

EYXC Langdale End  
10th December 2017

<u>Pos</u>	<u>Num</u>	<u>M Pos</u>	<u>F Pos</u>	<u>Name</u>	<u>Cat</u>	<u>Club</u>	<u>Time</u>
1	337	1		James Wilson	M	Driffield Striders	40 : 53
2	411	2		Matty Archibald	M	Goole Viking Striders	41 : 16
3	123	3		Scott Hargreaves	M	Bridlington RR	41 : 59
4	42		1	Becky Briggs	L	City of Hull AC	42 : 18
5	13	4		David Morrison	M	Beverley AC	42 : 37
6	413	5		Matt Shillings	M	Goole Viking Striders	42 : 42
7	341	6		Tom Ramsey	M	Driffield Striders	42 : 44
8	110	7		Phill Taylor	M	Bridlington RR	42 : 46
9	2	8		Darren Edge	M50	Beverley AC	42 : 54
10	343	9		Sam Bollon	M	Driffield Striders	42 : 57
11	723	10		Nicholas Tate	M	Selby Striders	42 : 59
12	711	11		Ian Robertson	M40	Selby Striders	43 : 14
13	741	12		Scott Smith	M	Selby Striders	43 : 15
14	236	13		Graham Justice	M50	City of Hull AC	43 : 22
15	722	14		Carl Ward	M	Selby Striders	43 : 28
16	243	15		Jim Harlock	M50	City of Hull AC	43 : 31
17	342	16		Neil Ridsdale	M55	Driffield Striders	43 : 59
18	513	17		Warwick Anderson	M45	Pocklington Runners	44 : 21
19	232	18		Peter Baker	M40	City of Hull AC	44 : 27
20	220	19		Steve Rennie	M60	City of Hull AC	44 : 29
21	1	20		Stephen Walker	M40	Beverley AC	44 : 55
22	314	21		Adam Anderson	M	Driffield Striders	45 : 24
23	644	22		Matt Middleton	M	Scarborough AC	45 : 50
24	308	23		Jonathan Rodger	M45	Driffield Striders	46 : 05
25	633	24		Tom Cassidy	M	Scarborough AC	46 : 27
26	338	25		Martin Fenton	M40	Driffield Striders	46 : 39
27	321	26		Jazz Edeson	M55	Driffield Striders	46 : 48
28	404	27		Martin Booth	M60	Goole Viking Striders	46 : 56
29	531	28		Steven Worth	M	Pocklington Runners	47 : 02
30	673		2	Hester Butterworth	L45	Scarborough AC	47 : 14
31	50	29		Stephen Logan	M	Beverley AC	47 : 23
32	643	30		Glyn Hewitt	M45	Scarborough AC	47 : 27
33	248	31		David Birkin	M40	City of Hull AC	47 : 30
34	266	32		Sean Rouse	M45	City of Hull AC	47 : 38
35	252	33		Jonathan Addy	M	City of Hull AC	47 : 44
36	230	34		Paul Cartwright	M60	City of Hull AC	47 : 51
37	109	35		Josh Taylor	M	Bridlington RR	48 : 16
38	410	36		James Williamson	M	Goole Viking Striders	48 : 21
39	418	37		Andy Masterman	M50	Goole Viking Striders	48 : 22
40	320		3	Alison Crellin	L50	Driffield Striders	48 : 32
41	106	38		John Potter	M60	Bridlington RR	48 : 39
42	245	39		Tim Savage	M45	City of Hull AC	48 : 48
43	345	40		Alistair Edge	M50	Driffield Striders	49 : 05
44	300	41		Jon Morgan	M50	Driffield Striders	49 : 15
45	645	42		Neil Scruton	M70	Scarborough AC	49 : 16
46	405	43		Jonny McFaul	M	Goole Viking Striders	49 : 20
47	267	44		Rob Alexander	M40	City of Hull AC	49 : 31
48	529	45		Marcus Bourne	M45	Pocklington Runners	49 : 36
49	3	46		Andy Johnson	M45	Beverley AC	49 : 58
50	628	47		Simon Pearson	M45	Scarborough AC	50 : 02
51	555	48		Matt Savory	M	Pocklington Runners	50 : 39
52	302	49		David Parkin	M50	Driffield Striders	50 : 42
53	35	50		Phil Savage	M	Beverley AC	50 : 44
54	400	51		Rich Bramham	M55	Goole Viking Striders	51 : 04

