



BRR COVID-19 RISK ASSESSMENT

DATE:	30/11/2020	ASSESSOR:	Andy Long	REFERENCE NUMBER:	0005
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00Notes:

'BRR' shall mean members and guests of Bridlington Road Runners

'Events' shall mean all club; social gatherings, training evenings, Ad hoc training runs and all coached training sessions.

'Participants' shall mean all who take part in the club events whether members or guests

Weekly review of Covid-19 Tier Restrictions England Athletics ([EA](#)) and [Gov UK restriction tiers by area](#) to be carried out and communicated to out of region member accordingly.

SECTION 1: OVERVIEW

Description of activity being assessed:	All out door BRR training events to ensure a Covid-19 safe environment is maintained.	VALIDITY PERIOD:	Monthly
Location of activity being assessed:	Bridlington and surrounding areas of the East Yorkshire region.		



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SECTION 2: ASSESSMENT													
A	B	C				D	E	F	G	H			
Identified hazards	Who may be affected	Risk Level before control measures S x P = R				Existing control measures	Additional control measures required	To be action by	Completion date	Final Risk level S x P = R			
		S	P	R	RR					S	P	R	RR
Lack of awareness around Covid-19 risk factors for limiting the spread and transmission of the disease	Athletes, runners, parents, coaches, volunteers and members of the general public.	3	2	6	Med	UK and regional government Covid-19 guidance delivered via websites and news media services.	<p>Good Communication with athletes, runners, parents, coaches, volunteers prior to accessing club events.</p> <p>All participants to complete, sign and submit Health Screening questionnaire.</p> <p>2 meter social distancing shall be enforced and maintained at all times.</p> <p>Frequent reviews of UK athletics and governmental guidance.</p>	BRR Covid-19 & safety coordinators	30 – Nov - 2020	3	1	3	Low
Spread/transmission of Covid-19 through contact with disease on surfaces	Athletes, runners, parents, coaches, volunteers and members of the general public	3	2	6	Med	UK and regional government guidance delivered via websites and news media services.	<p>Events shall be outdoor based. Where access is required to public toilets participants to follow existing signage on social distancing measures. Use washing & sanitising points where available.</p> <p>BRR advises that participants carry and use sanitising products at all times.</p>	BRR Covid-19, Safety coordinators & Marshalls	30 – Nov - 2020	3	1	3	Low



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Spread/transmission of Covid-19 infection when touching hands to mouth, eyes & nose.	Athletes, runners, parents, coaches, volunteers and members of the general public	3	2	6	Med	Limit the number of surfaces touched. If gates need opening have one person open and hold the gate for the whole group. Limit the touching of your face.	Events shall be outdoor based. Maintain good respiratory hygiene i.e coughing in to arm / clothing. Ensure good personal hygiene at all times. Use of hand sanitizer / gloves and wash hands once able to do so. Spitting shall not be allowed at any time.	BRR Covid-19, Safety coordinators & Marshalls	30 – Nov - 2020	3	1	3	Low
First Aid Spread/transmission of Covid-19 while dealing with minor injuries.	Athletes, runners, parents, coaches, volunteers and members of the general public	3	2	6	Med	All participants are required to manage their own minor injuries. Ensure that at least one member of the group has a mobile phone in case of an emergency.	If minor injuries occur during the event other participants in the group must adhere to social distancing measures and only give verbal support.	BRR Covid-19, Safety coordinators & Marshalls	30 – Nov - 2020	3	1	3	Low



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First Aid cases Spread/transmission of Covid-19 while dealing with serious injuries.	Athletes, runners, parents, coaches, volunteers and members of the general public	3	3	9	High	Where serious injuries occurs help should be sort by calling 999 in the first instance, and follow instruction from the emergency call handler.	<p>If your intervention is required then please ask the casualty (where conscious) to wear a face covering over the mouth and nose. Place your own face covering over your mouth and nose before you engage with the casualty at a distance less than 2 meters. If you have gloves available then please use them.</p> <p>Where the casualty is unconscious place a towel or cloth lightly over the mouth and nose of the casualty. Place your own face covering over your mouth and nose before you engage with the casualty.</p> <p>Then follow the instructions from the 999 emergency call handler.</p> <p>Request that all the none emergence helpers stay 2 meters away from the casualty.</p> <p>Use hand sanitizer or wash your hands once able to do so.</p>	BRR Covid-19, Safety coordinators & Marshalls	30 – Nov - 2020	3	1	3	Low



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Spreading/transmission of Covid-19 through airborne transmission by an infected person.	Athletes, runners, parents, coaches, volunteers and members of the general public	3	2	6	Med	UK and regional government guidance on social distancing face coverings	<p>All participants to complete, sign and submit Health Screening questionnaire before attending the event.</p> <p>Where any of the answers to the health screening questionnaire are Yes, the participant shall not be allowed to attend the event.</p> <p>All participant shall be reminded at every event that 2 meter social distance is required.</p> <p>Where 2 meter social distancing is not possible face covering are required to be worn.</p> <p>Once the events training activity is underway face covering can be removed as long as 2 meter social distance is maintained.</p>	BRR Covid-19, Safety coordinators & Marshalls	30 – Nov - 2020	3	1	3	Low



