

Drewton Woods XC - 13th November 2016

<u>Pos</u>	<u>Num</u>	<u>M Pos</u>	<u>F Pos</u>	<u>Name</u>	<u>Cat</u>	<u>Club</u>	<u>Time</u>
1	236	1		James Kraft	M	Scarborough AC	41 : 15 M
2	116	2		Danny Brunton	M	Bridlington Road Runners	42 : 46 M
3	361	3		Adrian Bushby	M45	City of Hull AC	43 : 12 M
4	160	4		Shaun Hobson	M40	Driffield Striders	43 : 21 M
5	252	5		Matty Archibald	M	Goole Viking Striders	44 : 0 M
6	395	6		David Ball	M	City of Hull AC	44 : 9 M
7	414	7		Jim Rogers	M50	City of Hull AC	44 : 16 M
8	324	8		Aubrey Morrell	M45	Beverley AC	44 : 17 M
9	92	9		Phill Taylor	M	Bridlington Road Runners	44 : 36 M
10	107	10		Scott Hargreaves	M	Bridlington Road Runners	44 : 48 M
11	373	11		Stephen Rennie	M60	City of Hull AC	45 : 35 M
12	203	12		Chris Duck	M40	Scarborough AC	45 : 36 M
13	66	13		Simon Rycroft	M40	Pocklington Road Runners	45 : 45 M
14	370		1	Sophie Lee	L	City of Hull AC	45 : 47 F
15	59	14		Michael Smith	M	Pocklington Road Runners	46 : 54 M
16	369		2	Carla Stansfield	L	City of Hull AC	46 : 58 F
17	322	15		Dave Morrison	M	Beverley AC	47 : 3 M
18	63	16		Warwick Anderson	M45	Pocklington Road Runners	47 : 21 M
19	403	17		James Bray	M	City of Hull AC	47 : 32 M
20	21	18		Nic Tate	M	Selby Striders	47 : 39 M
21	380	19		Peter Baker	M	City of Hull AC	47 : 41 M
22	43	20		Steven Worth	M	Pocklington Road Runners	47 : 43 M
23	245	21		Martin Booth	M60	Goole Viking Striders	47 : 49 M
24	39	22		Ian Martin	M45	Selby Striders	47 : 51 M
25	159	23		Jazz Edeson	M55	Driffield Striders	48 : 0 M
26	231	24		Tom Cassidy	M	Scarborough AC	48 : 10 M
27	406	25		Rob Newton	M	City of Hull AC	48 : 11 M
28	112	26		Simon Ellerker	M40	Bridlington Road Runners	48 : 19 M
29	365		3	Keri Pearson	L	City of Hull AC	48 : 22 F
30	400	27		Carl Godley	M50	City of Hull AC	48 : 22 M
31	91	28		Josh Taylor	M	Bridlington Road Runners	48 : 25 M
32	199	29		Kevin Moment	M45	Scarborough AC	48 : 28 M
33	110	30		John Nolan	M40	Bridlington Road Runners	48 : 33 M
34	248	31		Pat Harness	M	Goole Viking Striders	48 : 37 M
35	254	32		Matt Shillings	M	Goole Viking Striders	48 : 39 M
36	161	33		Jon Rodger	M45	Driffield Striders	48 : 56 M
37	224	34		Glyn Hewitt	M45	Scarborough AC	48 : 57 M
38	1		4	Jo Holmes	L35	Selby Striders	48 : 57 F
39	56	35		Darren Ball	M50	Pocklington Road Runners	49 : 3 M
40	281	36		Stephen Walker	M	Beverley AC	49 : 5 M
41	205		5	Emma Clapton	L	Scarborough AC	49 : 16 F
42	122	37		Matt Pilling	M40	Bridlington Road Runners	49 : 19 M
43	162	38		Neil Ridsdale	M55	Driffield Striders	49 : 30 M
44	381	39		Paul Cartwright	M60	City of Hull AC	49 : 44 M
45	412	40		Stuart Lazenby	M50	City of Hull AC	50 : 17 M
46	368	41		Craig Smalley	M	City of Hull AC	50 : 25 M
47	320	42		Andy Johnson	M45	Beverley AC	50 : 37 M
48	182	43		Dale Hepples	M40	Scarborough AC	50 : 46 M
49	241	44		Richard Bramham	M55	Goole Viking Striders	50 : 53 M