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10th December 2017

55	19	52		James	Durham	M	Beverley AC	51 : 09
56	649		4	Nikki	Carr	L	Scarborough AC	51 : 14
57	135	53		Richard	Crawford	M	Bridlington RR	51 : 17
58	632	54		Dale	Hepples	M40	Scarborough AC	51 : 49
59	24	55		Luke	Doe	M	Beverley AC	51 : 55
60	333	56		Martin	Stack	M55	Driffield Striders	52 : 09
61	629	57		Mark	May	M50	Scarborough AC	52 : 12
62	250	58		John	Smith	M60	City of Hull AC	52 : 16
63	18		5	Emma	Greensmith	L40	Beverley AC	52 : 51
64	527	59		Tristan	Featherby	M	Pocklington Runners	53 : 17
65	511	60		Peter	Jackson	M40	Pocklington Runners	53 : 19
66	652		6	Beckie	May	L45	Scarborough AC	53 : 21
67	713	61		Adrian	Craven	M45	Selby Striders	53 : 32
68	635	62		Paul	Chapman	M45	Scarborough AC	53 : 33
69	122	63		Anthony	Hughes	M45	Bridlington RR	53 : 59
70	426	64		Mark	Johns	M50	Goole Viking Striders	54 : 01
71	698	65		Stephen	Bottomley	M50	Scarborough AC	54 : 03
72	541		7	Emma	Simmons	L40	Pocklington Runners	54 : 13
73	241	66		Andrew	Vernon	M	City of Hull AC	54 : 23
74	323	67		Paul	Goodlass	M45	Driffield Striders	54 : 31
75	704		8	Lizzie	Nairn	L	Selby Striders	54 : 34
76	421	68		Tom	Bramham	M	Goole Viking Striders	54 : 36
77	743	69		Stephen	Headley	M50	Selby Striders	54 : 39
78	226		9	Pamela	Tarbet	L	City of Hull AC	54 : 56
79	145		10	Rebecca	Clifton	L45	Bridlington RR	54 : 58
80	16	70		Bruce	Woodford	M40	Beverley AC	55 : 05
81	120		11	Pearl	Bayford	L55	Bridlington RR	55 : 18
82	640	71		Warren	Foster	M45	Scarborough AC	55 : 29
83	630	72		Chris	Bourne	M45	Scarborough AC	55 : 41
84	401	73		Dave	Hanney	M60	Goole Viking Striders	55 : 55
85	688		12	Emily	Pelucci	L	Scarborough AC	56 : 04
86	124		13	Emma	Artley	L35	Bridlington RR	56 : 29
87	539		14	Katie	Wise	L35	Pocklington Runners	56 : 30
88	460		15	Julie	Masterman	L50	Goole Viking Striders	56 : 36
89	605		16	Hiede	Coates	L40	Scarborough AC	56 : 38
90	316	74		Andrew	Boyes	M60	Driffield Striders	56 : 46
91	718	75		Mark	Brooks	M	Selby Striders	56 : 47
92	200	76		Andy	Guymer	M	City of Hull AC	56 : 56
93	45		17	Lucy	Stamford	L40	Beverley AC	57 : 03
94	689	77		Andrew	Marsden	M50	Scarborough AC	57 : 10
95	303		18	Zoe	Parkin	L50	Driffield Striders	57 : 13
96	532		19	Ruth	Startin	L35	Pocklington Runners	57 : 29
97	259	78		Daniel	Barrass	M	City of Hull AC	57 : 40
98	677	79		Mike	Hyde	M	Scarborough AC	58 : 03
99	625		20	Lorraine	Hewitt	L45	Scarborough AC	58 : 22
100	717	80		James	Briggs	M	Selby Striders	58 : 26
101	268	81		Graham	Gagg	M	City of Hull AC	58 : 31
102	340	82		Terry	McGuinness	M55	Driffield Striders	58 : 33
103	417	83		Andy	Trotter	M45	Goole Viking Striders	58 : 50
104	234	84		Paul	Davis	M45	City of Hull AC	58 : 53
105	680	85		Tom	Carrington	M	Scarborough AC	58 : 55
106	244	86		Graham	Drewery	M50	City of Hull AC	59 : 16
107	143		21	Katy	Cawthorn	L40	Bridlington RR	59 : 19
108	616		22	Fay	Hethershaw	L45	Scarborough AC	59 : 21
109	408	87		Steve	Whitlam	M50	Goole Viking Striders	59 : 28

