Turpin Challenge, York - 1st September

		Laps	Miles
5 Andy Baker	05:08:34	7	30.59
39 Stuart Gent	04:18:12	5	21.85
40 Lyn Gent	04:18:12	5	21.85

Hornsea Festival of Running - 1st September**Half Marathon**

1 Tom Mullen 01:30:28

20 Mile

18 Alan Feldberg 02:50:21

Sewerby Parkrun 5K - 7th September

1 Scott Hargreaves	00:17:32	1st M
2 Phill Taylor	00:17:59	2nd M
5 Josh Taylor	00:19:06	
6 Nick Jordan	00:19:30	
7 Tom Mullen	00:19:52	
8 Alan Feldberg	00:20:23	
11 Tom Woodhouse	00:20:44	
13 Bill Pike	00:21:10	
30 James Riley	00:23:37	
31 Jason Pointez	00:23:41	
36 Jonathan Ogden	00:24:07	
39 Patricia Bielby	00:24:17	3rd F
40 Diane Palmer	00:24:30	
43 Emma Artley	00:24:46	
47 Isaac McNulty (J)	00:25:04	
52 Gillian Taylor	00:25:14	
53 Stephen Eblet	00:25:15	
59 Adam Dyas	00:25:45	
62 Bob Eyre	00:25:50	
65 Heidi Baker	00:26:08	
72 Pete Royal	00:26:38	
74 Miriam Ireland	00:26:40	
77 Stuart Gent	00:26:43	
84 Paul Brown	00:27:06	
93 Zoe Ellis	00:27:32	

114 Dave Pring	00:29:02
117 John Edwards	00:29:20
122 Luke Duffill	00:29:34
126 Amanda Tindall	00:29:45
130 T J Choat (J)	00:30:02
142 Caroline McFarlane	00:31:34 PB
148 Robert Calthorpe	00:32:08
157 Mark Woodley	00:32:42
158 Lynda Gent	00:32:42
159 Kirsten Porter	00:32:43
160 Janet Potter	00:32:44
161 Graham Lonsdale	00:32:44
162 Simon Porter	00:32:45
168 Sam Adams	00:33:18
179 Susan Reece	00:34:32
183 Debbie Duffill	00:34:48
186 Linda Hall	00:35:01
187 Elizabeth Ingle	00:35:02
205 David Duffill	00:37:30
214 Dian Rewston	00:39:19
215 Tina Calthorpe	00:39:20
229 Kara Mainprize	01:00:10 Tail Walker

Hull Parkrun 5K - 7th September

40 April-Marie Exley	00:21:04	3rd F
191 Rebecca Chapman	00:26:11	

Great North Run - 8th September

3088 Sam Alexander	01:41:56
6745 Liz Stevenson	01:52:06
11844 Ellis Hodges	02:01:37
15175 Jane Welbourn	02:07:47
16490 Mollie Holehouse	02:10:04
16509 Tracey Holehouse	02:10:06
17347 Sharon Bowes	02:11:37
18954 Donna Etchells	02:14:38
18956 Julie Madden	02:14:38
19247 Stuart Bowes	02:15:08
22969 Di Raper	02:22:18
26847 Kirk Southern	02:29:53
37365 Sandra Orlando	02:59:25

BRR Eddie Knapp Challenge Beach Race - 10th September

1 Phill Taylor	00:18:37	M40
2 Nick Jordan	00:19:44	M40
3 Josh Taylor	00:20:00	SM
4 Tom Mullen	00:20:47	SM
5 Graham Gill	00:21:24	SM
6 Tom Woodhouse	00:21:28	SM
7 Simon Ellerker	00:22:24	M45