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50	196	45	Richard	Maw	M45	Scarborough AC	50 : 57	M
51	290	46	Steve	Evins	M45	Beverley AC	51 : 6	M
52	375	47	David	Birkin	M40	City of Hull AC	51 : 10	M
53	270		6 Julie	Masterman	L50	Goole Viking Striders	51 : 13	F
54	407	48	Steve	Glenville	M	City of Hull AC	51 : 26	M
55	10		7 Lizzie	Nairn	L	Selby Striders	51 : 35	F
56	410	49	Tim	Pattle	M	City of Hull AC	51 : 36	M
57	152	50	Martin	Fenton	M40	Drifffield Striders	51 : 44	M
58	210	51	Neil	Scruton	M65	Scarborough AC	52 : 0	M
59	362	52	Rupert	Wilkes	M45	City of Hull AC	52 : 16	M
60	16	53	Adrian	Craven	M45	Selby Striders	52 : 32	M
61	382	54	Ian	Hird	M55	City of Hull AC	52 : 33	M
62	44	55	Jim	Holding	M55	Pocklington Road Runners	52 : 39	M
63	68	56	Richard	Ramshaw	M45	Pocklington Road Runners	52 : 50	M
64	404	57	Jim	Coldwell	M	City of Hull AC	53 : 11	M
65	396	58	Alex	Alvino	M40	City of Hull AC	53 : 12	M
66	385	59	Stuart	Buchan	M55	City of Hull AC	53 : 20	M
67	29	60	Chris	Dugher	M40	Selby Striders	53 : 25	M
68	300	61	Dave	Brown	M50	Beverley AC	53 : 38	M
69	211	62	Geoff	Cromack	M55	Scarborough AC	53 : 49	M
70	189	63	Dave	Shiple	M60	Scarborough AC	54 : 0	M
71	54	64	Howard	Cross	M45	Pocklington Road Runners	54 : 8	M
72	209	65	Andy	Curtis	M40	Scarborough AC	54 : 10	M
73	276		8 Poppy	Bulmer	L	Goole Viking Striders	54 : 14	F
74	242	66	Dave	Hanney	M60	Goole Viking Striders	54 : 32	M
75	409	67	Paul	Body	M40	City of Hull AC	54 : 34	M
76	413	68	Marc	Cooper	M	City of Hull AC	54 : 35	M
77	48	69	Marcus	Bourne	M45	Pocklington Road Runners	54 : 43	M
78	45	70	Nick	Boyd	M40	Pocklington Road Runners	54 : 51	M
79	390		9 Niki	Whitaker	L40	City of Hull AC	54 : 53	F
80	4		10 Paula	Fenteman	L35	Selby Striders	55 : 29	F
81	291	71	Alan	Flint	M65	Beverley AC	55 : 33	M
82	31	72	Neil	Musgrove	M	Selby Striders	56 : 0	M
83	398	73	John	Smith	M60	City of Hull AC	56 : 7	M
84	171	74	Chris	Bourne	M45	Scarborough AC	56 : 16	M
85	282	75	Bruce	Woodford	M40	Beverley AC	56 : 18	M
86	262	76	Tom	Bramham	M	Goole Viking Striders	56 : 20	M
87	93	77	Anthony	Hughes	M45	Bridlington Road Runners	56 : 40	M
88	330	78	Andy	Tate	M50	Beverley AC	57 : 2	M
89	204	79	Ralph	Broadley	M65	Scarborough AC	57 : 16	M
90	149	80	Andrew	Boyes	M55	Drifffield Striders	57 : 27	M
91	96	81	Alan	Clayton	M60	Bridlington Road Runners	57 : 46	M
92	94		11 Emma	Artley	L35	Bridlington Road Runners	57 : 47	F
93	186	82	Mark	May	M50	Scarborough AC	57 : 55	M
94	386	83	Ian	McCoid	M55	City of Hull AC	58 : 13	M
95	113		12 Sarah	Wood	L	Bridlington Road Runners	58 : 21	F
96	50		13 Emma	Simmons	L35	Pocklington Road Runners	58 : 22	F
97	372		14 Lorna	Fallon	L	City of Hull AC	58 : 27	F
98	221	84	David	Field	M50	Scarborough AC	58 : 47	M
99	41		15 Georgina	Lundy	L	Pocklington Road Runners	58 : 56	F