EYXC Langdale End  
10th December 2017

110	7	88	Stuart	Eskrett	M50	Beverley AC	59 : 34	
111	108	89	Allan	Clayton	M60	Bridlington RR	60 : 10	
112	702	90	John	Dawson	M	Selby Striders	60 : 30	
113	147	91	Mark	Loft	M50	Bridlington RR	60 : 35	
114	104		23	Justine	Sutcliffe	L45	Bridlington RR	61 : 01
115	758	92	Paul	Baker	M	Selby Striders	61 : 32	
116	313		24	Nicola	Amidulla	L40	Driffield Striders	61 : 37
117	697	93	Keith	Pritchard	M60	Scarborough AC	61 : 41	
118	132		25	April-Marie	Exley	L35	Bridlington RR	61 : 45
119	107		26	Janet	Potter	L60	Bridlington RR	62 : 05
120	659		27	Michelle	Fletcher	L35	Scarborough AC	62 : 24
121	134		28	Becky	Gilbank	L	Bridlington RR	62 : 45
122	614		29	Jenna	Wheatman	L	Scarborough AC	63 : 17
123	709		30	Lesley	Stainforth	L40	Selby Striders	63 : 18
124	701	94		Dave	Kellett	M60	Selby Striders	63 : 19
125	620		31	Ellen	Clapham	L	Scarborough AC	63 : 22
126	710	95		Mark	Allitt	M55	Selby Striders	63 : 32
127	214		32	Madeleine	Chadwick	L40	City of Hull AC	63 : 46
128	670		33	Jayne	Graves	L50	Scarborough AC	63 : 54
129	662		34	Rebecca	Dent	L	Scarborough AC	65 : 35
130	344		35	Benita	Boyes	L45	Driffield Striders	66 : 10
131	467		36	Heather	Whitaker	L	Goole Viking Striders	66 : 38
132	742	96		Nigel	Taylor	M45	Selby Striders	66 : 40
133	213	97		Jeff	Copping	M65	City of Hull AC	67 : 18
134	256	98		Russell	Kenton	M	City of Hull AC	67 : 44
135	619		37	Louise	Milne	L45	Scarborough AC	68 : 01
136	141		38	Becky	Lawry	L45	Bridlington RR	68 : 50
137	100		39	Dominique	Webster	L40	Bridlington RR	68 : 51
138	665		40	Carina	Pelucci	L50	Scarborough AC	68 : 57
139	607		41	Lisa	Baker	L35	Scarborough AC	69 : 32
140	422	99		Pete	Shillings	M60	Goole Viking Striders	71 : 04
141	653		42	Melanie	Padgham	L55	Scarborough AC	71 : 16
142	707		43	Debbie	Scott	L50	Selby Striders	71 : 54
143	744		44	Fiona	Headley	L50	Selby Striders	71 : 55
144	686		45	Ruth	Frank	L45	Scarborough AC	72 : 01
145	685		46	Mel	D'Eath	L45	Scarborough AC	72 : 02
146	466		47	Philippa	Oldridge	L	Goole Viking Striders	73 : 44
147	325		48	Joanne	Hetherington	L35	Driffield Striders	73 : 48
148	105		49	Heidi	Baker	L40	Bridlington RR	73 : 49
149	721	100		Paul	Firth	M40	Selby Striders	74 : 36
150	706		50	Felicity	Caddick	L35	Selby Striders	75 : 37
151	712		51	Tracy	Lacy	L50	Selby Striders	75 : 38
152	646		52	Jennie	Trown	L35	Scarborough AC	75 : 47
153	654		53	Sharon	Corden	L50	Scarborough AC	75 : 48
154	204	101		Patrick	Walker	M45	City of Hull AC	79 : 14
155	217	102		Frank	Harrison	M70	City of Hull AC	79 : 40
156	690		54	Sophie	Vaughan	L35	Scarborough AC	80 : 26
157	336		55	Vicky	Webster	L50	Driffield Striders	81 : 02
158	33		56	Pam	Atkins	L70	Beverley AC	81 : 27
159	229		57	Colette	Conroy	L40	City of Hull AC	83 : 34
160	611		58	Lucy	McNeil	L40	Scarborough AC	83 : 46
161	624		59	Shirley	Field	L55	Scarborough AC	84 : 55
162	409	103		Steve	Dixon	M55	Goole Viking Striders	89 : 09
163	647	104		Owen	Willis	M45	Scarborough AC	89 : 10
164	608		60	Sam	Shepherdson	L45	Scarborough AC	89 : 11

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***START***  
**FITNESS**  
THE RUNNING SPECIALIST