8	Martin Hutchinson	00:22:47	M50
9	Graham Lonsdale	00:24:21	M50
10	Adam Dyas	00:24:42	SM
11	Emma Artley	00:25:00	F40
12	Justine Sutcliffe	00:25:03	
13	Lisa Cockcroft	00:25:21	F35
14	Diane Palmer	00:25:39	F50
15	Kelly Palmer	00:25:39	SL
16	Ellis Hodges	00:26:16	SL
17	Bob Eyre	00:26:16	M70
18	Becky Lawry	00:26:17	F45
19	Janet Potter	00:26:49	
20	Miriam Ireland	00:27:08	F35
21	Heidi Baker	00:27:30	F40
22	Pete Royal	00:27:41	M65
23	Paul Brown	00:27:54	M65
24	Zoe Ellis	00:29:08	F45
25	Sharon Bowes	00:31:21	F50
26	John Edwards	00:31:51	M40
27	Nicola Fowler	00:33:59	F35
28	Sandra Orlando	00:35:23	F70
29	Linda Hall	00:40:36	F70
30	Tina Calthorpe	00:44:10	F65
31	Rob Calthorpe	00:44:10	M65

BRR Eddie Knapp Challenge Carnaby Hill Race - 11th September

1	Phill Taylor	00:16:50	M40
2	Josh Taylor	00:17:15	SM
3	Nick Jordan	00:18:28	M40
4	Tom Mullen	00:18:35	SM
5	Graham Gill	00:19:31	SM
6	Tom Woodhouse	00:19:33	SM
7	Martin Hutchinson	00:21:06	M50
8	April-Marie Exley	00:21:46	
9	Graham Lonsdale	00:22:40	M50
10	Emma Artley	00:23:04	F40
11	Adam Dyas	00:23:06	SM
12	Lisa Cockcroft	00:23:30	F35
13	Kelly Palmer	00:24:05	SL
14	Ellis Hodges	00:24:43	SL
15	Becky Lawry	00:24:44	F45
16	Diane Palmer	00:24:52	F50
17	Miriam Ireland	00:25:24	F35
18	Bob Eyre	00:25:25	M70
19	Paul Brown	00:25:46	M65
20	Gillian Taylor	00:25:58	
21	Pete Royal	00:26:05	M65
22	Heidi Baker	00:26:15	F40
23	Zoe Ellis	00:26:53	F45
24	Colin Parcell	00:29:09	M60

25 Nicola Fowler	00:29:42	F35	
26 Sharon Bowes	00:29:47	F50	
27 John Edwards	00:30:25	M40	
28 Sandra Orlando	00:34:13	F70	
29 Linda Hall	00:37:34	F70	
30 Tina Calthorpe	00:39:47	F65	
31 Rob Calthorpe	00:39:57	M65	Tail Runner

BRR Eddie Knapp Challenge 1 Mile - 12th September

Race 1

1 Phill Taylor	00:05:05
2 Josh Taylor	00:05:07
3 Tom Mullen	00:05:25
4 Nick Jordan	00:05:29
5 Tom Woodhouse	00:05:41
6 Graham Gill	00:05:49
7 Simon Ellerker	00:05:55
8 Martin Hutchinson	00:06:02
9 Graham Lonsdale	00:06:26

Race 2

1 Adam Dyas	00:06:30
2 Lisa Cockcroft	00:06:41
3 Ellis Hodges	00:06:50
4 Emma Artley	00:06:52
5 Kelly Palmer	00:06:53
6 Diane Palmer	00:06:58
7 Becky Lawry	00:07:04
8 Miriam Ireland	00:07:18
9 Janet Potter	00:07:19
10 Bob Eyre	00:07:34

Race 3

1 Paul Brown	00:07:21
2 Pete Royal	00:07:25
3 Heidi Baker	00:07:30
4 Zoe Ellis	00:07:58
5 John Edwards	00:08:10
6 Sharon Bowes	00:08:23
7 Sandra Orlando	00:08:51
8 Nicola Fowler	00:08:53
9 Rob Calthorpe	00:09:45
10 Linda Hall	00:10:11
11 Tina Calthorpe	00:11:34

BRR Eddie Knapp - Kilham 10K - 13th September

1 Phill Taylor	00:34:43
2 Josh Taylor	00:36:14
3 Tom Mullen	00:37:42
4 Nick Jordan	00:38:29
5 Tom Woodhouse	00:40:49
6 Martin Hutchinson	00:42:15