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100	283	85	Stuart	Eskrett	M50	Beverley AC	59 : 31	M
101	176	86	Paul	Chapman	M45	Scarborough AC	59 : 35	M
102	376		16 Pamela	Tarbet	L	City of Hull AC	59 : 35	F
103	319	87	Peter	Watkinson	M60	Beverley AC	60 : 3	M
104	227	88	Kevin	Debenham	M45	Scarborough AC	60 : 26	M
105	244	89	Steve	Lund	M55	Goole Viking Striders	60 : 45	M
106	312	90	James	Durham	M	Beverley AC	61 : 20	M
107	175		17 Leoni	Bradnam	L	Scarborough AC	61 : 39	F
108	40	91	Nick	Summerton	M	Selby Striders	61 : 41	M
109	399		18 Tania	Cream	L50	City of Hull AC	61 : 46	F
110	411		19 Hannah	Harne	L	City of Hull AC	61 : 49	F
111	61		20 Jill	Dowson	L50	Pocklington Road Runners	62 : 33	F
112	200		21 Emma	Simmons	L40	Scarborough AC	62 : 36	F
113	232		22 Anna	Martin	L	Scarborough AC	62 : 52	F
114	318	92	Stephen	Richmond	M60	Beverley AC	62 : 54	M
115	201	93	Mally	Sweetlove	M65	Scarborough AC	63 : 22	M
116	106		23 Justine	Sutcliffe	L40	Bridlington Road Runners	63 : 24	F
117	64		24 Debbie	Rycroft	L45	Pocklington Road Runners	63 : 25	F
118	115		25 Cathy	Wood	L35	Bridlington Road Runners	63 : 28	F
119	38	94	Lee	Lockwood	M	Selby Striders	63 : 30	M
120	37	95	Ian	Wilkinson	M55	Selby Striders	63 : 54	M
121	24	96	Stephen	Headley	M50	Selby Striders	64 : 4	M
122	67		26 Sara	Hargreaves	L50	Pocklington Road Runners	64 : 13	F
123	58	97	Andrew	Gill	M40	Pocklington Road Runners	64 : 33	M
124	62	98	Callum	McCallum	M45	Pocklington Road Runners	64 : 36	M
125	317	99	Stephen	Williets	M50	Beverley AC	64 : 41	M
126	307		27 Fiona	Holland	L45	Beverley AC	64 : 42	F
127	172		28 Lisa	Bourne	L45	Scarborough AC	65 : 10	F
128	46		29 Tracey	Holden	L45	Pocklington Road Runners	65 : 24	F
129	20	100	Dave	Kellett	M55	Selby Striders	65 : 27	M
130	223		30 Melanie	Padgham	L50	Scarborough AC	65 : 38	F
131	228		31 Lorraine	Hewitt	L45	Scarborough AC	65 : 40	F
132	394	101	Steve	Coveney	M60	City of Hull AC	65 : 41	M
133	184		32 Jayne	Graves	L50	Scarborough AC	65 : 54	F
134	405	102	Martin	Broughton	M	City of Hull AC	66 : 0	M
135	6		33 Felicity	Caddick	L35	Selby Striders	66 : 2	F
136	253	103	Neil	Stead	M50	Goole Viking Striders	66 : 8	M
137	33	104	Stephen	Hopwood	M45	Selby Striders	66 : 9	M
138	121		34 Becky	Gilbank	L	Bridlington Road Runners	66 : 18	F
139	202		35 Fay	Hethershaw	L40	Scarborough AC	66 : 20	F
140	284		36 Dianne	Coleman	L50	Beverley AC	66 : 58	F
141	451		37 Lesley	Stainthorpe	L40	Selby Striders	66 : 58	F
142	101	105	David	Foster	M60	Bridlington Road Runners	66 : 58	M
143	275		38 Helen	Thompson	L55	Goole Viking Striders	67 : 24	F
144	285	106	Andy	Wilkes	M50	Beverley AC	67 : 49	M
145	188		39 Carina	Pelluci	L45	Scarborough AC	68 : 16	F
146	243	107	Nige	Warner	M65	Goole Viking Striders	69 : 12	M
147	25	108	Paul	Firth	M40	Selby Striders	69 : 15	M
148	230	109	Dave	Parke	M65	Scarborough AC	69 : 31	M
149	408	110	Kevin	McManus	M60	City of Hull AC	70 : 10	M

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150	271		40	Nicole	Masterman	L	Goole Viking Striders	70 : 22	F
151	259	111		Andy	Masterman	M45	Goole Viking Striders	70 : 22	M
152	109		41	Dominique	Webster	L40	Bridlington Road Runners	70 : 26	F
153	120		42	April	Exley	L35	Bridlington Road Runners	70 : 27	F
154	286		43	Nichola	Riley	L50	Beverley AC	70 : 35	F
155	57	112		Alan	Kendra	M50	Pocklington Road Runners	70 : 37	M
156	301		44	Chris	Hemmingway	L55	Beverley AC	71 : 20	F
157	384	113		Jeff	Copping	M65	City of Hull AC	71 : 37	M
158	5		45	Fiona	Headley	L50	Selby Striders	72 : 3	F
159	277		46	Philippa	Oldridge	L	Goole Viking Striders	72 : 15	F
160	402	114		Mike	Watson	M65	City of Hull AC	73 : 8	M
161	218		47	Sally	Kingscott	L50	Scarborough AC	73 : 59	F
162	7		48	Debbie	Scott	L50	Selby Striders	74 : 24	F
163	323		49	Kay	Farrow	L60	Beverley AC	74 : 44	F
164	2		50	Sarah	Mason	L45	Selby Striders	79 : 20	F
165	401	115		John	Pawson	M70	City of Hull AC	79 : 52	M
166	14		51	Stephanie	Hiscott	L40	Selby Striders	84 : 56	F
167	222		52	Shirley	Field	L55	Scarborough AC	85 : 30	F
168	393	116		Frank	Harrison	M75	City of Hull AC	85 : 33	M
169	455		53	Deborah	Richardson	L	Selby Striders	85 : 37	F
170	237	117		Mike	Padgham	M60	Scarborough AC	87 : 29	M
171	331	118		John	Broadley	M70	Beverley AC	89 : 22	M
172	454		54	Jane	Hopwood	L45	Selby Striders	89 : 38	F
173	128		55	Emily	Harrison	L40	Bridlington Road Runners	93 : 25	F
174	309		56	Pam	Atkins	L70	Beverley AC	93 : 25	F

START

FITNESS

THE RUNNING SPECIALIST