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Spreading/transmission of Covid-19 to other footpath users.	Athletes, runners, parents, coaches, volunteers and members of the general public	3	2	6	Med	Club etiquette is that all participants attending events should give way to members of the general public using foot paths.	<p>All participants need to ensure they maintain 2 meter social distancing at all times around the users of footpaths.</p> <p>Even if it means I need to stop to allow safe passage of pedestrians.</p> <p>Ensure that members are made aware that they are representing BRR and not to be anti-social. Remember as a group we could be seen as intimidating</p>	BRR Covid-19, Safety coordinators & Marshalls	30 – Nov - 2020	3	1	3	Low
Spreading/transmission of Covid-19 for runner joint BRR for other tier regions	Athletes, runners, parents, coaches, volunteers and members of the general public	3	2	6	Med	BBR club members shall not attend events where Tier Level are different	BRR committee shall check Covid-UK Gov web Weekly for regional tier level and advise BRR out of region member accordingly.	BRR Covid-19, Safety coordinators & Marshalls	05/12/2020	3	1	3	Low



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Stepping onto road to avoid pedestrians on footpaths.	Athletes, runners, parents, coaches, volunteers and members of the general public	3	2	6	Med	Event participants are required to check that it is safe to step onto the road to avoid pedestrians before they do so.	Remind event participants of the dangers of stepping on the road and to be aware of cyclists cars and other road users. Ensure that members are made aware that they are representing BRR and not to be anti-social. Remember as a group we could be seen as intimidating.	BRR Covid-19, Safety coordinators & Marshalls	30 – Nov - 2020	3	1	3	Low
ENDORSEMENT													
	NAME		SIGNATURE			POSITION			DATE				
ENDORSED BY:	Martin Hutchinson		<i>Martin Hutchinson</i>			Chairperson (Bridlington Road Runners)			30/11/2020				



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SECTION 3: GUIDANCE NOTES											
		SEVERITY X PROBABILITY = RISK						RISK RATING MATRIX			
S	Severity	SEVERITY		PROBABILITY		RISK		Degree of Risk	1	2	3
P	Probability	1	Slight	1	Low	1 to 3	Low	1	1	2	3
R	Risk	2	Significant	2	Medium	4 to 6	Medium	2	2	4	6
RR	Risk Rating	3	Serious	3	High	7 to 9	High	3	3	6	9
RISK SCORE		RISK RATING		ACTIONS REQUIRED							
1 to 3		LOW		Acceptable risk; risks that have been reduced or controlled to a level that can be tolerated by BRR having regard to its legal and moral obligations. Continue to review on a regular basis and implement any additional control measures required.							
4 to 6		MEDIUM		Where practical, risks in this category should be reduced or controlled so that they are acceptable or tolerable. Implement control measures within time scale shown in risk assessment and review working practices on a regular basis.							
7 to 9		HIGH		Unacceptable risk; something needs to be done immediately to reduce it. Do not allow event to start and review practices immediately. Implement all the additional control measures identified in the Risk Assessment within the given times scales. Continue to review and implement additional control measures until the probability of Spreading / transmission of Covid-19 is reduced to the lowest level possible. The BRR communications team need to communicate to all members and guests any material changes to the risk assessments.							



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SECTION 4: CONTROL MEASURES

ID	ADDITIONAL ASSESSMENTS REQUIRED	PERSON RESPONSIBLE	TIME SCALE	DATE ACTIONED	REVIEWED
001	Marshalls to coordinate and deliver communications at each event get together.	BRR committee	On going	02/08/2020	
002	Marshalls to coordinate and deliver communications at each event to reflect Government change Sept 14 2020	BRR committee	On going	15/09/2020	
003	Check-in with local lockdown measures and restrictions enforced in our local area. Link to Gov.uk	BRR committee	On going	12/10/2020	
004	Reviewed in line with new Covid-19 Tier Restrictions (EA). Bridlington class as Tier 3 (Very High) Link to Gov UK Restriction tiers by area .	BRR committee	On Going	30/11/2020	


SECTION 5: COMMUNICATION

1. This Risk Assessment needs to be discussed with and verbally acknowledged by club members before they participate in any club events at least annually.
2. Club members shall be sent a PDF copy of the risk assessment by email, or have hard copies can be supplied upon request via BRR communications team.
3. The Risk Assessment is to be reviewed on an annual basis or sooner if changes are made to the group run's or coach managed training environment.
4. This Risk Assessment must be approved by the nominated person for Health and Safety and the Bridlington Road runner committee before being issued as a live document.



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SECTION 5: COMMUNICATION			
	NAME	SIGNATURE	DATE
ASSESSOR 1:	Andy Long (Health & Safety)		30/11/2020
ASSESSOR 2:	Martin Hutchinson (Covid-19 coordinator)	<i>Martin Hutchinson</i>	30/11/2020

We have been fully briefed on this Risk Assessment and other control measures in place to reduce the risk of infection to the lowest possible level. We fully understand our duties as club member to follow the control measures in this Risk Assessment.