7	Graham Lonsdale	00:46:16
8	Emma Artley	00:46:37
9	Adam Dyas	00:47:10
10	Kelly Palmer	00:47:44
11	Lisa Cockcroft	00:47:48
12	Diane Palmer	00:47:58
13	Janet Potter	00:48:23
14	Becky Lawry	00:49:15
15	Ellis Hodges	00:49:46
16	Bob Eyre	00:49:49
17	Amy Fowler	00:50:02
18	Miriam Ireland	00:50:34
19	Pete Royal	00:50:51
20	Simon Porter	00:51:13
21	Paul Brown	00:51:38
22	Heidi Baker	00:53:42
23	Zoe Ellis	00:54:48
24	Nicola Fowler	00:58:39
25	Colin Parcell	00:59:37
26	Sharon Bowes	01:00:21
27	John Edwards	01:00:38
28	Sandra Orlando	01:03:43
29	Linda Hall	01:09:12
30	Tina Calthorpe	01:18:41

Sewerby Parkrun 5K - 14th September

5	Nick Jordan	00:19:54
12	Sam Alexander	00:20:57 PB
16	Alfie Scruton (J)	00:21:31
19	Martin Hutchinson	00:21:40 PB
30	Andy Baker	00:22:19
32	Mike Hall	00:22:21 PB
33	Allan McFarlane	00:22:31 PB
39	Jason Pointez	00:23:13
43	Mollie Holehouse	00:23:36
45	Simon Knowles	00:23:50
50	James Riley	00:24:22
55	Stephen Eblet	00:24:42
65	Isaac McNulty (J)	00:25:27
69	Graham Lonsdale	00:25:35
72	Simon Porter	00:25:37
75	Gillian Taylor	00:25:44
83	Patricia Bielby	00:26:17
86	Luke Duffill	00:26:25
87	Heidi Baker	00:26:32
91	Tracey Holehouse	00:26:48
103	Pete Royal	00:27:15
107	T J Choat (J)	00:27:21 PB
130	Kirk Southern	00:29:05
138	Adele Birbeck	00:29:27

153 Kirsten Porter	00:30:00
159 Caroline McFarlane	00:30:27 PB
178 William McNulty (J)	00:31:57
181 Nicola Fowler	00:32:55
187 Bob Eyre	00:33:37
213 Cindy Baker	00:35:59
214 Debbie Duffill	00:36:00
231 Sandra Orlando	00:38:18
237 Linda Hall	00:40:59
238 Tina Calthorpe	00:41:57

Millfield Parkrun 5K - 14th September

22 Stuart Gent	00:24:46
65 Lynda Gent	00:29:09

Gateshead Parkrun 5K - 14th September

233 David Foster	00:33:13
253 Louise Foster (J)	00:34:30
254 Wendy Foster	00:34:31

Peter Pan Parkrun 5K - 14th September

118 Paul Brown	00:30:08
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Beverley Westwood Parkrun 5K - 14th September

8 Simon Ellerker	00:20:26
10 Bill Pike	00:20:36 PB
127 Vickie Ellerker	00:28:01

Hardmoors 60 Mile - 14th September

99 Tony Hughes	16:02:58
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Filey Beach Race 10K - 15th September

(from a very blurry FB picture)

1 Scott Hargreaves	00:37:41	1st M
5 Josh Taylor	00:39:57	
16 Bill Pike	00:44:41	
20 Katy Cawthorn	00:46:31	2nd F

Filey Beach 5K

3 Rebecca Addison (J)	00:23:54	1st F
4 Bill Pike	00:23:55	
25 Di Raper	00:35:54	

ABP Coastal 5K/Half Marathon, Cleethorpes - 15th September

Half Marathon	Chip Time	Gun Time
209 Simon Knowles	01:47:30	01:47:44
871 Robert Calthorpe	02:37:02	02:38:11

5Km

35 April-Marie Exley	00:21:16	00:21:20
431 Tina Calthorpe	00:38:15	00:38:33

Vale of York Half Marathon - 15th September

	Chip Time	Gun Time
882 Stuart Gent	02:00:54	02:02:29
1114 Lynda Gent	02:11:47	02:13:22